

Teen Dating Abuse and Bullying

Engaging Youth in Prevention

Presented by:

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Teen Dating Abuse Facts

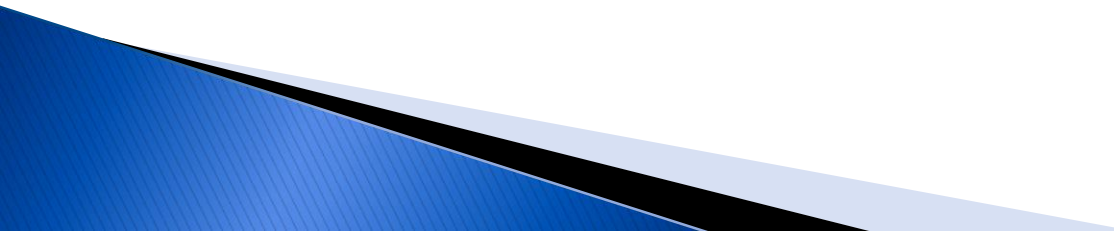
- ▶ Eighty-nine percent of teenagers between the ages of 13 and 18 say they have been in dating relationships
- ▶ 1 in every 3 teens reports experiencing dating abuse
(Liz Claiborne Inc., Conducted by Teenage Research Unlimited, February 2008)
- ▶ Only 1 in every 25 teens report the abuse to an adult
- ▶ Girls ages 16–24 are the age group at the HIGHEST risk for relationship abuse, a rate that is almost triple the national average.

(U.S. Department of Justice, 2001)

