

Iowa Peer Support & Family Peer Support Training Program

Spring Continuing Education Schedule

For Peer Support and Family Peer Support Specialists

All Trainings are Free

You must register for these trainings, walk-ins are not allowed.
Space is limited. If you register and are a No Show, you will be wait-listed for future trainings.

To register click on the link for the desired training or email:

IowaPeerSupportTraining@healthcare.uiowa.edu

ACEs: Adverse Childhood Experiences

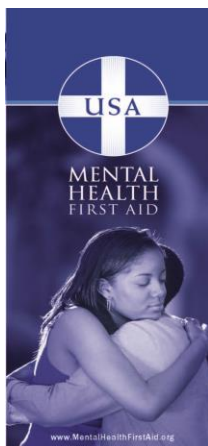
April 19th, 1-4 pm Grant Wood Area Education Agency, 4401 6th St., Cedar Rapids

(Family Peer Support Specialists will have priority for this training)

[ACEs Registration, April 2016](#)-**CLICK HERE**

Life experiences of toxic stress impact the lives of young children long after the bruises fade and the words are dismissed. Learn how building resilience and relationships can triumph over the pain and how you can continue to help children heal and families thrive. Your steady presence, work and positive support can help families develop strengths and find the power to be resilient.

Instructor: Judith Jensen is an ACES Interface Master Trainer and a retired Kindergarten teacher with an MSW. As the former Health Curriculum Coordinator for the ICCSD, she presented workshops for teachers about mental illness and its impact on those who develop one, on families and on schools.



Mental Health First Aid

May 19th, 8 am to 5 pm

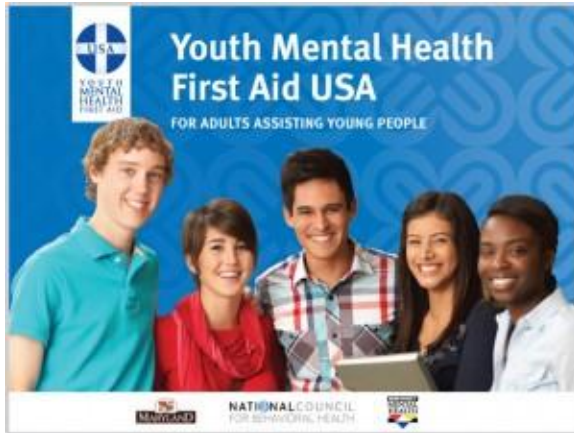
Environmental Education Center at the East Side Recycling Center

2401 Scott Blvd, Iowa City

[Mental Health First Aid Registration \(May 2016\)](#)-**CLICK HERE**

What is Mental Health First Aid? Mental Health First Aid is the initial help given to a person showing signs or symptoms of mental illness or in a mental health crisis. Mental Health First Aid is provided until appropriate professional or other help can be engaged.

Instructor: Jill Kluesner, MA, CRC, graduated with her Master's in Rehabilitation Counseling specializing in Mental Health Counseling from the University of Iowa. Jill has her Veteran's Behavioral Healthcare Certificate from the National Council on Community Behavioral Healthcare and her graduate certificate in Public Health from the University of Iowa. Jill is currently a member of the Iowa Disaster Behavioral Health Response Team.



Youth Mental Health First Aid

May 26th, 8 am to 5 pm

Environmental Education Center at the East Side
Recycling Center
2401 Scott Blvd, Iowa City

[Youth Mental Health First Aid Registration \(May 2016\)-
CLICK HERE](#)

What is Youth Mental Health First Aid?

Youth Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addiction challenge or crisis.

Instructor: Jessica Peckover is a licensed independent social worker and certified co-occurring disorders professional. She is currently the Johnson County Jail Alternatives Coordinator and works with individuals with mental health and co-occurring disorders who have become involved in the criminal justice system.



Not Black & White

June 7, 1-4 pm

Environmental Education Center at the East Side
Recycling Center
2401 Scott Blvd, Iowa City

Not Black & White [Registration-CLICK HERE](#)

This educational training presentation will provide persons from a variety of work and educational backgrounds with a detailed overview of diversity and inclusion related to all behavioral, mental, substance abuse workers, as much of their time is spent in the community working together.

Instructor: Jorge Peña completed his master's degree in Criminal Justice at St. Ambrose University in Davenport, IA. Jorge is an enrolled member of the Lipan Apache tribe of Texas with 24 years of experience in law enforcement and community corrections working as a peace officer and chemical dependency counselor in various community services agencies. In addition Jorge completed the Police Academy in his home town of South Padre Island, TX in 1992. Jorge presently sits on the Board of Directors for the Iowa Board of Certification runs his own private substance abuse practice Common Road To Recovery and specializes in multi-cultural treatment for minorities and veterans.