Better sitters today, better parents tomorrow

About the class:
Safe Sitter is a nationally certified class that teaches young people to be great babysitters. Safe Sitter teaches nurturing childcare techniques, behavior management skills and appropriate responses to medical emergencies. The class, designed for 11- to 14-year-old boys and girls, teaches:
- Home safety
- Injury prevention
- Seeking emergency help
- Problem behavior prevention
- Babysitter business tips

Registration:
Adults must register youths by visiting www.centrahealthregister.com under Family Education. Cost of the class is $60.

For more information:
Visit www.centrahealthregister.com or call 434.200.4537.

CLASS DATES
DATES: April 4, May 2, June 6, June 10, June 17, June 24, July 8, July 15, July 22, July 29, August 1, September 5
Time: 9 a.m. to 4:30 p.m.
LOCATION: Center for Childbirth and Family Education, Centra Virginia Baptist Hospital, 3300 Rivermont Avenue, Lynchburg, Virginia