

Return this Portion of the Page To:

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Indicate First Two Workshop Choices:

Morning Workshop:

First Choice _____

Second Choice _____

Afternoon Workshop:

First Choice _____

Second Choice _____

Training Fee - \$45.

(Includes Breakfast and Lunch)

Make Check Payable to:

Family and Children's Association

Fee will be waived for families who are unable to pay.

Please return this form early.
Space may be limited.

Name

Agency Affiliation (or indicate if a Parent or Youth)

Address

Town, Zip

Phone

E-Mail

****Please RSVP by April 29th, 2015****

Workshop Schedule

Coordinator: Cheryl Williams, FDC - OMH Regional Parent Advisor

- 8:30 - 9:00 AM Registration and Breakfast
- 9:00 - 9:05 AM Welcome
- 9:05 - 9:20 AM OMH Updates, Dr. Martha Carlin
- 9:20 - 9:30 PM NYSED Updates, Helene Fallon
- 9:30 - 10:30 AM Keynote Speaker, Sal Termini
- 10:30 - 10:45 AM Networking
- 10:45 - 12:15 PM Morning Workshops
- 12:20 - 1:20 PM LUNCH
- 1:30 - 3:00 PM Afternoon Workshops
- 3:15 - 4:00 PM LIFT Annual Meeting

Special Thanks to the Long Island Family Support Coalition Committee Members and the Long Island Regional Technical Assistance Team (RTAT) for their participation in the Children's Annual Symposium.

KEYNOTE SPEAKER

Salvatore Termini is the Founder and Senior Pastor of Key to Faith Ministries, located in Melville, New York. Mr. Termini's love of life is contagious and he approaches each day with gratitude and expectation. He is an avid surfer who began this sport later in life, demonstrating his philosophy that it is never too late to begin to develop new skills and habits. Mr. Termini is a firm believer that each person has a special talent and that with encouragement and discipline this talent can develop and raise a person's quality of life. Mr. Termini is an inspirational speaker and the author of four books. He and his wife Dana have been married for 33 years and have three grown sons.

Directions to Melville Marriott

Southern State Parkway: Exit 32 North (Route 110), proceed 5 miles. Make left onto North Service Road. Hotel is on right.

From Western Long Island: Long Island Expressway East to Exit 49S. Turn left at 1st traffic light onto Walt Whitman Road. Cross back over the expressway. The hotel is on the right.

From Eastern Long Island: Long Island Expressway west to Exit 49N (stay on the service road). At the third light make a right. The hotel is on the right.

21st Annual Symposium

Moving Forward in Children's Mental Health



RIDING THE WAVE

Wednesday, May 6th, 2015

8:30 AM - 3:00 PM

Melville Marriott

1350 Old Walt Whitman Road

Melville, NY 11747



Featuring Keynote Speaker

Sal Termini

Motivational Speaker, Pastor, and Surfer

AM WORKSHOPS

A An Overview of the New Exiting Credentials for Students with Disabilities

*Presenters: Cathy Pantelides, Admin.
Coordinator for Transition NC
Matthew A. Jurgens Admin. Coordinator:
Transition Specialist SC
LI RSE-TASC; Eastern Suffolk BOCES*

This session will provide a general overview of the Career Development and Occupational Studies (CDOS) Commencement Credential and the Skills and Achievement Commencement Credential now available to students with disabilities in New York State. Discussion will include the requirements necessary for students to be able to earn each credential.

B Understanding Anger – What's Behind the Behavior?

*Presenters: Dr. Carol Carter, Co-founder/
Prevention Professional
Nancy Forestiero, Mental Health Director
Sunshine Prevention Center*

This workshop includes interactive discussions and group participation to help facilitate an understanding of healthy and unhealthy anger. Will include discussion of real life situations to learn alternative ways of dealing with similar situations and provide techniques for handling anger in a more positive way.

C Surfing The Tidal WAVE: Overview of a Progressive Youth Driven Movement

*Presenters: The Pederson-Krag Centers
Tidal W.A.V.E Youth Leadership Association*

This workshop will focus on W.A.V.E development and progress and showcase past, present and future events; various areas of community service; and other youth organization collaborations. Workshop includes a panel discussion about what W.A.V.E means to them and their thoughts on how to encourage more youth to get involved. Artwork, speeches, and poems will be provided as visuals to showcase the work of the Tidal W.A.V.E Youth.

