

Gerontology Intensive Certificate Series (WHN104-67)

Wednesday 3/23-5/25/2016; 5–7pm, 10 sessions

Location: Hyannis Center, 540 Main Street, Hyannis

Cost: \$312

Register Now: ccpe@capecod.edu or call Mary Conklin at 508-375-5010

If you are a professional currently working with older adults or exploring gerontology as a career choice, this certificate series is for you. This program covers the major topic areas in gerontology, a rapidly growing field. Learn a focused, practical approach to understanding, assessing, and intervening with a variety of service concerns affecting older adults. 25 CEUs and a certificate will be issued to those attending. Nurses must attend all 10 workshops. Social Workers are able to earn 2.5 CECs per workshop.

Gero - Session 1: Understanding Aging (WHN015-67)

Wednesday 3/23/2016 5–7:30pm, 1 session

Location: Hyannis Center, 540 Main Street, Hyannis

Presenter: Andrea Nevins, MPH, AGEWISE

Cost: \$39

Register Now

Examine the many facets of aging, including common myths and misperceptions. Learn what contributes to successful aging vs. unsuccessful aging, and the impact of a “graying” America on all facets of society.

Gero - Session 2: Loss, Bereavement & Depression

(WHN016-67) Wednesday 3/30/2016; 5–7:30pm, 1 session

Location: Hyannis Center, 540 Main Street, Hyannis

Presenter: Derick Vergne, MD, Partners Health Care, Mclean Hospital, Division of Geriatric Psychiatry

Cost: \$39

Register Now

Depression, the major mental health problem of older adults, is often under-diagnosed & under-treated. Examine the many faces of depression, identify the risks for suicide, and review treatment alternatives.

Gero - Session 3: Therapeutic Reminiscence & Life Review (WHN018-67)

Wednesday 4/6/2016; 5–7:30 pm, 1 session

Location: Hyannis Center, 540 Main Street, Hyannis

Presenter: Ellen McCabe-Hemberger, RN, CHPN, Hope Health

Cost: \$39

[Register Now](#)

Reminiscence & life review are important therapies to assist older adults to come to terms with the last stage of life.

Learn why, and practice reminiscence activities & the communication skills needed to facilitate them.

Gero - Session 4: The Dementias & Resulting Behavioral Disorders (WHN017-67)

Wednesday 4/13/2016; 5–7:30pm, 1 session

Location: Hyannis Center, 540 Main Street, Hyannis

Presenter: Rosemary Dillon, RN, MS, Former Interim Dean; Health, Social Sciences and Human Services, Cape Cod Community College

Cost: \$39

[Register Now](#)

The incidence of the dementias increases with age. Learn how to accurately assess cognitive decline & the basic skills for managing affected clients.

Gero - Session 5: Identifying/Serving Victims of Elder Neglect/ Mistreatment (WHN020-67)

Wednesday 4/20/2016; 5–7:30pm, 1 session

Location: Hyannis Center, 540 Main Street, Hyannis

Presenters: Louis Eppers & Julianna Santiago, ESCCI, Protective Services Unit

Cost: \$39

[Register Now](#)

Learn the complexities of elder abuse and neglect, assessment skills and intervention options.

Gero - Session 6: Legal and Ethical Issues in Aging (WHN019-67)

Wednesday 4/27/2016; 5–7:30pm, 1 session

Location: Hyannis Center, 540 Main Street, Hyannis

Presenter: Karen Hanesian, JD, Karen W. Hanesian, P.C.

Cost: \$39

[Register Now](#)

Review key elements of long term planning that facilitate surrogate decision-making & the legal mechanisms to use when advance directives are not in place. Ethical dilemmas that arise as an older person's health deteriorates are also addressed.

Gero - Session 7: Working with Families and other Caregivers (WHN022-67)

Wednesday 5/4/2016; 5–7:30pm, 1 session

Location: Hyannis Center, 540 Main Street, Hyannis

Presenter: Molly Perdue, Phd, Alzheimers Family Support Center of Cape Cod

Cost: \$39

[Register Now](#)

Examine the complexities of caregiving and the kinds of assistance that caregivers provide and need. Learn skills to heighten caregiver cooperation and participation in client care.

Gero - Session 8: Medication Misuse and Error (WHN021-67)

Wednesday 5/11/2016; 5–7:30pm, 1 session

Location: Hyannis Center, 540 Main Street, Hyannis

Presenter: Donna Bartlett, PharmD, CGP, RPh. MCPHS

Cost: \$39

[Register Now](#)

Explore the exploding problem of drug over-use, misuse and error that puts older adults at high risk for drug-related problems. Learn guidelines to accurately recognize assess & intervene appropriately.

Gero - Session 9: Coping with Chronic Illness (WHN045-67)

Wednesday 5/18/2016; 5–7:30pm, 1 session

Location: Hyannis Center, 540 Main Street, Hyannis

Presenter: Brenda Vazquez, MA, New England Wellness

Foundation

Cost: \$39

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An overview of major chronic conditions, how the current health care system fails older adults & a look at innovative programming and alternative strategies to help patients better manage their illnesses.

Gero - Session 10: End of Life Issues & Concerns (WHN023-67)

Wednesday 5/25/2016; 5-7:30pm, 1 session

Location: Hyannis Center, 540 Main Street, Hyannis

Presenter: Debra Wood, RN CRNH, Suncoast Solutions

Cost: \$39

[Register Now](#)

A look at attitudes towards death, and how these influence interactions with people at the end of life. Intervention techniques that facilitate both the acceptance of death as part of the life cycle & the grieving/mourning process are explored.

NEW THIS YEAR

Additional Gerontology Workshops

Available! Sessions 11 and 12 have to be purchased separately. If a participant is enrolled in the Gerontology Intensive Certificate Series (WHN104-67), the cost for each workshop listed below is \$25.

Gero - Session 11: Seniors, Alcohol and Prescription Drug Addiction (WHN111-67)

Wednesday 6/1/2016; 5-7:30pm, 1 session

Location: Hyannis Center, 540 Main Street, Hyannis

Presenter: Presenter: Olivera Bogunovic, MD, Mclean Hospital Division of Drug & Alcohol Abuse

Cost: \$39

[Register Now](#)

According to the National Clearinghouse for Alcohol & Drug Information, 17% of adults over age 60 abuse prescription drugs. Research on elderly alcoholics is scant but suggests that 10 to 15% of elders seeking medical attention have an alcohol related problem. Unfortunately, present screening and diagnostic methods, coupled with elder isolation, prevents many older adults with addictions from being detected and treated. This workshop examines how older addicts present differently, and examines assessment and treatment approaches.

Gero - Session 12: Emotional Distress in Later Life (WHN112-67)

Wednesday 6/8/2016; 5–7:30pm, 1 session

Location: Hyannis Center, 540 Main Street, Hyannis

Presenter: I. Vahia, MD, Mclean Hospital, Geropsychiatry Outpatient Division

Cost: \$39

[Register Now](#)

Many older people experience emotional distress and may act in inappropriate or uncharacteristic ways such as being suspicious, anxious, agitated, stubborn and combative. These maladaptive coping behaviors are frustrating to informal and formal caregivers alike, and can stand in the way of providing much needed help. Untreated they can grow worse over time and even dangerous. This workshop examines the nature and etiology of these behaviors and therapeutic responses.