# Uniforms

**Policy –** Wearing the Most Blessed Sacrament Catholic School uniform helps students to take pride in their appearance and see themselves as an integral part of the school community. Students should wear the uniform proudly as they represent the school. Wearing the uniform promotes equality among all students.

# Regulations -

Children who intentionally deface or damage the uniform face serious disciplinary action.

Students who fail to follow uniform policy will receive a disciplinary action.

The official uniform is one that is totally purchased from a designated uniform store.

## Girls and Boys:

**JACKET/SWEATER** – ONLY SOLID NAVY BLUE sweaters, jackets, or windbreakers, the official school sweatshirt or official maroon athletic windbreaker with the awarded school letter (gr. 6-8) can be worn to school. No logo other than Most Blessed Sacrament Catholic School is allowed. Solid navy blue fleece jackets are allowed. NO BLUE JEAN OR DENIM JACKETS OF ANY TYPE ARE ALLOWED.

**SWEATSHIRTS** – official navy blue sweatshirt with emblem.

**OVERCOATS** – heavy coats worn to and from school and out on the playground may be of any color. These coats may not be worn in the classroom. NO BLUE JEAN OR DENIM JACKETS OF ANY TYPE ARE ALLOWED. An overcoat is defined as a heavy outerwear jacket or coat that is heavily lined or padded. Those considered lightweight must be solid navy blue even if it is only worn to and from school.

**LETTER WINDBREAKERS OR SWEATERS** – **Grades 6 – 8 only**

Students who have received a letter for academics or athletics may purchase an official maroon windbreaker (not a heavy athletic jacket). This jacket must include the “Most Blessed Sacrament Catholic School” letter. All fifth grade students who are eligible to receive a letter will receive it at the end of their fifth grade year. They may wear the letter windbreaker or sweater beginning in their sixth grade year.

Body piercing is not allowed except for girls wearing one earring in each earlobe.

No tattoos are allowed.

## Boys’ Un if orms:

**SHIRT** – official white flat knit shirt (pique knit is not acceptable) with school emblem must be worn and tucked in at all times with belt visible.

**BELT** – navy blue or black belt must be worn at all times and visible.

PANTS - official navy blue uniform pants.

SHORTS – official navy blue shorts or the official navy blue pants shortened with a finished hem to the knee. Shorts may be worn any time during the school year.

**SOCKS** – Solid white/mid-calf crew socks or Monogrammed ankle socks are acceptable. 6th – 8th graders, only, have the privilege of wearing plain or monogrammed ankle socks.

**SHOES** – Traditional athletic shoes with shoe laces or Velcro are allowed. These shoes are to be solid navy blue, white, black or gray or any combination of these colors. Silver accents are acceptable. Shoe laces are to match the predominate color of the shoe and are to only be solid navy blue, black, white, or gray. No high tops, cleats, turf/deck shoes, sandals /mules, wheeled, lighted, character logo or patterned shoes are allowed.

**HAIR** – Hair must be of a conservative length and thickness in the front, back, top, and sides at all times. The appropriate length of hair for boys should not touch the shirt collar. Hair should be neatly cut over the ears and when combed forward must not touch eyebrows. No extreme hair styles are allowed, for example: stripes, bowl cut, design of any shape, shaved sides, pointed necklines, dyed (colored), hi-lighted etc. Since fad hairstyles change rapidly, this policy statement includes fads of today and of the future. The administration will determine the acceptability of any questionable haircut. When a haircut notice is given, students will have the remaining week days and the weekend to get a haircut, or the student may face disciplinary consequences.

**JEWELRY** – Watches, one (1) religious necklace and one bracelet may be worn. No other jewelry is allowed.

**UNDERSHIRTS/UNDERGARMENTS** – only a solid white t-shirt/ undergarment may be worn under the official school shirt. There are to be no logos or print of any kind on the t-shirt/undergarments.

## Girls’ Un if orms:

**BLOUSE** – plain white uniform blouses, with no puff sleeves, lace or trim. Short-sleeve, jersey knit, banded shirts (pique knit is not acceptable) are also acceptable. Blouses do not have to be worn under jumpers.

**JUMPER** – grades K-5 – official school jumper with emblem may be worn. The finished hem must be to the knee.

**SKIRTS/SKORTS** – grades 6-8 – official school skirt/skort may be worn. Skorts must be the pleated style. The finished hem must be to the knee.

**WALKING SHORTS** – grades K-8 - official school uniform walking shorts or may be worn any time during the year. The finished hem must be to the top of the knee.

**SHORTS** – Any style short must be worn under the uniform jumper or skirt. They are to be of a length that is not visible, sitting or standing.

**SOCKS** – Solid white/mid-calf crew socks or MBS monogrammed ankle socks are acceptable. 6th – 8th graders, only, have the privilege of wearing plain or monogrammed ankle socks.

**SHOES** – Traditional athletic shoes with shoe laces or Velcro are allowed. These shoes are to be solid navy blue, white, black or gray or any combination of these colors. Silver accents are acceptable. Shoe laces are to match the predominate color of the shoe and are to only be solid navy blue, black, white, or gray. No high tops, cleats, turf/deck shoes, sandals /mules, wheeled, lighted, character logo or patterned shoes are allowed. Students in grades K - 2nd may wear traditional “saddle oxfords” and “Mary Janes” in black, white, gray, navy blue or any combination of these colors.

**HAIR** – Girls’ hairstyles should be appropriate for school at all times. Hair may not be colored, dyed, or hi-lighted. Also, girls are not allowed to have fad hairstyles. Since fad hairstyles change rapidly, this policy statement includes fads of today and of the future. The administration will determine the acceptability of any questionable haircut or hairstyle. Hair spray cans or pumps are not allowed on school grounds and/or school bus. Hair ribbons and accessories must be navy blue, white, red, maroon, gray, black or a combination of these colors or the uniform plaid.

**JEWELRY/ACCESSORIES** – Wearing expensive jewelry to school is discouraged. Any jewelry worn to school should be limited to rings, watches, conservative earrings bracelets and simple religious necklaces. Girls may wear a matching pair of button-style earrings, one per ear lobe. Hoops or dangling earrings are not allowed.

**OPTIONAL WINTER UNIFORM** - Optional official uniform pants are allowed. No other navy blue pants will be allowed for this uniform. An official school blouse must be worn with these pants. Students may wear solid white turtleneck shirts under the blouse on cold days.

**MAKE-UP** – No make-up, fingernail polish, colored Chap Stick, lip-gloss, or fake nails of any kind will be allowed.

UNDERSHIRTS/UNDERGARMENTS – only a solid white t-shirt or white or nude undergarments may be worn under the official school shirt. There are to be no logos or print of any kind on the t-shirt/undergarments.

## ALL ITEMS OF CLOTHING SHOULD BE LABELED WITH THE CHILD’S NAME. THERE IS NO LOST AND FOUND. ALL LABELED ITEMS WILL BE RETURNED TO THE STUDENT.

**P.E. Uniforms - Boys and Girls**

**Grades 6-8**

The official P. E. uniform must be purchased from the designated uniform outlets. The uniform consists of maroon gym shorts and a gray t-shirt with the official school emblem. These are to be of sufficient size to be modest and allow free movement.

Athletic shoes are required for P. E. class.

The P. E. teacher will notify students when warm-ups may be worn.

Girls must wear hair pulled back and away from the face.

The P.E. teacher will review with the students any additional rules and regulations for the class.

All P.E. uniforms must be labeled with a laundry marking pen. The student’s name must be clearly written as specified by the P.E. teacher.