

# Cape Cod Family Resource Center



Monday 9 a.m. - 5 p.m., Tuesday-Thursday 10 a.m. - 7 p.m., Friday 9 a.m. - 5 p.m.  
1<sup>st</sup> and 3<sup>rd</sup> Saturdays 9 a.m. - 1 p.m.

29 Bassett Lane, Hyannis

[www.CapeCodFamilyResourceCenter.org](http://www.CapeCodFamilyResourceCenter.org)

508-862-0600

## FEBRUARY HAPPENINGS 2016



### In February

- Parenting Classes
- American Sign Language Class
- Kids Crafts
- Lego Building
- Storytime for Kids
- *Building YOU!*

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- All Classes are free of charge

- For one time and parenting classes please call or email to RSVP so that we may have enough material for everyone attending.

- All children must be accompanied by an adult, if age 16+ parents must sign and fill out emergency contact information (call or email for more information).

Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
1 Parent Time 9:30-11a.m.	2 Active Parenting of Teens (closed group) 5-7:30p.m.	3 ASL Class 4-5p.m. Building YOU! (closed group) 4:30-6p.m.	4 Lego Fun 4-5p.m.	5 Kids Crafts (5+ w/ parent) 3:30-4:30p.m.	6 Play-Do Fun 10-11a.m.
8 Parent Time 9:30-11a.m.	9 Active Parenting of Teens (closed group) 5-7:30p.m.	10 ASL Class 4-5p.m. Building YOU! (closed group) 4:30-6p.m.	11 Aware Parenting 9:30-11am Lego Fun 4-5p.m. Single Parents Support Group 5:15p.m. - 6:45p.m.	12 Kids Crafts (5+ w/ parent) 3:30-4:30p.m.	13 CLOSED 
15 President's Day 	16 Active Parenting of Teens (closed group) 5-7:30p.m.	17 ASL Class 4-5p.m. Building YOU! (closed group) 4:30-6p.m.	18 Lego Fun 4-5p.m.	19 Kids Crafts (5+ w/ parent) 3:30-4:30p.m.	20 Storytime for Kids 10-11a.m.
22 Parent Time 9:30-11a.m.	23 Active Parenting of Teens (closed group) 5-7:30p.m.	24 ASL Class 4-5p.m. Building YOU! (closed group) 4:30-6p.m.	25 HAC Workshop 1-3p.m. Lego Fun 4-5p.m.	26 Kids Crafts (5+ w/ parent) 3:30-4:30p.m.	27 CLOSED
29 Parent Time 9:30-11a.m.					

***“Meet Our Staff” Monthly Spotlight:***  
**Cynthia Klopfer**  
**Cape Cod Family Resource Center’s**  
**Family Partner**

Meet Cynthia Klopfer, our Family Partner. She will work with you and your family along with our clinician, to develop a family support plan that best meets your needs and support you in achieving your goals. Cynthia is a mother and grandmother with “lived experience” of navigating community resources and services. She attentively engages with families to listen, nurture, and empower them to reach their individual goals. To contact Cynthia, please call 508-815-5143 or [cklopfer@familycontinuity.org](mailto:cklopfer@familycontinuity.org).

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**Thursday February 11<sup>th</sup>**  
**Single Parenting**

Are you a single parent? Would you like to connect with other single parents? We are offering a monthly group in a supportive environment for single moms and dads to share successes, challenges, and resources. All single parents are welcome at this non-therapeutic gathering, regardless of child(ren)’s age(s) and parenting situation. Dinner and child care is provided. Sponsored by the Cape Cod Family Resource Center in collaboration with Cape Cod Child Development’s Families United Network (F.U.N.). Supported by Not Your Average Joe’s. **Registration is required.** For information or registration, please call Mary Wilson of the F.U.N. program at 508-775-6240 Ext. 512.

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**Are You Interested in a Parenting Class?**

We are currently facilitating a 6-week **Active Parenting of Teens** class through March 8<sup>th</sup>. We will be offering another 6-week class beginning later in March, early sign-up is recommended! Dinner and child care will be provided. **Registration is required.** For registration and information please call 508-862-0600.

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**Parent Time-Take Time for YOU!**

Monday mornings from 9:30 - 11, with the exception of Monday holidays, this six session group starts your week connecting with other parents, taking care of YOU and giving your child a chance to experience creative learning activities. Child care is provided and **Registration is required.** For registration and information, please call 508-862-0600.



Every Wednesday afternoon, from 4 – 5, come and learn a new language at the Cape Cod Family Resource Center. Family Support Specialist, Rebecca Harrison, will be teaching a beginners class in American Sign Language. **Registration is required.** For more information, please call 508-815-5175 or [rharrison@familycontinuity.org](mailto:rharrison@familycontinuity.org).

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**Housing Assistance Workshop**

Join us on Thursday, February 25<sup>th</sup>, from 1-3p.m. for a workshop facilitated by Liz Belcher from the Housing Authority Corporation (HAC). Liz will be sharing information on the various programs offered through HAC to help families and providers learn about housing opportunities, homelessness prevention, education and counseling seminars offered through HAC, and answer your questions regarding housing on Cape Cod. **Registration is required.** For registration and more information, please call Cynthia at 508-815-5143 or [cklopfer@familycontinuity.org](mailto:cklopfer@familycontinuity.org)

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**New - Aware Parenting Group**

Please join us for a once-a-month group to discuss the Aware Parenting approach. With Elli Comeau and Mary Wilson. Thursdays 9:30am-11:00am (1/21, 2/11, and 3/17) On-site child care during the group. **FREE. Registration is Required.** Call 508-775-6240x512

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**Kids Crafts**

Every Friday afternoon from 3:30 - 4:30, come and join in on Craft Class at the Cape Cod Family Resource Center. We will do a variety of crafts. All supplies will be provided. Ages 5 and up are welcome with parental supervision. **Registration is not required.** For more information, please call 508-815-5143 or [cklopfer@familycontinuity.org](mailto:cklopfer@familycontinuity.org).



**Lego Fun Club**

Come join us every Thursday afternoon from 4 – 5 and build Lego’s. You can use one of our sets, or use your imagination and build your own. All ages are welcome.

**Registration is not required.**

For more information, please call 508-862-0600.