



# UMASC

This catalog is dedicated to our dear friend and colleague Julian Sacks. Julian was one of the more active Charter members of our Senior College, taught several courses over the past several years, and will be greatly missed.



## University of Maine at Augusta Senior College Fall 2015 Course Catalog

**No Classes October 12<sup>th</sup>**

Time	Mon	Tue	Wed	Thur	Fri	Sat
8:00 AM					Spanish Clinic Classic Films Woodcarving Is It Legal?	
10:15 AM	Creative Writing German Language Basket Weaving	Granite Hill 11 AM		Exploring Acrylics Renaissance Man Presents	Financial Workshop Maine's Natural World Let It Be(atles)	ABC's of Drawing II
1:00 PM				ABC's of Drawing I Writing Workshop	Genealogy - Beginning Changing Our Minds Philosophy For Life  Mark Twain: Tom, Huck, & Jim	
3:15 PM					History of Human Kind Scripting Our Lives	

Instructor's Who's Who? Go to our website: [www.umasc.org](http://www.umasc.org)

**Credit Card payments are accepted**

For the next 2 weeks we will be in the office every morning ONLY! After that, call before coming (621-3551).

**Registration for our courses begins Immediately**

*Campus is Smoke and Fragrance Free*

## UMASC Course Offerings

The mission of the University of Maine at Augusta Senior College is to provide a curriculum of stimulating learning opportunities and activities for persons 50 and over and their spouses or partners.

The University of Maine at Augusta supports our Senior College activities by providing office and classroom space, as well as, support services. All Senior College Board members, faculty, and committee members are unpaid volunteers. The efforts of all who contribute to the success of UMASC are much appreciated.

For further information, please call 621-3551. During the registration period the Office is staffed in the morning, but phone messages may be checked at varying times during the day.

Register in Person OR by Mail:

UMA Senior College Office - Farmhouse  
46 University Drive, Augusta, ME 04330

For the next 2 weeks the office will be staffed every morning. After that, staff will be available 2 to 3 mornings per week. Call before coming. (621-3551).

### **CREDIT CARD PAYMENTS ARE ACCEPTED.**

NOTE: If for any reason you are unable to attend the courses for which you have registered, please contact the Senior College office at 621-3551 ASAP. **We have waiting lists for filled courses.**

*The University of Maine at Augusta Senior College complies with all laws which define the rights of individuals with disabilities and makes reasonable efforts to accommodate specific needs related to Senior College programs.*

*If you have specific disability needs, please let the Senior College office know about them in a timely fashion, for lead time is required to determine possible accommodations.*

*In complying with the letter and spirit of applicable laws and in pursuing its own goals of diversity, the University of Maine System shall not discriminate on the grounds of race, color, religion, sex, sexual orientation, including transgender status and gender expression, national origin, citizenship status, age, disability, genetic information or veterans status in employment, education, and all other areas of the University System. The University provides reasonable accommodations to qualified individuals with disabilities upon request.*

Questions and complaints about discrimination in any area of the University should be directed to Sheri Stevens, Equal Opportunity Director, UMA Farmhouse, 621-3110 (TDD-207-621-3107).

**9 Fridays, Sept 11 – Nov 6 8:30 – 12:00**

### **Classic Films for Senior College – Chet Day, Art Ray, Peter Ezzy**

This course consists of an analytical and fun discussion group exploring the relative merits of selected top-rated Classic Films as determined by the American Film Institute (AFI) and prior classes. Films are critiqued and ranked in order of preference by participants. Class members are given the opportunity to take turns leading the discussion. The selection of films for this semester are as follows: Lili, 1953; African Queen, 1951; From Here To Eternity, 1953; Ship of Fools, 1965; My Left Foot, 1989; Kind Hearts and Coronets, 1949; Ghost and Mrs Muir, 1947; The Long Goodbye, 1973; Bonus Selection pending. Study materials are provided.

**8 Fridays, Sept 11 – Oct 30 8:00 – 10:00**

### **Is It Legal? – Sally Wagley, Patrice Putman**

In this course, participants will learn about the legal system with a focus on topics of special interest to people of retirement age or older. Subjects include: wills, trusts, powers of attorney, probate, death tax, guardianship/conservatorship, elder care, consumer law, identify theft, divorce and remarriage later in life, grandparent visitation, crucial conversations with family members, and elder exploitation. Information will assist participants in identifying their own legal needs, and will also appeal to those with a general interest in the legal system. Materials provided.

**8 Fridays, Sept 11 – Oct 30 8:00 – 10:00**

### **Spanish Clinic – Charles Acker**

Senior College students come to a Spanish course with a wide variety of experiences and abilities, and require concentration on certain areas and skills in order to move forward in their language acquisition. This class will be designed to identify gaps in knowledge and, using a variety of resources, build up students' Spanish speaking ability. We will provide class-wide exercises to encourage conversational confidence and specialized activities appropriate for your skill level. Text/workbook will be provided; you will need your own small dictionary (paper or electronic) and a verb book which I can suggest at the first class meeting.

