



JF&CS Family Table is the largest kosher food pantry in New England, serving 108 towns throughout Greater Boston. Family Table was launched in 1993 to address an increasing issue of hunger in the Jewish community. In the first year we provided kosher food, Jewish holiday items, and a caring Jewish connection to 35 families. Fast forward 22 years and we are now helping more than 400 families each month access the nutritious food they need to live healthy, productive lives.

Family Table is connected to an incredible network of 70 synagogues, day schools, and Jewish community centers across Eastern Massachusetts. Those communities support Family Table with monthly food donations, monetary support, and most importantly the energy of hundreds of devoted volunteers each month.

As a way of enriching the volunteer experience and providing a learning opportunity, we now also offer hunger education sessions for groups that come to Family Table to volunteer and to religious school classes at our partner synagogues. These new education sessions are tailored to different age groups, ranging from pre-schoolers to teens to adults, and cover topics such as "Understanding Hunger," "Needs versus Wants," and "Learning about Family Table." In addition, each year we offer a B'nai Mitzvah workshop for young people who are on the cusp of their B'nai Mitzvah year and their families. At this workshop, participants learn about hunger in our community and Jewish values regarding helping those who are less fortunate.

JF&CS Family Table is pleased to be able to offer all these learning opportunities for our volunteers so they can find greater meaning in the important work they do in our community.