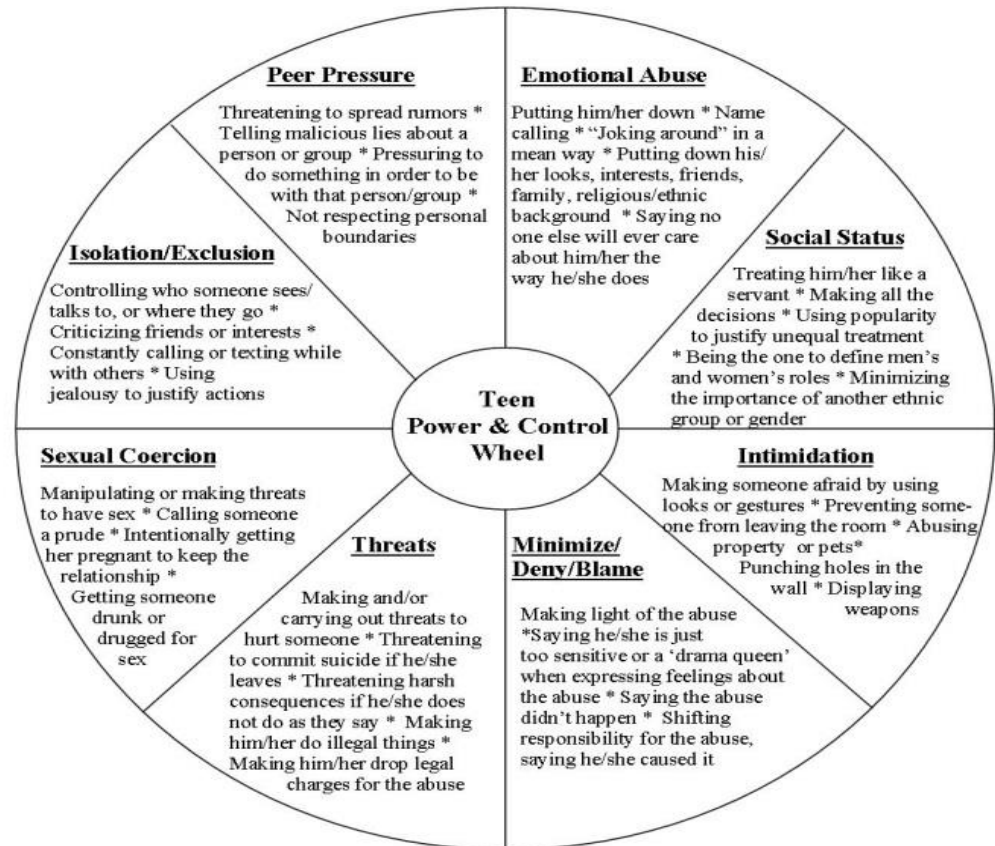


Dating Abuse Facts, Continued

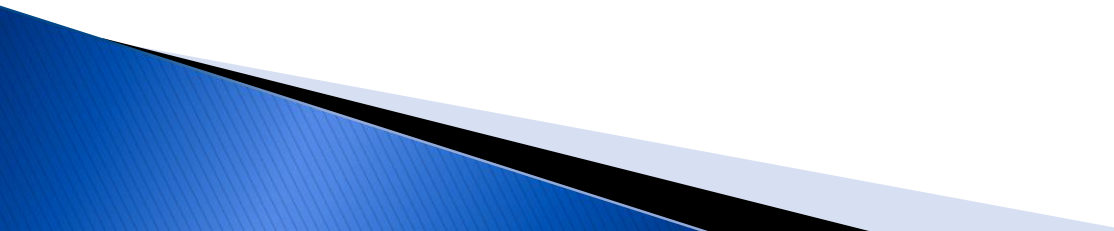
Dating abuse behaviors may include:

- Physical abuse
 - Psychological or emotional abuse
 - Verbal abuse
 - Sexual abuse
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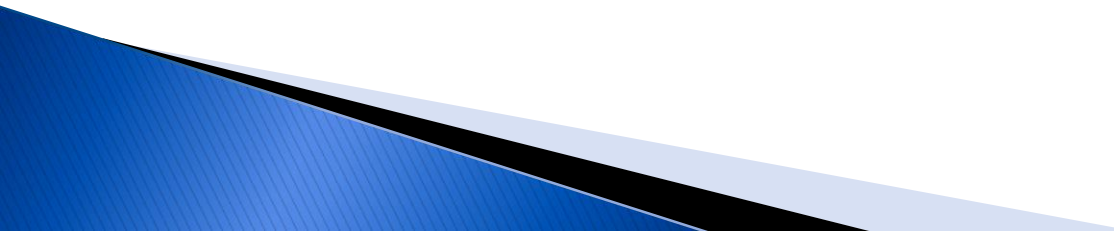
Teen Power and Control Wheel



Bullying Facts

- ▶ Bullying is also about power and control and is often thought of as the “training ground” for abuse
 - ▶ Bullying is a relational issue – by definition involves more than one person. There are consequences for BOTH the bullies and the victims.
 - ▶ A 2012 national survey revealed that 20% of high school students reported being bullied on school grounds, and 16% cyberbullied in the last 12 months.
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Abuse Prevention Model

- ▶ In 2006, Alpert Jewish Family and Children's Service adopted a Teen Peer Intervention Program entitled *Relationships and Decisions*
 - ▶ This program uniquely focuses on TEENS as the trainers, opposed to adult professionals
 - ▶ Program has reached over 1,500 kids in our local community
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Abuse Prevention Model, Continued

- ▶ Who are the Trainers?
- ▶ Who is the Audience?

Program Modules

- ▶ Module A: Stereotypes
- ▶ Module B: Self Esteem
- ▶ Module C: Bullying
- ▶ Module D: Dating Abuse
- ▶ Module E: Values (faith-based or secular)
- ▶ Module F: Help Seeking and Resources

Why include all modules?



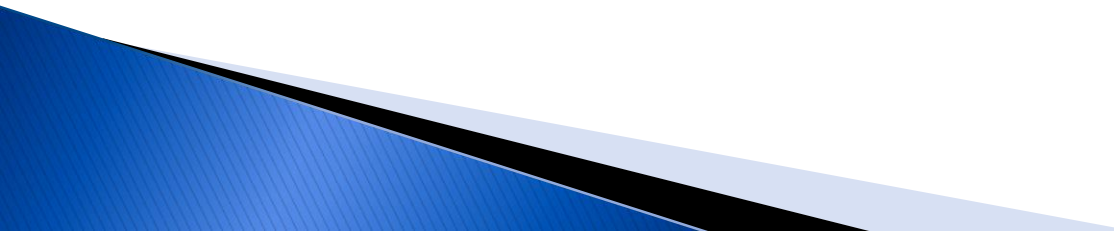
Teaching Tools

- ▶ Participant manuals
- ▶ Trainer teaching manuals
- ▶ Magnets
- ▶ Interactive Learning Games
- ▶ Videos
- ▶ Music lyrics
- ▶ Websites

Important to keep program interactive and visual



Engaging Youth

- ▶ Peer education model vs. 'easier' adult professional model
 - ▶ Identifying community teen leaders
 - ▶ Recruiting strategies
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Sample Teen Recruitment Flyer



Relationships & Decisions: Bringing an End to Dating Abuse & Bullying

www.buildingsafersexes.org



RELATIONSHIPS & DECISIONS Peer Prevention Program

FACT: 1 in 3 teens will be in an unhealthy relationship

FACT: Only 1 in 25 abused teens will ever seek help from a counselor, teacher, parent, clergy, or law enforcement...but most will turn to **their friends** for help

FACT: Teens who experience cyberbullying are at a high risk for suicide

HELP US PREVENT BULLYING & ABUSE!

