

AUGUST & SEPTEMBER



DENVER PUBLIC SCHOOLS BREAKFAST / LUNCH ELEMENTARY

All meals served with ½ pint milk.
2015

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DAILY BREAKFAST MENU: ★ Fruits & Juices ★ Cereal ★ Homemade Toast /Cinnamon Roll ★ Yogurt Basket / Granola				
WG Pancake (V) w/ Syrup	Sausage & Cheese WG Biscuit	Hard Boiled – or – Scrambled Egg (V) CO Proud Day – Zucchini Muffins	Breakfast WG Pizza	Egg & Cheese Quiche (V) w/ WG Toast
LUNCH				
24	25	26	27	28
Beef Hot Dog on WG Bun Toasted Cheese WG Sandwich (V) Cherry Tomatoes Celery Sticks	WG Spaghetti w/ Meatballs WG Spaghetti Marinara (V) WG Dinner Roll PB & J WG Sandwich (V) Garden Greens Cucumber & Tomato Salad	Chicken Nuggets Toasted Cheese WG Sandwich (V) WG Cowboy Bread Southwest Beans Kale Chips	WG Taco PG & J WG Sandwich (V) Spanish Rice Calabasitas Con Elote Baby Carrots RIPS – Strawberry/Kiwi	Pancakes w/ Scrambled Eggs (V) Turkey & Cheese WG Sandwich Oven Browned Potatoes Pepper Strips
31	1	2	3	4
Chicken Fajitas Toasted Cheese WG Sandwich (V) Fiesta Bean Salad Spicy Cucumbers	WG Cheesy Ravioli (V) PB& J WG Sandwich (V) WG Garlic Bread Spinach Salad Pepper Strips	Bean WG Burrito (V)  Ham & Cheese WG Sandwich Sweet Corn Baby Carrots	BBQ Chicken Toasted Cheese WG Sandwich (V) WG Dinner Roll Sweet Potato Puffs Coleslaw	Italian WG Sub Veggie WG Sub (V) PB & J WG Sandwich (V) Broccoli Potato Salad
7	8	9	10	11
	Chicken Nuggets Toasted Cheese WG Sandwich (V) WG Cowboy Bread Southwest Beans Kale Chips	 Ham & Cheese WG Pocket Cheese WG Pocket (V) PB & J WG Sandwich (V) Broccoli Pepper Strips	Beef Hot Dog on WG Bun Toasted Cheese WG Sandwich (V) Potato Strips Cherry Tomatoes	Beef WG Lasagna Vegetarian WG Lasagna (V) WG Garlic Bread PB & J WG Sandwich (V) Garden Greens Cucumber Coins
14	15	16	17	18
Meaty WG Nachos Cheesy WG Nachos (V) PB & J WG Sandwich (V) Spanish Beans Spicy Cucumbers	 BBQ Pork Rib WG Sandwich Toasted Cheese WG Sandwich (V) Coleslaw Baby Carrots	Hamburger on WG Bun Cowboy WG Burger (V) PB & J WG Sandwich (V) Potato Strips Celery Sticks	 Cheese WG Pizza (V) Ham & Cheese WG Sandwich Italian Green Beans Garden Greens	Chicken Alfredo PB & J WG Sandwich (V) WG Dinner Roll Broccoli Cucumber Coins
21	22	23	24	25
Beef Hot Dog on WG Bun Toasted Cheese WG Sandwich (V) Cherry Tomatoes Celery Sticks	WG Spaghetti w/ Meatballs WG Spaghetti Marinara (V) WG Dinner Roll PB & J WG Sandwich (V) Garden Greens Cucumber & Tomato Salad	Chicken Nuggets Toasted Cheese WG Sandwich (V) WG Cowboy Bread Southwest Beans Kale Chips	WG Taco PG & J WG Sandwich (V) Spanish Rice Calabasitas Con Elote Baby Carrots	Pancakes (V) w/ Scrambled Eggs Turkey & Cheese WG Sandwich Oven Browned Potatoes Pepper Strips RIPS – Strawberry/Kiwi
28	29	30 COLORADO PROUD	Please note that menus are subject to change. USDA is an Equal opportunity provider and employer. Water and a variety of milk are provided with each meal: * Fat Free White * 1% White * Fat Free Strawberry * Fat Free Chocolate Vegetarian choices offered daily = (V) SALAD BAR: An unlimited variety of fresh, canned, and frozen fruits and vegetables are offered daily. Local varieties are always used when available.	
Chicken Fajitas Toasted Cheese WG Sandwich (V) Fiesta Bean Salad Spicy Cucumbers	WG Cheesy Ravioli (V) PB& J WG Sandwich (V) WG Garlic Bread Spinach Salad Pepper Strips	Bean WG Burrito (V)  Ham & Cheese WG Sandwich Cherry Tomatoes Cucumber & Tomato Salad Baby Carrots		

Weekly nutrient values, nutrition & food safety information and links to other informative sites found on our website at:
<http://foodservices.dpsk12.org> or Facebook.

All grain products are at least 51% Whole Grain and made from scratch on site.



FREE BREAKFAST for all students!