



Bank Street

College of Education

Emotionally Responsive Practice at Bank Street  
Introduces.....

### **Our Community of Safe and Sound Schools:**

Podcast Series: **Feeling Safe Changes Everything**

#### **Part 1**

This podcast series emphasizes the role of positive teacher-child interaction, supportive routines, and opportunities for self expression within literacy, social studies and art in order to enhance children's feeling of safety and well being.

Part 1 of **Feeling Safe Changes Everything** addresses the cognitive, social, emotional and physiological changes that happen when children carry high levels of stress during the school day. The podcast offers teachers a beginning of year practice checklist for creating the foundation for an emotionally safe, developmentally sound classroom and school experience. When these practices are implemented in the first part of the school year, school becomes a less stressful experience and children can be more attentive, joyful, less reactive learners.

The podcast can be used for in-school study groups on social and emotional development, grade level focused

meetings in grades pre-k through 5 and special education on supporting emotional and social development as a foundation for learning, or can be made accessible school wide as a form of professional development for ERP's Safe and Sound Schools.