Who we are:

Relationships and Decisions Teen Trainers are Jewish high school teens who teach middle school and high school teens about healthy relationships and bullying prevention through interactive presentations and our program website. The Relationships and Decisions program is very well known and respected in our community!

Why become a trainer?

- Develop strong leadership skills
- Work with other Jewish teen leaders
- Earn community service hours and college recommendations
- Make a difference in the lives of others!

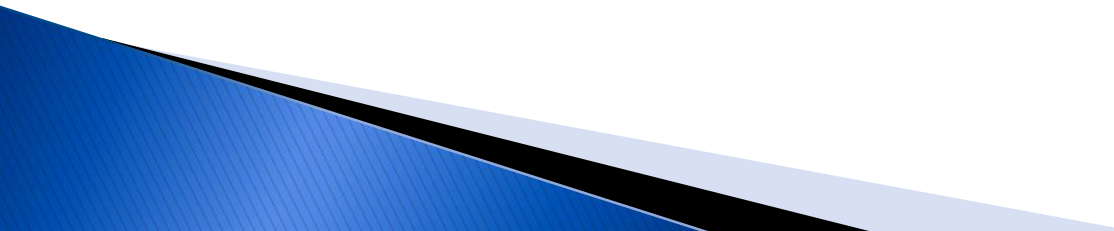
Training information:

New trainers must obtain a recommendation and attend a “train the trainer” session in Fall 2012. Slots fill up fast so please contact us ASAP if you’re interested in joining us for the 2012-2013 year!

Contact:

Staci Monina, Domestic Abuse Program Director at AJFCS
561-238-0242 or smonina@jfcsonline.com

Training the Trainers

- ▶ Train the Trainers Day
 - ▶ Have new Trainers observe experienced trainers
 - ▶ Training in pairs or groups
 - ▶ Monthly meetings
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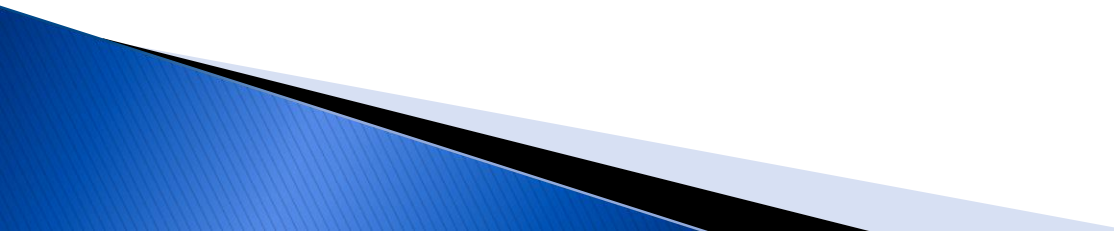
Booking “The Gigs”

- ▶ Identifying groups of middle school and high school aged teens/tweens as audience
 - Youth Groups
 - Religious Groups
 - Private Schools
 - Public School after school programs
- ▶ “Selling” the program to youth workers
- ▶ Potential challenges

The “Gigs”

- ▶ Customizing each workshop based on population
 - Age
 - Sophistication of “tween group”
 - Religious Affiliation
 - Gender
 - Size of Group
- ▶ Teen Trainer meeting prior to each ‘gig’
- ▶ Important to allow teens to take lead AND have adult professional present
- ▶ Focus on process, not perfection

Clinical Issues

- ▶ Teen Trainers may have experienced dating abuse or bullying
 - ▶ Participant may have experienced dating abuse or bullying, and may disclose this to the trainer following the 'gig' or in school
 - ▶ Participant may disclose witnessing domestic abuse at home
 - ▶ Teach the Trainers how to handle difficult situations and consulting program professional
 - ▶ Reporting abuse
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Funding

- ▶ Identifying potential funders
- ▶ Educating funders about importance of prevention
- ▶ Measuring prevention outcomes

Questions and Answers

