



# Alpert Jewish Family & Children's Service

Melvin J. & Claire Levine

# LifePlanning Program

The Melvin J. & Claire Levine LifePlanning® Program offers education, advocacy, individual consultation, and emotional support to families who care for an adolescent or adult family member who has a disability. The program assists families with making viable and appropriate future plans for their family members. There is no charge for any LifePlanning activity or service. Confidentiality is fully protected.

<u>Seminars</u>: The educational seminars provide families with resources and information related to making important current and future plans. The seminars are two hours in length and address a variety of topics.

<u>Workshops:</u> The workshops provide targeted planning information and will offer instruction on how to apply the concepts discussed. The workshops are 1.5 hours in length.

<u>Consultations:</u> LifePlanning participants may opt for a private consultation at no charge with a Licensed Clinical Social Worker to discuss the family's planning and support needs. Information and referrals to other agencies and services are also available.

The 2016 schedule is on the reverse side and will be posted, along with updates, on the AJFCS website.

www.JFCSonline.com/Life-Planning

For more information or to register, contact Meredith Katzenberg, 561-238-0284 or MKatzenberg@JFCSonline.com

# Alpert Jewish Family & Children's Service (AJFCS)

5841 Corporate Way, Ste. 104 West Palm Beach, FL 33407 www.jfcsonline.com

## 2016 Seminar & Workshop Schedule

### CHECK THE WEBSITE FOR UPDATES OR CHANGES TO THE SCHEDULE: WWW.JFCSONLINE.COM/LIFE-PLANNING

Jewish Community Center (JCC)

Boynton Beach 8500 Jog Rd Boynton Beach, FL 33472 www.jcconline.com

**Seminar 1, Benefits**: This seminar will give participants information on benefits for persons with disabilities. Professionals will provide an overview of programs, including Social Security and Medicaid.

Tuesday, January 12th, 10:00 am - 12:00 pm, AJFCS

Wednesday, January 20th, 6:00 - 8:00 pm, JCC Boynton Beach, Activity Room

Seminar 2, Legal & Financial Planning: This seminar will address basic and important legal and financial topics related to future planning.

Tuesday, February 9th, 10:00 am - 12:00 pm, AJFCS

Wednesday, February 17th, 6:00 – 8:00 pm, JCC Boynton Beach, Activity Room

**Seminar 3, Exploring Residential Options:** This seminar will address residential options in the community, including types of housing and community resources.

Tuesday, March 8th, 6:00 – 8:00 pm, JCC Boynton Beach, Activity Room

Tuesday, March 15th, 10:00 am - 12:00 pm, AJFCS

Seminar 4, Vocation and Recreational Supports: This presentation will provide resources and information that can assist family members in becoming/remaining independent. Information will be provided regarding employment and social and recreational services.

Tuesday, April 12th, 10:00 am – 12:00 pm, AJFCS

Wednesday, April 20th, 6:00 – 8:00 pm, JCC Boynton Beach, Activity Room

#### Workshops

## All workshops are from 4:30-6:00 pm at Alpert Jewish Family & Children's Service, Room 104

Workshop 1, Tuesday, January 26<sup>th</sup>: Agency for Persons with Disabilities & The Aging & Disability Resource Center will present on how to request services via the Home and Community-Based Service (HCBS) Waiver for people diagnosed before age 18 & the HCBS Waiver for people age 65+ and persons with disability over age 18.

Workshop 2, Tuesday, February 23<sup>rd</sup>: An attorney will discuss types of guardianship and alternatives to guardianship for people with disabilities. He will also discuss the process of attaining guardianship.

Workshop 3, Wednesday, March 23<sup>rd</sup>: An attorney will present on options for financing a Special Needs Trust.

Workshop 4, Wednesday, April 6th: Discussion on Fair Housing Laws.

Workshop 5, Wednesday, May 4th: Disability Rights FL will present on Mental Health Rights and Responsibilities.

Workshop 6, Tuesday, May 17th: Panel discussion on family involvement and long-term supports for people with mental health disorders.

Light refreshments will be provided. Respite care is not available.