**8 Fridays, Sept 11 – Oct 30 8:00 – 10:00**

### **Woodcarving: Beginning & Beyond – Loyd Clark**

Learn and practice basic safety and carving cuts to produce several projects and/or to continue learning with slightly more complex projects. Individual assistance is given as much as possible. We will try to make the learning fun ... it's only wood ... and there are no such things as 'mistakes', just 'design changes'. Materials and instructions provided.



**8 Fridays, Sep 11 - Oct 30 10:15 – 12:15**

**Let It Be(atles) – Michael Bell**

This class will examine the history and legacy of the fab four. Music and video will enhance students' experience as we explore the cultural impact of the lads who shook the world. Text provided.

**8 Fridays, Sep 11 - Oct 30 10:15 – 12:15**

**Financial Workshop – Julie Barter Lucas**

We believe financial education is an important step in helping you achieve a better future. That is why our Financial Workshop: Your Source for Financial Education offers clear and practical investing education in a convenient and comfortable format. By attending this workshop, you'll gain a better understanding of the key principles of saving and investing and also learn the specific strategies to help reach your long-term goals.

**8 Fridays, Sep 11 - Oct 30 10:15 – 12:15**

**Maine's Natural World – Beth Brooke, Gabriella Howard, 6 Others**

Eight graduates of the Maine Master Naturalists Program explore different aspects of Maine's Natural history.

This course consists of 8 classes:

**Becoming a Naturalist** – Sharon Thibault,

**Spiders & Their Kin** – Beth Brooke,

**Birds in Fall & Winter** – Robbie Buccigross,

**Strange World Of Plant Galls** – Gabriella Howard

**Wetlands** – Jackey Bailey,

**Invasives** – Jen Smith,

**Maine's Winter World** – Kim Bailey,

**Soils** – Lynn Thurston. Material provided.



**8 Fridays, Sep 11 – Oct 30 1:00 – 3:00**

### **Mark Twain: Tom, Huck, and Jim – Bryant Hoffman**

*Tom Sawyer* and *Huckleberry Finn* are very different books with variations on a set of themes central to both Mark Twain and 19<sup>th</sup> century American history. They also seem focused on unresolved 21<sup>st</sup> century issues, such as educational philosophies and standards; miseducation; the uses and abuses of religion; mental illness; and dysfunctional families. This course explores Twain's ideas, themes, and use of art forms, often in varied partnership with others. Materials provided.

**8 Fridays, Sep 11 – Oct 30 1:00 – 3:00**

### **Philosophy for Life and Other Dangerous Situations – Jonathan Lepoff**

Using the book with the same title as the course we will study some of the philosophers of the ancient world for advice as to how to live our lives. At the end of the class, students will have knowledge of the major schools of Greek and Roman philosophy including Stoicism, Epicureanism and the Socratic Method. Textbook provided.

**6 Fridays, Sep 11 – Oct 30 1:00 – 3:00**

### **Changing Our Minds – Jim Lindsley**

We will discuss a comprehensive “multimodal” model of the ways of changing our thoughts, behaviors, emotions, and related aspects of functioning. It is based on various psychotherapeutic approaches whose techniques will be plentifully explored in demonstrations, exercises, and examples. We will also consider the stages of change involved in resolving ambivalence about and succeeding in change. Topic areas include ways of thinking that are overly negative (or positive); emotions such as trauma & stress, anxiety, depression, anger, guilt; behaviors such as aggression, health habits; and dysfunctional relationship dynamics. **(NO CLASS 10/2 AND 10/16).**

**8 Fridays, between Sep 11 – Nov 6 1:00 – 3:00**

### **Genealogy For Beginners – Robert Pelletier**

For the person interested in the basic concepts of genealogy – Focus will be on the following: a true beginner, how to get started, and forms. Technology in research and record keeping will be addressed. Genealogy is not a spectator sport, so some work will be expected. Materials provided. **No class 1 of the weeks.**



UMA Senior College class visits Herbie in Yarmouth

**8 Fridays, Sep 11 – Oct 30 3:15 – 5:15**

**History of Human Kind – Charles Acker**

This course will present a rapid survey of humans from *Homo erectus* through modern *Homo sapiens*. We will learn how we have become highly socialized beings that have come to dominate and even threaten the earth. Presentation will include how, through cooperation, coordination and quarreling, we have built empires, religions and trading systems - based on mere figments of the imagination. In this seminar-type course, which will require some diligent reading, we will test our time-worn ideas against those of a highly provocative and wide-ranging author. Textbook supplied.

**8 Fridays, Sep 11 – Oct 30 3:15 – 5:15**

**Scripting Our Lives – Barbara Helen Baker**

This class will create and perform an oral history theatre piece based on a theme chosen by the group. Comfortable clothing and shoes are suggested as there will be acting exercises which require some movement. This, however, need not restrict anyone who has limited mobility, sight, or hearing. There will be a public performance at the culmination of the class which will be videotaped, making the performance a lasting memento for the family members.

