

Seafarer's Knit Caps



Knit Cap #1

Using #5 Needles, cast on 108 stitches. Knit 2, Purl 2, for four inches (ribbing). Then knit 1 row, purl 1 row (stockinette stitch) for an additional 4 inches. Decrease for top of hat as follows:

Material: Middle Weight Sport Yarn.

Suggest using Dk or light worsted.

Gauge: 5-6 sts make 1 inch.

Row 1: K16, K2 together twice, K32, K2 together twice, K32, K2 together twice, K16

Row 2: P15, P2 together twice, P30, P2 together twice, P30, P2 together twice, P15

Row 3: K14, K2 together twice, K28, K2 together twice, K28, K2 together twice, K14

Row 4: P13, P2 together twice, P26, P2 together twice, P26, P2 together twice, P13

Row 5: K12, K2 together twice, K24, K2 together twice, K24, K2 together twice, K12

Row 6: P11, P2 together twice, P22, P2 together twice, P22, P2 together twice, P11

Row 7: K10, K2 together twice, K20, K2 together twice, K20, K2 together twice, K10

Row 8: P9, P2 together twice, P18, P2 together twice, P18, P2 together twice, P9

Row 9: K8, K2 together twice, K16, K2 together twice, K16, K2 together twice, K8

Row 10: P7, P2 together twice, P14, P2 together twice, P14, P2 together twice, P7

Row 11: K6, K2 together twice, K12, K2 together twice, K12, K2 together twice, K6

Row 12: P5, P2 together twice, P10, P2 together twice, P10, P2 together twice, P5

Row 13: K4, K2 together twice, K8, K2 together twice, K8, K2 together twice, K4

Row 14: P3, P2 together twice, P6, P2 together twice, P6, P2 together twice, P3

Row 15: K2, K2 together twice, K4, K2 together twice, K4, K2 together twice, K2

Row 16: K2 together across row.

Leave 20" of yarn. Draw up remaining stitches on needle and sew back seam of hat.

HELMET (BALACLAVA)

Materials: 5oz. of 4ply yarn, any dark color

Four double pointed No. 3 needles (3mm.)

Gauge: 5 ½ sts. make 1 inch



Using two needles, cast onto one of them 28 sts and work back and forth in plain knitting, increasing 1 st. each end of needle every other row, until there are 48 sts on needle. Work even until piece measures 7 inches from the beginning. Break thread, leave sts. on needle. Make another piece like this.

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Now knit 32 sts onto one needle from second piece, knit 16 sts from this same piece onto second needle and also 16 sts from first piece. Knit the remaining 32 sts from first piece onto 3rd needle. Join these 96 sts in a circle, working round and round in ribbing of k 2, p 2 for 3 inches. Next row: k12 sts, sl next 24 sts off onto thread for face opening, and k 1 st from 3rd needle onto second needle. Work round and round in ribbing of k 2, p 2, for 1 ½ inches. Bind off *loosely*.



Ditty Bag Instruction Manual



These happy seafarers were presented with Ditty Bags from the Port Chaplains of any of the ports of Boston, MA; Portland, ME; and Portsmouth, NH.

Please mail or bring your donation to one of these
Seafarer's Friend locations:

**Boston/Chelsea Mission
Administrative Offices
Ralph L. Garrett Seafarers Center
77 Broadway
Chelsea, MA 02150
617-889-3222**

Portland, Maine	Portsmouth, NH
Marine Trade Center	213 Gosling Rd.
2 Portland Fish Pier #103	Portsmouth, NH
03801	
Portland, ME 04101	
207-956-7677	

Ditty Bag Instructions and Supply List

Besides thread, you will need:

DRAWSTRINGS – a pair of 30-inch shoelaces (any color) or two 30-inch lengths of suitable material (twine, thin cord or crocheted rug or plastic canvas yarn etc.) which slides smoothly, will not unravel, and has no knots!

*****No joined shoelaces or knotty yarn, please!*****

FABRIC – two pieces of washable, sturdy, colorful, but not OLD, cloth which measure 12x18" (different is OK) or one 12x36" . A yard of 36" wide cloth will give three 12x36" lengths; 45" , four 11¼x36" pieces and 60" , five 12x36" sections. To prevent cloth from unraveling, cut with pinking shears or, later, turn hem under, serge or double seam raw edges. (A 12x18" cardboard pattern is helpful to mark the material for size and list bag notes).

Sewing instructions:

Place the "right" (pattern) sides of the material together, making a 12x18" rectangle (if 36" , the fold becomes the bag bottom). BEFORE sewing a 1/4" seam around the two 18" sides and the bottom (to form THE BAG), decide how to handle the casing.

Sewing instructions cont.

Section – formed by a 2" hem created next from the open bag top. Some sewers sew the entire 18" length, then cut the seam threads between 2 ¾ and 3 ¾" from the top edge. Others choose not to sew that one-inch space when sewing the 18" seam. However you do it, take a second afterward to finger press open (flatten back) a 4" length of seam salvage from the top down on both seams. (NOTE: It is through these seam openings, which will be visible later only on the outside of the bag, that the drawstrings will be placed. This "extra" effort allows the drawstrings to easily move in or out of the casing). After you make the seam all around about 3/4" from the fold-over, then hem another seam an inch lower, close to the cut edge. Turn the bag inside out before doing the drawstrings.

Drawstring instructions:

Insert one drawstring (using a safety pin or some type of "threader") at either hole, bring it around and through the casing to exit at the SAME hole and knot both ends tightly together. Do the same at the other hole.

Filling instructions:

Fill the bag with a combination of items from the supply list. You do not need to have every item on the list but a variety of items is appreciated.

Thank You for your commitment to the seafarers. Your gift will surely make their day.

Ditty Bag Supplies



Gloves Knit Hats Socks Scarves

Toothpaste Mouthwash

Toothbrushes Floss

Kleenex Band-Aids Q-Tips

Hair Brushes Combs

Razors Shaving Cream

Pens/Pencils Note Books

Calendars Devotional

Pocket size New Testament

Shoe Polish Shoe Laces

Nail Files Nail Clippers

Mending Kit

Playing Cards

Deodorant Lotion Body wash Soap

--Please, no hotel size soap or envelopes--