Evidence Based Screening Tools and Interventions

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Objectives

• Introduction

• Screening tools

• EBPs

• Questions
Screening Tools
Importance of Evidence Based Screening

- Involves use of reliable, valid and clinically useful measures
  - Scientifically supported by research
- Supports Data Informed Decision Making (DIDM)
- Supports school behavioral health quality and accountability
- Reduces bias and improves accuracy
Global Screening Tools

• Brief Problem Checklist (BCP)

• Child and Adolescent Needs and Strengths

• Strengths and Difficulties Questionnaire (SDQ)

• Youth Top Problems (YTP)
Internalizing Screening Tools

- Internalizing
  - SPENCE
  - SCARED
  - RCADS
  - CES-DC
  - Beck Depression Inventory
Externalizing Screening Tools

• Externalizing
  – DBD
  – Vanderbilt
  – Yale-Brown Obsessive Compulsive Scale
Trauma and Substance Use

• Trauma
  – UCLA
  – PTSD Checklist (PCL)

• Substance Use
  – CRAFFT
  – CAGE
Intervention Programs
Evidence Based Programs

- *Botvin* Life Skills Training: Middle School Program

- Coping Cat

- Cognitive Behavioral Intervention for Trauma in Schools (CBITS)

- Good Behavior Game (GBG)
EBPs Cont’d

• Support for Students Exposed to Trauma (SSET)

• Trauma Focused Cognitive Behavioral Therapy (TF-CBT)

• SPARCS (Structured Psychotherapy for Adolescents Responding to Chronic Stress)
References


Additional Resources

Additional Resources:

- [www.mdbehavioralhealth.org](http://www.mdbehavioralhealth.org)
- [www.nctsn.org](http://www.nctsn.org)
- [www.schoolmentalhealth.org](http://www.schoolmentalhealth.org)
- [http://www2.massgeneral.org/schoolpsychiatry/screeningtools_table.asp](http://www2.massgeneral.org/schoolpsychiatry/screeningtools_table.asp)
Thank You

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