

Is this YOUR year to run the New Balance Falmouth Road Race?



Widely recognized as one of the best road races on the East Coast, the legendary Falmouth Road Race will host 12,000 elite and recreational runners on its seaside course on August 16th. This is your chance to secure a number without relying on the registration lottery system—just commit to a bit of fundraising for a really good cause, the Cape & Islands Suicide Prevention Coalition!

You can run in memory of someone you've lost, or almost lost, to suicide. Or run for a friend or family member who is grieving. Regardless of the reason, when you run for the CISPC, everyone wins!

For more information about how to help prevent suicide while participating in this extraordinary event, email Kelly Welch at suicideprevention@capecoalition.com



**Cape & Islands
Suicide Prevention
Coalition**



The mission of the Cape and Islands Suicide prevention Coalition is to increase suicide awareness and prevention. Through this fundraising effort, hundreds of Cape and Islands residents will learn how to help prevent suicide.