**8 Mondays, Sep 14 – Nov 9 10:15 – 12:15**

**Creative Writing – Ben Thomas**

This creative writing course will make you a better writer!!!! We will focus on short story and novel writing. Thirty techniques used by professional writers will be introduced and students will write short pieces to practice each technique. The instructor will read each piece of writing, evaluate and offer helpful comments. The text will be *The Scorpion Riddle* and a writing manual. Like to write? Want to improve? Come join us...we will have fun!!! **No class Oct 12<sup>th</sup>**

**8 Mondays, Sep 14 – Nov 9 10:15 – 12:15**

**German – Heide Munro**

The instructor has taught at Augusta Adult Education, Senior College and has given private lessons. She has translated from the German, mostly old letters and historical information. She has now designed her own eight session grammar course, but wants to make this course reading and translating her most beloved stories, songs, poem and current events. Materials provided. **No Class Oct 12<sup>th</sup>**

**8 Mondays, Sep 14 – Nov 9 10:15 – 12:15**

**Fundamentals of Basket Weaving – Diane Wheeler**

An 8 week course teaching the fundamentals of basket making. Each basket made will build on the skills learned in the previous basket. At least four baskets will be completed by the end of the course. Each student should bring: 2-gallon pail for water, and an awl or ice pick or small gauge knitting needle. Materials provided. **No Class Oct 12<sup>th</sup>**

**8 Tuesdays, Sep 15 – Nov 3 11:00 – 12:30**

**Granite Hill Lecture Series – See Page 8**

**8 Thursdays, Sep 17 – Nov 5 10:15 – 12:15**

### **A Renaissance Man Presents – Peter Rosenberg**

A Renaissance man was knowledgeable, educated or proficient in a wide range of fields; a present day man has acquired knowledge or proficiency in more than one field. This 8 week course will include lectures and discussions on a variety of topics including comedy, magic, medicine, art, classical music, jazz, food and some surprises.

**8 Thursdays, Sep 17 – Nov 5 10:15 – 12:15**

### **Exploring Acrylics – Carole Baldwin, Elizabeth Luckraft**

This is a course for beginners who would like to explore the art world of acrylics. We'll begin with the basics of color and use various tools to apply paint to canvas. We will then move into working with texture and mixed media to create interesting pieces of art.

**8 Thursdays, Sep 24 – Nov 12 1:00 – 3:00**

### **ABC's of Drawing I – Barbara McCarthy**

The ability to draw is being able to see what is observed and to transfer that observation to paper. Fundamental drawing skills and techniques can be learned. We will use exercises to encourage the right side of the brain to do the work of "seeing". With practice, it will gradually become easier to switch consciously into intuitive visual perception. "What the eye can see, the hand can draw." – Michelangelo. Materials provided.

**NOTE: CLASS STARTS ON SEPT 24.**

**8 Thursdays, Sep 17 – Nov 5 1:00 – 3:00**

### **Writing Workshop – Sheila Stratton**

This class will be a guided workshop for writers of all genre. It is designed to heighten awareness of word choices and structure using text, discussion, and practice to polish writing skills. Workshop members will be expected to read their writing in each class, and to participate in critique and discussion of each other's work.

**8 Saturdays, Sep 26 – Nov 14 10:15 – 12:15**

### **ABC's of Drawing II – Barbara McCarthy**

We will review and continue to work on problems of natural, atmospheric, one, two and three point linear perspective and curves in perspective. Then, emphasis will be on drawing techniques and anatomy of the human head. Drawings will be oriented to the understanding of the human skull which creates the basic forms of the head, the muscles which give movement and the features which infuse the whole with life.

Materials provided. **NOTE: CLASS STARTS ON SEPT 26.**



**Granite Hill Lecture Series - Tuesdays, Sep 15 – Nov 3 11:00 - 12:30**

- Sep 15 – Tom Feagin – **History of American Slavery**  
Sep 22 - Elizabeth Reinsborough – **Two Countries of the Arab Spring**  
Sep 29 - Carole Baldwin/Ellen Campbell – **Birder's Life List in Photos**  
Oct 6 - Jonathan Lepoff – **Philosophy for Life and Other Dangerous Situations**  
Oct 13 - Michael Bell – **My Long and Winding Road**  
Oct 20 - Margy Knight – **Welcoming Babies**  
Oct 27 - Art Ray – **Kennebec Central: The Railroad to Togus**  
Nov 3 - Ted & Ruth Bookey – **Selected Poetry**

**Fall Concerts at Jewett Schedule**

- Oct. 18. **Fiddle-icious**. An open community-based orchestra of over 140 members to preserve the cultural heritage of Maine's traditional fiddle music, led by legendary Don Roy.
- Nov. 8. **The Easy Happy Show**. Marcia Gallagher's love of jazz and Katie Daggett's strong folk influence complement each other, leaving you tapping your toes and smiling, keeping you entertained with their light-hearted banter! Come listen, laugh and sing.
- Dec. 20, at South Parish Congregational Church, 9 Church St., Augusta. **A Christmas Concert** with Downeast Brass and Jay Zoller, organist. A popular quintet, a fine organist, and a classic organ. No better way to welcome the holidays!

