

Gerontology Intensive Workshops

Sponsored by Barnstable County Human Services

Cost: \$25 per session

Location: Cape Cod Community College Hyannis Center
540 Main Street, Hyannis

Seniors, Alcohol and Prescription Drug Addiction (WHN111-67)

Wednesday 6/1/2016; 5–7:30pm, 1 session

Presenter: Olivera Bogunovic, MD, Mclean Hospital Division of Drug & Alcohol Abuse

According to the National Clearinghouse for Alcohol & Drug Information, 17% of adults over age 60 abuse prescription drugs, and 10 to 15% of elders seeking medical attention have an alcohol related problem. This workshop examines how older addicts present differently, and examines assessment and treatment approaches.

Emotional Distress in Later Life (WHN112-67)

Wednesday 6/8/2016; 5–7:30pm, 1 session

Presenter: I. Vahia, MD, McLean Hospital, Geropsychiatry Outpatient Division

Many older people experience emotional distress and may act in inappropriate or uncharacteristic ways such as being suspicious, anxious, agitated, stubborn and combative. This workshop examines the nature and etiology of these behaviors and therapeutic responses.

Loss Bereavement & Depression (WHN016-67)

Wednesday 6/15/2016: 5-7:30pm, 1 session

Presenter: Derick Vergne, MD, Partners Health Care and McLean Hospital, Geropsychiatry Outpatient Division

Depression, the major mental health problem of older adults, is often under-diagnosed & under-treated. Examine the many faces of depression, identify the risks for suicide, and review treatment alternatives.

To register, contact CCPE at 508-375-5010

