# Couple Therapy in the 21st Century: A New Era

Tulane School of Social Work  
Monday, May 16  
9 a.m. to 4:30 p.m.

## Schedule

<table>
<thead>
<tr>
<th>Time</th>
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| 9 a.m. to 10:30 a.m. | Introduction to couple intervention in the 21st century. The state of the art.  
Introduction to the basics of the EFT model.  
EFT Research & practice. |
| 10:30 to 10:45 a.m. | Break                                                                   |
| 10:45 to 12:15 p.m. | Attachment theory and science – An overview and relevance for clinical practice.  
Overview of Stages and Steps of the EFT model. Specific focus on Stage 1 of EFT |
| 12:15 to 1:30 p.m. | Lunch                                                                   |
| 1:30 p.m. to 3 p.m. | Overview of EFT interventions  
Stage 2 process and change events that predict success in EFT |
| 3 p.m. to 3:15 p.m. | Break                                                                   |
| 3:15 to 4 p.m. | Clinical exercise – Outlining negative cycles that perpetuate disconnection in Stage 1.  
Clinical exercise – working with emotion – shaping evocative enactments.  
Viewing interventions on clinical training tapes |
| 4 p.m. to 4:30 p.m. | Summary and general discussion. |