



JFS

Strength in Community

jfsatlantic.org

2016 AJFCA Annual Conference KOVOD Awards

Replicable Programming: Youth Trauma Services

Agency: Jewish Family Service of Atlantic & Cape May Counties

Community Served: Atlantic & Cape May Counties

Agency Budget: \$11,900,000

Contact information for the point person on the submission:

Andrea Steinberg, LCSW

Chief Executive Officer

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Staff listing by title (of staff involved in program):

Naomi Jones, Ph.D., Director of Clinical and Intake Services

Rachel Himley, LCSW, Therapist (Full-Time)

Emily Lattimore, LSW, Therapist (Full-Time)

Kate Mattleman, LCSW, Therapist (Full-Time)

Ingrid Pasciucco, MFT, Therapist (Full-Time)

Stephanie Pascrell, LAC, Therapist (Full-Time)

Nicole Djakow-Fransko, LPC, Therapist (Part-Time)

Maggie Hutchins, MA, Therapist (Part-Time)

Erika Salminen, LPC, Therapist (Part-Time)

Diane Shapiro, LCSW, Therapist (Part-Time)

Kyle Burke, MA, Doctoral Intern

200-word summary description of program

According to the American Psychological Association, across multiple community samples, more than two thirds of children in America report experiencing a traumatic event by age 16. Traumatic events may include physical or sexual abuse, neglect, witnessing violence, natural disasters, and traumatic grief. Youth impacted by trauma may present with a variety of symptoms including depressed mood, anxiety, social withdraw, self-injurious behaviors, or aggressive behaviors. Due to the great need to provide services to youth impacted by trauma, JFS developed Youth Trauma Services in Atlantic County five years ago and expanded services to Cape May County two years ago. Ten JFS therapists have been trained in Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT), an evidence-based therapeutic model that teaches youth to express feelings effectively, cope with stress reactions, and process their traumatic experience in a safe environment. In addition, therapists work with parents/caregivers to assist them in coping with their child's trauma, providing support to their child, and modify parenting skills as appropriate. Given the great need in the community JFS filled along with our strong reputation in the community for providing treatment, JFS is the primary referral source for professionals working with children, including Division of Child Protection and Permanency, pediatricians, and schools.

Total program cost and funding sources

The total cost of the program is \$573,000. There are several funding sources including, New Jersey Department of Human Services' Division of Children's System of Care, Cape May County Department of Human Services, insurance reimbursement includes Medicaid, Medicare and most major commercial insurance companies, and fees for service.

A pdf file or link pertaining to the program or video as part of the strategy:

Cape May Trauma Counseling Brochure
Specialty Center for Youth Interventions Brochure

List of 3 major outcomes and evaluation method(s) used to determine those outcomes:

JFS selected to train therapists in evidence-based models of treatment in order to ensure improvement outcomes. TF-CBT has decades of research to verify that it is effective in improving emotional and behavioral symptoms for children and adolescents ages 3 through 17. The following are JFS improvement outcomes over a one year period:

1. 83% of children and adolescents enrolled in Trauma Services in Atlantic County demonstrated improvement in emotional, cognitive, and/or behavioral functioning as reported by the family, teachers or other professionals, or a standardized test.

70% of children and adolescents enrolled in Trauma Services in Cape May County demonstrated improvement in emotional, cognitive, and/or behavioral

functioning as reported by the family, teachers or other professionals, or a standardized test.

2. 84% of children and adolescents enrolled in Trauma Services in Atlantic County showed improvement in community and school functioning as measured by reports from family and professionals in the community.

74% of children and adolescents enrolled in Trauma Services in Cape May County showed improvement in school functioning as measured by reports from family, teacher reports, or school report cards.

3. 83% of parents involved in Trauma Services in Atlantic County have demonstrated improvements in their parenting skills as evidenced by self-report by child and parent in sessions.