D Question, Persuade, and Refer (QPR)

*Presenter: Dr. Mansour (Max) Banilivy,
Pederson Krag Center*

This workshop will focus on 3 simple steps that anyone can learn to help save a life from suicide. Just as people trained in CPR help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone for help. QPR is a *Gatekeeper Training* program for non-clinical people who want to make a difference.

E Childhood Trauma and Depression: Impact and Treatment

*Presenters: Dr. Robert Motta and Steve Perino,
Hofstra University*

This workshop will explore how trauma impacts children and families. Specific attention will be spent on childhood depression stemming from trauma, including symptoms and triggers. An array of the latest evidence based treatments, such as the positive influence of exercise, will be presented so parents can build their resource lists.

F Understanding Non-Suicidal Self Injury (NSSI)

*Presenter: Meryl Cassidy, ACSW, LMSW - Executive Director,
Response of Suffolk County, Inc.*

In this training, participants will be provided an overview of suicide in order to understand the complexity of this global public health problem. We will also discuss some basic best practice guidelines on how to help suicidal individuals, as well as how to effectively collaborate on safety plans. We will then explore in-depth the phenomenon of non-suicidal self-injury. We will look at what NSSI is, how it presents, as well as how it intersects with suicide, how to assess risk, and when and how to intervene. Two case studies will be used to reinforce the concepts presented.

PM WORKSHOPS

A How To Protect Your Child Legally and Financially

*Presenters: Andrew M. Cohen Esq. (J.D., LL.M.),
Law Office of Andrew M. Cohen
Mitchell Weisbrat, CLU®, ChSNCTM,
Center for Wealth Preservation*

The speakers will discuss the following topics:

- Government benefits for individuals with disabilities
- How to accumulate and preserve assets without disqualifying eligibility for government benefits
- Customizing an estate plan for a special needs family
- Supplemental needs trusts: how they work, why they're useful
- Strategies for funding trusts
- Selecting a trustee and administering the trust
- Guardianship – who will make the important decisions when the special-needs child turns eighteen
- Letter of Intent – information provided to future caregivers

B Beware The Undertow of Labels

Presenter: Maria Spera, LCSW-R, Family Service League

Recognize how home life and health issues impact learning, focus, and attention. Labeling youngsters as ADD or ODD may misdirect efforts to reach and teach them, especially when they may also be dealing with anxiety or other emotional challenges.

C Changing Tides: Transition & Education

*Presenter: Alexander Frisina,
Regional Youth Partner, YOUTH POWER!*

Feeling disconnected as you watch your child transition into adulthood? This workshop will discuss the struggles that current youth are facing including education, employment, transportation, and housing. Tips on how families can be supportive during this time and alternative resources that are available will be shared.

D Rompiendo El Estigma Del Padre Latino

*Presenter: Claudia Boyle, LMSW
Hispanic Counseling Center*

Cada cultura tiene un estigma asignado a ella, especialmente en la cultura hispana. La realidad es que cada padre es diferente y cada hijo(a) también. El propósito de este taller es mostrarle que nuestros padres latinos no son diferentes a cualquier otro padre y así romper el estigma.

Stereotype is attached to every culture especially in the realm of parenting. The fact is, every parent and child of every culture is different. Parents teach children love, acceptance, and respect of their own culture. This workshop is designed to break the stigma of Latino families and recognize the similarities within each culture.

E A Parent's Guide to Sensory Processing Disorder

*Presenter: Renee Okoye, MSHS, OTR, SIPT, BCP
Dove Rehabilitation Center*

What is Sensory Processing Disorder and how does it manifest at home and at school? In this workshop you will learn common intervention strategies and how you can best help your child.

F The Riptide of Alcohol & Drug Addiction on Long Island

*Presenter: Anthony Rizzuto, MSW, CASAC
Program Supervisor of Power & Control Program,
Seafield Center*

This workshop will educate the audience on the disease of addiction. The presenter will cover withdrawal, tolerance, and the question of why, in spite of negative consequences, does one continue to use a substance. The audience will see addiction as an illness as opposed to a moral failing. Time permitting, the presenter will also talk about stigma, co-dependency, and enabling behavior.