



Tell us What You Think!

We would like to hear from you if:

- You are a parent or caregiver of a child with a mental health need, or who has a serious emotional disturbance.
- You are a youth with a serious emotional disturbance or a mental health need.
- Your family uses services from a System of Care or Integrated Health Home program in Iowa.
- You have some ideas to make your services better.
- You can't find services you need, or are on a "waiting list" for mental health services or supports.

The Iowa Department of Human Services has a planning grant to learn more about how to serve families. Through that grant, the ASK Resource Center will hold meetings to learn about the needs of families and their youth with mental health needs. The meetings are being held in communities across the state, and are **only** for family members and youth. At these events, you can share thoughts and ideas about how to make services better. You will also have the chance to connect with other family members and youth.

Please join us at one of these community meetings:

Family and Youth Focus Groups			
Date	Time	Location	Address
March 11, 2014	5:00 pm to 7:00 pm	Ottumwa Public Library	102 4 th Street Ottumwa, IA 52501
March 12, 2014	6:00 pm to 8:00 pm	Davenport Eastern Library	6000 Eastern Avenue Davenport, IA 52808
March 25, 2014	6:00 pm to 8:00 pm	Children Family Urban Movement Office	1600 Sixth Avenue Des Moines 50311
March 26, 2014	6:00 pm to 8:00 pm	Iowa Western Community College, Room 141	705 Walnut Street Atlantic, IA 50022
March 27, 2014	6:00 pm to 8:00 pm	Long Lines Family Recreation Center	401 Gordon Drive Sioux City, IA 51102
April 1, 2014	6:00 pm to 8:00 pm	Cedar Rapids Public Library	450 5 th Street SE Cedar Rapids, Iowa 52401

Light refreshments will be served.

Registration is available at this link:

<http://events.r20.constantcontact.com/register/event?oeidk=a07e8zkyo0nd6ff5779&llr=8fbnovdab>

If you need help with travel or childcare costs, you must call ASK Resource Center before the event to request support: 515-243-1713 or 800-450-8667.