DID YOU EVER FEEL LIKE YOU WERE BORN INTO THE WRONG FAMILY?

Look at Us Now, Mother!

a film by GAYLE KIRSCHENBAUM

A daughter and mother explore their past to fix their future.

"It leaves the spectator in stitches without any surgical suturing.
It's emotional graffiti on celluloid."
Psychology Today

Did you ever feel like you were born into the wrong family?

That's how Emmy award-winning filmmaker, Gayle Kirschenbaum felt. But what trauma could make a child feel this way? What wounds are inflicted when the home that's supposed to be a haven isolates her as an outsider; when her mother's words are rarely nurturing but instead ruthlessly shaming, demeaning and critical? What will it take for the adult that child becomes to forgive such a past? Is forgiveness even possible?

With raw honesty comes Gayle Kirschenbaum's personal story of pain, survival and being born into the wrong family. Equal parts humor and pathos, Gayle invites the viewer on an odyssey of discovery with no bump in the road edited out. She and her mother uncover family secrets and recover from unexpected losses that shift the dynamics of their complex relationship. Using 8mm home movies, vintage photographs, and even Gayle's childhood diaries, the family history is thrown into sharp relief. Gayle brings her insights to a film that took years to shoot, about a relationship that took a lifetime to mend.

LOOK AT US NOW, MOTHER! is the center piece of a movement designed to encourage healing and forgiveness between mothers and daughters. Paired with Gayle's motivational seminar "The Seven Healing Tools" about transforming difficult relationships, family members will be able to learn from the filmmaker's own experiences—her own tragedies—and come to realize that forgiveness is possible, even when it seems unlikely.

"A powerful look at a special mother/daughter
relationship – a film of universal appeal and depth."
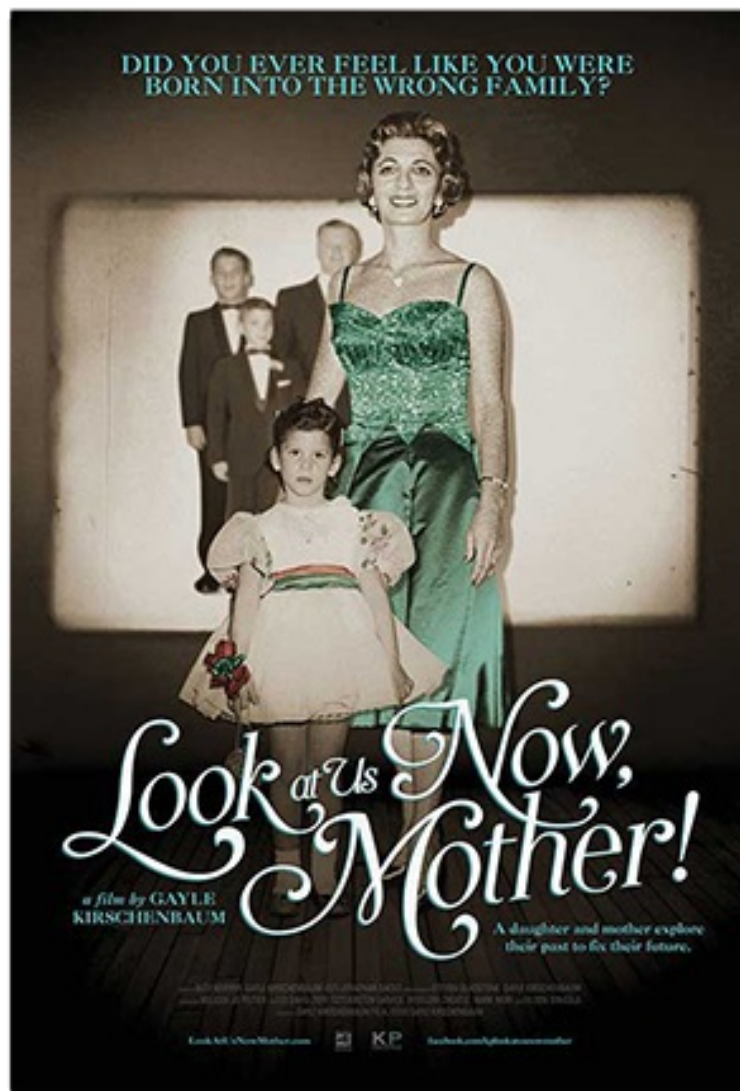*Albert Maysles, cinematographer/filmmaker*

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