

Directions to Start Location:

Take I-70 to exit 240 Idaho Springs. Park. Start. Climb. Celebrate.

Please give yourself plenty of time due to construction and possible delays.

You will see it in print over and over again: please do not park in areas that are marked as no parking or that we tell you not to park. Idaho Springs is not a big place and it is very disruptive so please be respectful. They are generous and welcoming hosts to this event.

Category	Start	Pick Up Packet by this time	Be at Start Line by this time
Gran Fondo/Citizens	6:45 AM	6:00 AM	6:30 AM
Tandems	7:00 AM	6:30 AM	6:50 AM
Handcyclists	7:05 AM	6:35 AM	6:55 AM
MW 50+	7:10 AM	6:40 AM	7:00 AM
MW 60+	7:12 AM	6:42 AM	7:02 AM
MM 70+	7:15 AM	6:45 AM	7:05 AM
MM 60+	7:18 AM	6:48 AM	7:08 AM
SW 4	7:25 AM	6:50 AM	7:10 AM
JW 17-18	7:27 AM	6:52 AM	7:12 AM
JW 15-16	7:27 AM	6:52 AM	7:12 AM
MW 40+	7:30 AM	7:00 AM	7:15 AM
SM 4	7:35 AM	7:05 AM	7:20 AM
JM 17-18	7:40 AM	7:10 AM	7:25 AM
JM 15-16	7:40 AM	7:10 AM	7:25 AM
SM 5	7:45 AM	7:15 AM	7:30 AM
MM 50+ 5	7:50 AM	7:20 AM	7:35 AM
MM 40+ 5	7:55 AM	7:25 AM	7:40 AM
MM 50+ 4	8:00 AM	7:30 AM	7:45 AM
MM 50+ 1,2,3	8:05 AM	7:35 AM	7:50 AM
MM 40+ 4	8:10 AM	7:40 AM	7:55 AM
MM 40+ 1,2,3	8:15 AM	7:45 AM	8:00 AM
MM 40+ 3	8:20 AM	7:50 AM	8:05 AM
SW3	8:25 AM	7:55 AM	8:10 AM
SM 3	8:30 AM	8:00 AM	8:15 AM
SM Pro 1/2	9:00 AM	8:30 AM	8:45 AM
SW Pro 1/2	9:10 AM	8:40 AM	8:50 AM

ESTIMATED TRAVEL TIME:

- Denver International Airport: 1 hour 6 minutes
- Grand Junction, CO: 3 hours 23 minutes
- Downtown Denver, CO: 40 minutes
- Boulder, CO: 57 minutes
- Colorado Springs, CO: 1 Hour 40 minutes
- Fort Collins, CO: 1 hour 34 minutes
- Durango, CO: 5 hours 44 minutes
- Salt Lake City, UT: 7 hours 54 minutes
- Laramie, WY: 2 hours 35 minutes
- Omaha, NB: 8 hours 23 minutes

BE PREPARED & MAKE YOUR MORNING EASIER:

- Have your bike checked the week of the event to make sure it is ready to go
- Pin your number on your jersey the night before
- Make sure you know how to put the timing chip on your bike and you have everything you need to affix it to your bike
- Pack your Primal Gear Bag that will be brought to the Summit and make sure you put your luggage tag and number on the bag
- Prepare your water bottles
- Put everything in the car or someplace that you won't forget it. Doublecheck that nothing is left behind – like your shoes or helmet!

COFFEE/TEA?

- Sunshine Express of Colorado, 1856
 Colorado Blvd, Idaho
 Springs, CO (Exit 241)
 Open on Saturday: 7:00 AM
- Two Brothers Deli, 1424 Miner St, Idaho Springs, CO (Exit 243) Open on Saturday: 6:00 AM
- Starbucks, 2900
 Colorado Blvd, Idaho
 Springs, CO (Exit 241)
 Open on Saturday:
 5:30 AM

There will be water and NUUN Hydration at the Packet Pick Up Area near Tommyknockers.