



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Pedaling for Parkinson's

INFORMATION SESSION

FRIDAY, OCTOBER 23RD ► 11AM-12PM

Join us in the Rockwood Room to hear about our brand new program coming to the YMCA Cape Cod! Special guest Christine Ludwig and an opportunity to meet the instructor!



JOIN US! Call Patience Smith-Cabrera at 508-362-6500 Ext.136

YMCA CAPE COD 2245 Iyannough Rd, West Barnstable, MA 02668