

# Cape Cod Family Resource Center



Monday 9 a.m. - 5 p.m., Tuesday-Thursday 10 a.m. - 7 p.m., Friday 9 a.m. - 5 p.m.

January only - 2<sup>nd</sup> and 4<sup>th</sup> Saturdays 9 a.m. - 1 p.m.

(February and future months - 1<sup>st</sup> and 3<sup>rd</sup> Saturdays 9 a.m. - 1 p.m.)

29 Bassett Lane, Hyannis

[www.CapeCodFamilyResourceCenter.org](http://www.CapeCodFamilyResourceCenter.org)

508-862-0600

Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
				1 	2 CLOSED
4	5 Active Parenting of Teens (closed group) 5-7p.m.	6 ASL Class 4-5p.m.	7 Lego Fun 4-5p.m.	8 Craft Class for Kids (5+ w/ parent) 3:30p.m.-4:30p.m.	9 Play-Doh Fun 10-11a.m.
11 Parent Time 9:30-11a.m.	12 Active Parenting of Teens (closed group) 5-7p.m.	13 Housing Assistance Corp. Workshop 1-2p.m.  ASL Class 4-5p.m.	14 Lego Fun 4-5p.m.	15 Craft Class for Kids (5+ w/ parent) 3:30p.m.-4:30p.m.	16 CLOSED
18 Martin Luther King Day	19 Active Parenting of Teens (closed group) 5-7p.m.	20 ASL Class 4-5p.m.  Building YOU! 4:30p.m.-6p.m.	21 Lego Fun 4-5p.m.  Single Parents Support Group 5:15p.m. - 6:45p.m.	22 Craft Class for Kids (5+ w/ parent) 3:30p.m.-4:30p.m.	23 Terrific Tales with Terri 10-11a.m.
25 Parent Time 9:30-11a.m.	26 Active Parenting of Teens (New group) 5-7p.m.	27 ASL Class 4-5p.m.  Building YOU! 4:30p.m.-6p.m.	28 Lego Fun 4-5p.m.	29 Craft Class for Kids (5+ w/ parent) 3:30p.m.-4:30p.m.	30 CLOSED

## JANUARY HAPPENINGS 2016

### In January

- Parenting Classes
  - American Sign Language Class
  - Craft Class for Kids
  - Lego Building
  - Storytime for Kids
  - *Building YOU!*
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- All Classes are free of charge
  - For one time and parenting classes please call or email to RSVP so that we may have enough material for everyone attending.
  - All children must be accompanied by an adult, if age 16+ parents must sign and fill out emergency contact information (call or email for more information).

***“Meet Our Staff” Monthly Spotlight:***  
**Rebecca Harrison**  
**Cape Cod Family Resource Center’s**  
**Family Support Specialist**

Meet Rebecca Harrison, our Family Support Specialist. She is here to help families access needed assistance and provide information and referrals to programs and services in our resource center, as well as connect families with resources in the community. Rebecca also is our in-house American Sign Language class facilitator. She thoughtfully engages with families in finding out what their needs are and is persistent in finding solutions to assist them in completing their goals. To reach Rebecca, please call 508-815-5175 or [rharrison@familycontinuity.org](mailto:rharrison@familycontinuity.org).

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**Thursday January 21<sup>st</sup>**  
**Single Parenting**

Are you a single parent? Would you like to connect with other single parents? We are offering a monthly group in a supportive environment for single moms and dads to share successes, challenges, and resources. All single parents are welcome at this non-therapeutic gathering, regardless of child(ren)’s age(s) and parenting situation. Dinner and child care is provided. Sponsored by the Cape Cod Family Resource Center in collaboration with Cape Cod Child Development’s Families United Network (F.U.N.). Supported by Not Your Average Joe’s. **Registration is required.** For information or registration, please call Mary Wilson of the F.U.N. program at 508-775-6240 Ext. 512.

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**Are You Interested in a Parenting Class?**

Join us for our second series of the 6-week **Active Parenting of Teens** class starting January 26<sup>th</sup>. We will also be offering a 15-week **Nurturing Families** class later this winter. Dinner and child care is provided. **Registration is required.** For registration and information please call 508-862-0600.

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**Parent Time-Take Time for YOU!**

**New!** Monday mornings from 9:30 - 11, with the exception of Monday holidays, this six session group begins on January 11<sup>th</sup>. Start your week connecting with other parents, taking care of YOU and giving your child a chance to experience creative learning activities. Child care is provided and **Registration is required.** For registration and information, please call 508-862-0600.

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Every Wednesday afternoon, from 4 – 5, come and learn a new language at the Cape Cod Family Resource Center. Family Support Specialist, Rebecca Harrison, will be teaching a beginners class in American Sign Language. **Registration is required.** For more information, please call 508-815-5175 or [rharrison@familycontinuity.org](mailto:rharrison@familycontinuity.org).

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**Building YOU!**

Starting on January 20<sup>th</sup> 2016, this fun filled 8-week group for girls, ages 13 – 18, will work with you on how you perceive yourself and your self-identity. We will look at ways to build and maintain self-esteem through various techniques including art, makeup application, skin care tips, hair styling, and fitness. One of our very special guests will be Siobhan Magnus from American Idol! **Registration is required.** For registration and more information, please call Mary-Lynn at 508-815-5111 or [mswanson@familycontinuity.org](mailto:mswanson@familycontinuity.org).

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**Craft Class**

Every Friday afternoon from 3:30 - 4:30, come and join in on Craft Class with Cynthia Klopfer at the Cape Cod Family Resource Center. We will do a variety of crafts with the guidance of our Family Partner, an experienced crafter. All supplies will be provided. Ages 5 and up are welcome with parental supervision. **Registration is not required.** For more information, please call 508-815-5143 or [cklopfer@familycontinuity.org](mailto:cklopfer@familycontinuity.org).



**Lego Fun Club**

Come join us every Thursday afternoon from 4 – 5 and build Lego’s. You can use one of our sets, or use your imagination and build your own. All ages are welcome. **Registration is not required.** For more information, please call 508-862-0600.

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