

*No Classes on Monday, April 18th*

**8 Mondays, Mar 14 – May 9 10:15 – 12:15**

**Fundamentals of Basket Weaving I – Diane Wheeler**

An 8-week course teaching the fundamentals of basket making. Each basket made will build on the skills learned in the previous basket. At least four baskets will be completed by the end of the course. Each student should bring: 2-gallon pail for water, and an awl or ice pick or small gauge knitting needle. Materials provided.

**8 Mondays, Mar 14 – May 9 10:15 – 12:15**

**Women Who Rocked the World – Mike Bell**

Using the life stories of a series of famous, and not so famous, women, this class will examine history from an often overlooked perspective.

**8 Mondays, Mar 14 – May 9 10:15 – 12:15**

**Maine's Natural World – Members of Maine Master Naturalists Program**

Six graduates of the Maine Master Naturalists Program explore different aspects of Maine's natural history. Topics covered will include: birds, ferns, geology, mammals, nature journaling, spring twigs and trees, vernal pools and associated fauna, and wildflowers.

**8 Mondays, Mar 14 – May 9 1:00 – 3:00**

**National Parks: From the Rockies East – Elizabeth Reinsborough**

Our National Parks are often called America's "Crown Jewels". In over 400 parks they protect the best of our nation's scenic, scientific and historic heritage: battlefields and barrier islands; forts and fossils; glaciers and geysers; monuments and mansions and the list goes on! From Yellowstone to the Everglades, Acadia to Big Bend, and many parks in between, we will explore what is unique about various parks from the Rockies to the Atlantic. Half of each class will be a visual presentation by the instructor. Students will be encouraged to share and participate in brief presentations. Textbook provided.



## **8 Tuesdays, Mar 15 – May 3 10:15 – 12:15**

### **Balance and Beyond – Carole Baldwin**

This class is for those who took part in the balance class offered here at Senior College. We will review the exercises we learned about last year and move on to experiencing games and activities that are appropriate for seniors. Yoga, Tai Chi, stretching and moving to music will be a part of every class.

## **8 Tuesdays, Mar 15 – May 3 11:00 – 12:30**

**Granite Hill Lecture Series – See the table of contents on the front page of this website for the Granite Hill Lectures.**

## **8 Tuesdays, Mar 15 – May 3 1:00 – 3:30**

### **France, Quebec, Tunisia Through Film - Sylvie Charron**

This course will examine selected cinematic productions (in French with English subtitles) from and about France, Québec and Tunisia: *Intouchables*, *Food Beware* (documentary), *Free Men*, *Coco Avant Chanel*, *C.R.A.Z.Y.*, *Jésus de Montréal*, and *The Wedding Song*. We will discuss the film backgrounds and some of their cultural components such as social class, sustainable agriculture, gender issues, fashion, WWII, and religion (Catholic, Muslim, Jewish). Materials provided.

## **8 Tuesdays, Mar 15 – May 3 1:00 – 3:00**

### **Aging in Place with Grace – Grace Leonard**

This course will discuss services, quality of life, societal attitudes, retirement and living environment, and the myths and realities of aging. Interviews, role playing and positive, mindful attitudes will be emphasized.

## **8 Wednesdays, Mar 23 – May 11 10:15 – 12:15**

### **Beginner's Bridge – Peter / Suzanne Rosenberg and Barbara Livingston**

Bridge is a wonderful, fascinating, complex and intellectually stimulating game for seniors to enjoy. Learn the Standard American bidding method and join the fun. Three instructors will guide you for this "For Beginners Only" course. Materials provided.

## **8 Wednesdays, Mar 16 – May 4 10:15 – 12:15**

### **Basketry II – Diane Wheeler**

This course will be a continuation of Course 1. We will make up to 3 baskets, larger in size, than class one. More new skills will be taught. Class will be limited to those who completed Class 1 or with the instructor's permission.

## 8 Thursdays, Mar 17 – May 5 10:15 – 12:15

### ABC's of Drawing I – Barbara McCarthy

The ability to draw is being able to see what is observed and to transfer that observation to paper. Fundamental drawing skills and techniques can be learned. We will use exercises to encourage the right side of the brain to do the work of “seeing”. With practice, it will gradually become easier to switch consciously into intuitive visual perception. “What the eye can see, the hand can draw.” – Michelangelo. Materials provided.

## 8 Thursdays, Mar 17 – May 5 1:00 – 3:00

### ABC's of Drawing II – Barbara McCarthy

We will review and continue to work on problems of natural, atmospheric, one, two and three point linear perspective and curves in perspective. Then, emphasis will be on drawing techniques and anatomy of the human head. Drawings will be oriented to the understanding of the human skull which creates the basic forms of the head, the muscles which give movement and the features which infuse the whole with life. Materials provided. This course builds on Drawing I as a prerequisite.

## 8 Thursdays, Mar 17 – May 5 1:00 – 3:00

### Exploring Acrylics II – Carole Baldwin, Elizabeth Luckraft

This is a course for people who have had some experience with painting. We'll build on the fundamentals presented in Acrylics I and continue to explore the use of color, texture and various tools to create abstracts, still lifes, landscapes and mixed media creations. Our goal is to help people tap into their creative selves, have fun as they experiment with paint and other materials and amaze themselves as they create unique pieces of art.

## 6 Thursdays May 26 – June 30 1:00 – End of Game

### Learn the Game of Petanque – Raymond Fecteau

This course will consist of six 2 +/- hour sessions at Augusta's Mill Park. We will start in the classroom with an explanation of the history and basic rules of the game, and learn proper stance, grip, backswing and release, pointing, etc. Then we will go to Mill Park where you will learn to play 2 on 2 and learn to “read” the courts. It's an easy game to learn, so we cannot be responsible if you become addicted to this game.



