

Category for which you wish to apply: Replicable Programming - Disabilities - The Gary Shupin Independent Living Community

Agency name and Community: Jewish Family and Children's Services of San Francisco, the Peninsula, Marin and Sonoma Counties

Agency Budget: \$32,389,096

Contact information for the point person on the submission:

Nancy Masters, Associate Executive Director - NancyM@jfcs.org (415) 449-1200

Staff listing by title: Nancy Masters, Associate Executive Director; Stacy Trager-Carls, Director of Disability Services; Alexandra Howard, Coordinator, Gary Shupin Independent Living Community

200-word (max) summary description of program or video purpose

Connecting young adults with developmental disabilities to our community – since 2009 this has been the goal of the Gary Shupin Independent Living Community. Today Shupin House, its residential arm, is at full capacity, providing its five residents a welcoming community and the personalized support to promote maximum independence. The Shupin Social Club brings together young adults from throughout San Francisco and beyond, providing a warm environment and the personalized support that enables adults with developmental disabilities to socialize and practice independent living skills. Innovative activities have included cooking and music classes, celebrations of Hanukkah, Purim, and Rosh Hashanah, Passover, and Tu B'Shvat seders, community service opportunities, and activities such as gardening, picnics, movies and cultural events, karaoke, and bowling. Educational programs empower residents and encourage social skill development and practice. The Shupin Social Club has developed a solid core of twenty to thirty active participants. Parents report that the program provides an important social outlet to increase participants' sense of independence and develop their independent living skills. The program is currently being expanded to include case management and independent living skills training, and replicated across the counties we serve to address the critical unmet needs of its target population.

Total program or production cost if applicable and funding sources: The cost for the current programming is approximately \$200,000 and is sustained by a mix of participant fees, grants, and donations. Significant program expansion is planned with additional resources.

Link to Shupin Program Overview and Related Video: <http://www.jfcs.org/find-help/people-with-disabilities/gary-shupin-independent-living-community/>

List of 3 major outcomes and evaluation method(s) used to determine those outcomes and/ or video impact:

- 1) Clients will experience increased competence in their independent living skills, as measured by assessment of progress toward goals on care plan by client and staff member.
- 2) Client will express satisfaction with the program offerings and experience reduced social isolation, as measured by program attendance, informal feedback, and client surveys.
- 3) Family members of client will report decreased social isolation and increased connection with Jewish community, as measured by client surveys and focus group feedback.