

Second Email to JCFS Minneapolis Staff

It's time to refresh your nail polish. Feel free to use the supplies at the 3rd floor reception desk. If someone doesn't ask you about your nails, bring it up yourself. For example, "Can I tell you why my nail is polished a different color?" "Do you know why my nails are painted purple?" "I love to talk to you about why I'm polishing one nail."

Below are five new talking points:

1. In 8 out of 10 rape cases, the victim knew the perpetrator.
2. Nearly 1 in 4 women may experience sexual violence by an intimate partner in their lifetime. There is at least a 50 percent likelihood that a woman will develop PostTraumatic Stress Disorder (PTSD) after being raped. Sexual assault is also closely associated with depression and anxiety disorders.
3. In a study of elder female sexual abuse victims, 81 percent of the abuse was perpetrated by the victim's primary caregiver, and 78 percent by family members of which 39 percent were sons.
4. According to a study conducted by the National Victim Center, 1.3 women (age 18 and over) in the United States are forcibly raped each minute. That translates to 78 an hour, 1,871 per day, or 683,000 per year.
5. An estimated 92,700 men are forcibly raped each year in the United States.

Remember – October is Domestic Violence Awareness Month. Thanks for your support. Let me know if you have any questions.