

**AJFCA Senior Resource Connect  
Best Practice Resource Guide**

**Purpose**

The best practice resource guide aims to evaluate and share best practices in programming to meet the needs of older adults and caregivers among AJFCA's membership network of older adult service providers, Senior Resource Connect (SRC). The guide will enable AJFCA member professionals to review descriptions of programs that could be replicated in their own agencies.

**Best Practice Collection**

This guide will focus on the AJFCA membership network of Older Adult Service providers, therefore all programs to be included will have been developed and implemented by SRC member agencies. AJFCA will work with a committee of agency professionals with expertise in older adult services to create a detailed plan to collect, evaluate, and disseminate best practices and to review submitted programs for inclusion in the resource guide.

**Best Practice Definition**

In developing an understanding of best practices throughout our network AJFCA utilized the conceptual



framework for planning and improving evidence-based practices developed by the CDC Best Practice Workgroup<sup>i</sup> and shown in figure 1. The framework considers public health impact (consisting of the elements of effectiveness, reach, feasibility, sustainability, and transferability) and quality of evidence (from a plausible theoretical basis in the weak end of the spectrum through systematic reviews on the rigorous end). In addition to using this framework, the review will consider whether programs incorporated a plan for evaluation, the development of a detailed budget, the acquisition of appropriate funding, and the involvement of stakeholders as part of the planning process, in keeping with the National Council on Aging's key components for evidence-based programming<sup>ii</sup>.

Figure 1. Framework for Planning and Improving Evidence-Based Practice

<sup>i</sup> Spencer LM, Schooley MW, Anderson LA, Kochtitzky CS, DeGroff AS, Devlin HM, et al. Seeking Best Practices: A Conceptual Framework for Planning and Improving Evidence-Based Practices. *Prev Chronic Dis* 2013;10:130186. DOI:<http://dx.doi.org/10.5888/pcd10.130186>

<sup>ii</sup> NCOA. Key Components of Evidence-Based Programming. <https://www.ncoa.org/center-for-healthy-aging/basics-of-evidence-based-programs/>