

USC Social Work
*Center for Innovation and Research
on Veterans & Military Families*

and



**OPERATION
FAMILY CAREGIVER**

A program of The Rosalynn Carter
Institute for Caregiving



Invites Caregivers, Military, Veterans and Service Providers to



BREAKFAST OF CHAMPIONS

A special meeting to recognize and promote the needs of military and veteran family caregivers. This program will focus on the physical, emotional and financial toll of caregiving and the help that is available to support you and your family. Plus, nominate a military or veteran caregiver in the Los Angeles area to receive a special "Champion" award at the event.

Nomination deadline February 26, 2016

WHEN:

WEDNESDAY, MARCH 23rd 2016

TIME:

8:30 a.m. – 9:30 a.m. Registration and Buffet Breakfast
9:30 a.m. – 12:00 Program

WHERE:

Los Angeles Athletic Club
431 W. 7th Street, 3rd Floor / Los Angeles, CA 90014

RSVP:

To nominate and/or register online go to <http://bit.ly/scrcbreakfast>
or email scrc@caregivercenter.org or call SCRC at 1 (800) 827-1008
by March 11, 2016

If interested in having a resource table please call SCRC



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Coming home can be hard, for both service members and their families. Learning to live with post-traumatic stress, a TBI, or a physical disability takes work – by both of those who have been injured and the loved ones who take care of them.

Operation Family Caregiver (OFC) provides free and confidential support to the families of those who have served our nation. Our specially trained coaches help military and veteran families learn how to overcome the obstacles they face and to manage any challenges that might come along. The coaches who work for Southern Caregiver Resource Center will come to your home, or meet by phone/Skype, to customize a 16- to 24-week program that is unique to your family.

Together, you will come up with strategies that can help get you through the tough times and make plans for how to manage over the long term. Over time, you will grow stronger, as you learn to cope with problems you never imagined you might confront.

**REACHING OUT IS A SIGN OF STRENGTH.
REACH OUT TODAY.**

**Operation Family Caregiver is open to military and veteran families located
anywhere in the nation.**

SOUTHERN CAREGIVER RESOURCE CENTER

San Diego

(858) 268-4432

Los Angeles

(562) 280-4337

Client Referrals

(800) 827-1008

scrc@caregivercenter.org

www.caregivercenter.org

For more information, visit

www.operationfamilycaregiver.org