**8 Fridays, Mar 18 – May 6 8:00 – 10:00****Spanish I – Chuck Acker**

This will be an introductory course in Spanish, no previous study required. However, any previous instruction or Spanish-speaking travel will add to the richness of the class. We will emphasize communication and overcoming inhibitions in expressing yourself in Spanish. Workbook is provided, but after we get started you will probably need a small dictionary and verb book.

**8 Fridays, Mar 25 – May 13 8:00 – 10:00****Woodcarving: Beginning & Beyond – Lloyd Clark**

Learn and practice basic safety and carving cuts to produce several projects and/or to continue learning with slightly more complex projects. Individual assistance is given as much as possible. We will try to make the learning fun ... it's only wood ... and there are no such things as 'mistakes,' just 'design changes.' Materials and instructions provided.

**9 Fridays, Mar 18 – May 13 8:30 – 12:00****Classic Films for Senior College – Chet Day, Art Ray, Peter Ezzy**

This course consists of an analytical and fun discussion group exploring the relative merits of selected top-rated Classic Films as determined by the American Film Institute (AFI), British Film Institute (BFI), and prior classes. Films are critiqued and ranked in order of preference by participants. Class members are given the opportunity to take turns leading the discussions. The selection of films for this semester is as follows: *Singing in the Rain*, 1952; *Bringing Up Baby*, 1938; *Maltese Falcon*, 1941; *Laura*, 1944; *The Lady Killers*, 1955; *To Kill a Mockingbird*, 1962; *Amadeus*, 1984; *Hugo*, 2011; Bonus Selection pending. Text and study materials provided.

**8 Fridays, Mar 18 – May 6 10:15 – 12:15****Women Who Rocked the World – Mike Bell**

Using the life stories of a series of famous, and not so famous, women, this class will examine history from an often overlooked perspective.

**8 Fridays, Mar 18 – May 6 10:15 – 12:15****Joy of Poetry – Ted Bookey**

Poetry has been described as the map of the soul. This class is designed for those who wish to explore that map, those who already enjoy poetry and would like to enhance their appreciation and pleasure, those who find contemporary poetry difficult and wish to understand and enjoy it more, and for those who already write poetry, or for those who might like to begin. We'll start with some enjoyable poetry-starting exercises. We will also read and discuss a variety of poems, explore how a poem works and why it has the power to move the reader. Materials provided.

## 8 Fridays, Mar 18 – May 6 10:15 – 12:15

### Israel – The Promised Land? – Robert Bernheim

Why is Israel called the Promised Land? What does the Bible have to say on this topic, and what are the implications / issues for our modern world? Please bring any Bible with you.

## 8 Fridays, Mar 18 – May 6 1:00 – 3:00

### Mainers in the Civil War – Tom Feagin

This course will examine the role of Mainers in the Civil War – both military and civilian - from Hamlin to Hyde to Howard.

## 8 Fridays, Mar 18 – May 6 1:00 – 3:00

### “*Living in the Light of Death: On the Art of Being Truly Alive*” – Jonathan Lepoff

We will read and study this book which presents the Buddhist approach to facing the inevitable facts of growing older, getting sick, and dying. These tough realities are not given much attention by many people until midlife, when they become harder to avoid. Using a Buddhist text known as the *Five Subjects for Frequent Recollection*, Larry Rosenberg shows how intimacy with the realities of aging can actually be used as a means to liberation. When we become intimate with these inevitable aspects of life, he writes, we also become intimate with ourselves, with others, with the world — indeed with all things.

## 8 Fridays, Mar 18 – May 6 1:00 – 4:00

### Screwball Comedy on Film – David Greenham

Some of the most memorable comic moments on film can be found in films that fall under the genre of “Screwball comedy”. We show some of the more famous examples such as *Twentieth Century* (1934), *The Philadelphia Story* (1940), *Mr. Hulot’s Holiday* (1953) and *Tom Jones* (1963). This class will be a fun give and take, and will feature discussions of script and story development techniques used, emotional and character development styles of the genre, and will include a few surprise clips of great comedy on film that are guaranteed to brighten your day.

## 5 Fridays, Mar 18 – April 15 1:00 – 3:00

### Watercolors For Beginners – H el ene Farrar

No one needs to be a sumi master to paint watercolors! Join us for a beautiful introduction to this versatile water medium. Students will learn and develop skills in various mark making techniques, explore how technique applies to different subject matter, and become knowledgeable of watercolor in art history through artists’ work. Materials provided.

**8 Fridays, Mar 18 – May 6 3:15 – 5:15**

**Mark Twain: Tom, Huck, and Jim – Lincoln Ladd & Tom Feagin**

*Tom Sawyer* and *Huckleberry Finn* are very different books with variations on a set of themes central to both Mark Twain and 19<sup>th</sup> century American history. They also seem focused on unresolved 21<sup>st</sup> century issues, such as educational philosophies and standards; miseducation; the uses and abuses of religion; mental illness; and dysfunctional families. This course is designed to complement and complete the Fall 2015 course initiated by Bryant Hoffman. Materials provided.

**8 Fridays, Mar 18 – May 6 3:15 – 5:15**

**This Matter of Consciousness – Charles Acker**

This course will present a brief study of the brain and consciousness. The first part will entail a brief study of brain anatomy and functioning with reference to hygiene for the aging brain. Then with some knowledge of brain matter we will address that “hard problem” which vexes both neurologists and philosophers: How does this quivering mass of 81 billion neurons give rise to the experience of consciousness? Seminar style of instruction. Some reading will be required to benefit from discussion. Textbook provided.

**Winter-Spring Forum on the Future Schedule**

Sunday, April 3, 2016, 2PM – Jewett Auditorium - Women in Leadership