



UNIVERSITY of MARYLAND
SCHOOL OF MEDICINE



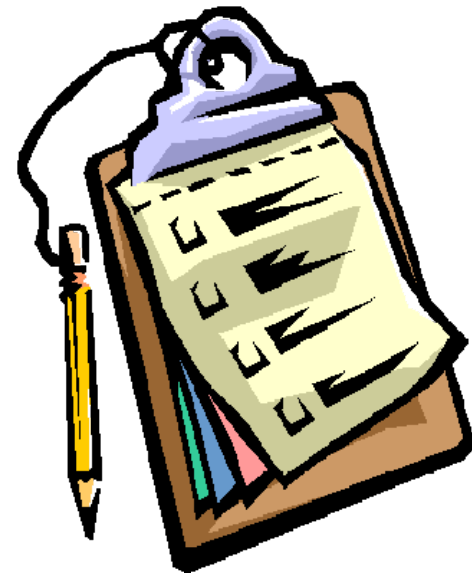
Evidence Based Screening Tools and Interventions

Brittany Parham, Ph.D

3/9/16

Objectives

- Introduction
- Screening tools
- EBPs
- Questions



Screening Tools





Importance of Evidence Based Screening

- Involves use of reliable, valid and clinically useful measures
 - Scientifically supported by research
- Supports Data Informed Decision Making (DIDM)
- Supports school behavioral health quality and accountability
- Reduces bias and improves accuracy



Global Screening Tools

- Brief Problem Checklist (BCP)
- Child and Adolescent Needs and Strengths
- Strengths and Difficulties Questionnaire (SDQ)
- Youth Top Problems (YTP)

Internalizing Screening Tools

- Internalizing
 - SPENCE
 - SCARED
 - RCADS
 - CES-DC
 - Beck Depression Inventory



Externalizing Screening Tools

- Externalizing
 - DBD
 - Vanderbilt
 - Yale-Brown Obsessive Compulsive Scale



Trauma and Substance Use

- Trauma
 - UCLA
 - PTSD Checklist (PCL)
- Substance Use
 - CRAFFT
 - CAGE



Intervention Programs





Evidence Based Programs

- *Botvin* Life Skills Training: Middle School Program
- Coping Cat
- Cognitive Behavioral Intervention for Trauma in Schools (CBITS)
- Good Behavior Game (GBG)



EBPs Cont'd

- Support for Students Exposed to Trauma (SSET)
- Trauma Focused Cognitive Behavioral Therapy (TF-CBT)
- SPARCS (Structured Psychotherapy for Adolescents Responding to Chronic Stress)

References

Beidas, R. S., Benjamin, C. L., Puleo, C. M., Edmunds, J. M., & Kendall, P. C. (2010). Flexible applications of the coping cat program for anxious youth. *Cognitive and Behavioral Practice, 17*(2), 142-153.

Botvin, G. J., & Griffin, K. W. (2004). Life skills training: Empirical findings and future directions. *Journal of Primary Prevention, 25*(2), 211-232.

Cohen, J. A., Deblinger, E., Mannarino, A. P., & Steer, R. A. (2004). A multisite, randomized controlled trial for children with sexual abuse-related PTSD symptoms. *Journal of the American Academy of Child & Adolescent Psychiatry, 43*(4), 393-402.

Jaycox, L. H., Langley, A., & Dean, K. L. (2009). *Support for Students Exposed to Trauma*. Rand Corporation.

Lannie, A. L., & McCurdy, B. L. (2007). Preventing disruptive behavior in the urban classroom: Effects of the good behavior game on student and teacher behavior. *Education and Treatment of Children, 30*(1), 85-98.

Ngo, V., Langley, A., Kataoka, S. H., Nadeem, E., Escudero, P., & Stein, B. D. (2008). Providing evidence based practice to ethnically diverse youth: Examples from the Cognitive Behavioral Intervention for Trauma in Schools (CBITS) program. *Journal of the American Academy of Child and Adolescent Psychiatry, 47*(8), 858.

Weiner, D. A., Schneider, A., & Lyons, J. S. (2009). Evidence-based treatments for trauma among culturally diverse foster care youth: Treatment retention and outcomes. *Children and Youth Services Review, 31*(11), 1199-1205.



Additional Resources

Additional Resources:

- www.mdbehavioralhealth.org
- www.nctsn.org
- www.schoolmentalhealth.org
- http://www2.massgeneral.org/schoolpsychiatry/screeningtools_table.asp



Thank You

- Brittany R. Parham, Ph.D

bparham@psych.umaryland.edu

