



# **BEGINNING TUESDAY, OCTOBER 20<sup>TH</sup>, 2015 GUIDING GOOD CHOICES**

**Parenting teens and tweens is tough and important; you don't have to go it alone!**

The Guiding Good Choices curriculum consists of four interactive workshops designed to teach participants how to establish clear family guidelines, give children the tools and opportunities they need to make good decisions, improve children's involvement in the family, and enhance overall family connectedness.

*Brought to you by:*



## **WHO**

**For anyone who plays a part in raising a child aged 9-14 years**

## **WHEN**

**6:30 – 8:30 p.m.  
Every Tuesday for four weeks: 10/20, 10/27, 11/03, & 11/10**

## **WHERE**

**Nauset Middle School  
28 Rte. 70  
Orleans, MA 02653**

## **WHY**

**Young adults whose parents attend are:**

- **11% less likely to have alcohol-related problems**
- **11% less likely to smoke cigarettes**
- **16% less likely to use illicit drugs.**

**FREE to attend!  
Dinner provided!**

**To register: call Mary Fisher, Director of Gosnold Reaching Out, at 508-540-6550 x5244.**