

# HIGHLAND HAPPENINGS

## HIGHLAND CENTER AT CRAWFORD NOTCH

FIND YOUR  
*Breathtaking view*



Cross Country Skiing  
in the White Mountains



Elephant Head  
Crawford Notch, NH

Highland Happenings programs are free and open to all.  
Call to find out more or to be added to our monthly email list:  
**603-278-4453**

[outdoors.org/highlandhappenings](https://outdoors.org/highlandhappenings)



**AMC LODGES AND HUTS**  
FIND YOUR OUTDOORS



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# HIGHLANDHAPPENINGS

## January 2016

### WEEKEND PROGRAMS

#### Saturdays & Sundays

- 9:00 am**      **Notch Excursion:** 1-3 hours, easy hike or ski to a scenic destination.
- 11:00 am**      **Notch Talk:** Topics include: outdoor skills, history, or natural world
- 1:00 pm**      **Notch Nature Walk or Notch Talk**
- 7:30 pm**      **Featured Evening Programs, below**

#### Self-Guided Programs

Inquire about our self-guided programs available any time at your convenience! These include:

- Brad Washburn Gallery Audio Tour
- Cultural and Natural History Audio Tour
- AMC Stewardship Audio Tour
- Board games, Ping Pong, puzzles, and more.

### FEATURED EVENING PROGRAMS

**Saturday, January 2**      **7:30 PM**

#### The Alps

*Movie showing on the big screen*

This documentary follows mountain climber John Harlin III as he attempts to scale the north face of the Eiger in the Swiss Alps, one of the most dangerous climbs in the world. Harlin feels compelled to complete the journey because his father died making the same trip. As Harlin plots his trip, he tries to instill in his daughter the same sense of awe towards nature that his father gave him. Once Harlin begins to climb, his family watches his ascent from a distance through a telescope.

**Saturday, January 9**      **7:30 PM**

#### Hiking for Experienced People

*Featuring Guest Speaker Ruth Innes*

Experienced Hikers (people 50+ in age) comprise over 40% of all hikers in the United States. This presentation is designed to address the myths, truths and unique of hikers over 50 and tips on how to "experience success as an experienced hiker."

**Saturday, January 16**      **7:30pm**

#### Mountains of Stars: Astronomy at Crawford Notch

*Astronomy Lecture by Dr. Doug Arion*

Dr. Douglas Arion, Director of the Carthage Institute of Astronomy, will give a presentation on the intricate and fascinating connections between life on Earth and the history and phenomena of the Universe around us. Learn about the amazing sequence of events that led to the formation of the solar system and the Earth, and how we have come to understand what we are and why we are here. Following the presentation, weather permitting, there will be observing through telescopes.

**Saturday, January 23**

**7:30 PM**

#### Nordic Olympians

*Featuring Guest Speaker Sue Wemyss*

Meet and hear from local U.S. Nordic Ski Team Olympian Sue Wemyss. Learn about this elite sport; the experience of competing in the Olympics; and how these athletes achieve their dreams.

**Saturday, January 30**

**7:30 PM**

#### Winter Hiking the 48

*Featuring Guest Speakers Lori and Mike Innes*

Seasoned hikers Lori and Mike Innes share the photos and stories behind their adventures hiking New Hampshire's 48 4000+ foot peaks during the harsh winters of the White Mountains.

### WEEKEND PROGRAM DESCRIPTIONS

#### Saturdays and Sundays

**Notch Excursions**      **9am and 1pm**

During our Notch Hikes, you'll spend 1-3 hours on an outing with an AMC guide to local points of interest. Excursions will be either on snowshoes or cross-country skis. The AMC Guide will choose the type of excursion and destination based on trail conditions and weather.

**Notch Talks**      **11am**

Got a minute? Get a "snap shot" of the wonders of the outdoors through one of our hands-on, informal presentations. Topics include Skins & Skulls, Animal Tracking, History of the Notches, Geology of the Notches, Hiking Safety, Map Reading and Leave No Trace.

AMC Outdoor Explorations are sponsored in part by L.L.Bean and the William T. Morris Foundation

Organized groups should contact AMC to inquire about custom program opportunities.

Guided Walks and Hikes are limited in capacity and are available on a first come, first served basis.

Schedule subject to change with-out notice.