

Serving Together's Continuing Education Seminar



Traumatic Brain Injury in Veterans: Clinical Implications, Tools, & Research

Tuesday, June 7, 2016 | Johns Hopkins University, Montgomery County Campus | 9:00 am — 4:00 pm

Seminar Summary | According to Brainline Military, "Each year there are a reported 1.7 million civilian brain injuries in the United States. In the military from 2000 through 2012, more than 266,000 service members sustained a [Traumatic Brain Injury] TBI." Over the last decade, both Post-Traumatic Stress Disorder (PTSD) and TBI have become known as the 'signature wounds' of the wars in Iraq and Afghanistan. Still, there is much more to learn about the long term effects that TBI has over the course of a person's life. This seminar will describe the different types of TBI and common comorbid conditions including PTSD, examine the rates of TBI in the military and veteran population, and explore the assessment and management of TBI in various settings.

Additionally, this program will address the overlapping conditions of TBI and PTSD, the utility of new technologies such as virtual reality and smart phone applications, and the current state of research on TBI such as the NeuroDRIVE study.

Agenda (6.0 Credit hours)

8:30 am - 9:00 am Registration & Continental Breakfast

9:00 am - 9:30 am Military Culture Presentation

9:30 am - 12:00 pm Traumatic Brain Injury Overview & Assessment

12:00pm - 1:00 pm Lunch (Provided Onsite)

1:00pm - 4:00 pm Research & Clinical Implications of Brain Injury

To register, go to <u>www.mhamc.org</u>, or mail this flyer & a check to:

Mental Health Association, 1000 Twinbrook Parkway, Rockville, MD 20851

About Serving Together | Serving Together connects military, veterans and their families to available community resources and information such as education, benefits, housing, financial assistance, and mental health services through individualized assistance and a comprehensive online community, <u>ServingTogetherProject.org</u>. Serving Together also educates mental health professionals, nonprofits, and the community at large on the unique needs of the area's military and veterans and how to help them most effectively and efficiently. To stay up to date on trainings and workshops or to connect with a local Collaborative, email program staff at info@ServingTogetherProject.org

About Mental Health Association (MHA) | Founded in 1957, MHA promotes mental wellness and supports those living with mental illness through education, advocacy, and community service programs. MHA's work impacts the lives of more than 30,000 people each year.

This seminar is a co-sponsorship between Mental Health Association and the Maryland Psychological Association (MPA). MPA is located at 10025 Gov. Warfield Parkway, Suite 102 Columbia, MD 21044-3308

Seminar Speakers

Jeffrey Mann, Psy.D., is a Subject Matter Expert within the Military Training Programs division and a faculty member at the Center for Deployment Psychology (CDP), at the Uniformed Services University of the Health Sciences (USUHS) in Bethesda, Maryland. In this role, Dr. Mann serves as an instructor and facilitator for the training programs offered by the CDP. Dr. Mann is a veteran of the United States Air Force (USAF) where he served as a psychologist from 2009 to 2013. In 2013, he deployed to Southwest Asia in support of Operation Enduring Freedom. Dr. Mann's clinical work has focused on the assessment and treatment of trauma-related mental health conditions, the utilization of brief interventions in primary care, and behavioral management of pain and insomnia.

Michael Roy, MD, Col. (Ret.) is a professor of Medicine, Director of the Division of Military Internal Medicine at Uniformed Services University and Director of Recruitment for USU's Center for Neuroscience and Regenerative Medicine. He is a graduate of Brown University and Brown University School of Medicine. Dr. Roy completed an internal medicine residency and a general medicine fellowship at Walter Reed Army Medical Center, and retired as a Colonel after 24 years' of active duty in the Army. He is President of the Society for Brain Mapping and Therapeutics and a fellow of the American College of Physicians. Dr. Roy is currently the principal investigator on multiple active studies seeking to improve the early identification and treatment of post traumatic stress and traumatic brain injury.

Shawn Nelson Schmitt, Ph.D., is a Neuropsychology postdoctoral fellow in the Ettenhofer Laboratory for Neurocognitive Research at USUHS and a licensed clinical psychologist in Maryland. He received his Ph.D. from the APA-accredited Clinical Psychology program at Gallaudet University. Dr. Nelson Schmitt completed his APA-accredited clinical internship in the Neuropsychology Track at the Alpert Medical School of Brown University. At Brown, he evaluated veterans and civilians for symptoms of dementia, psychiatric conditions, and chronic medical illnesses with diverse and underserved populations. In addition to his research work, Dr. Nelson Schmitt conducts clinical neuropsychological assessments with active-duty military service members with traumatic brain injury, stroke, or other conditions.

Continuing Education: 6.0 Credits

- MHA will provide continuing education certificates to those in attendance for the entirety
 of the seminar, after which attendees may collect their certificates. MHA will NOT issue
 or reissue certificates for individuals after the event closes. CE's for Psychologists will be
 mailed within 2 weeks following the program.
- MHA is approved to provide continuing education by:
 - Board of Social Work Examiners of the State of Maryland
 - National Board for Certified Counselors (Provider #5796)
- Co
 – sponsorship with Maryland Psychological Association
- Based on approval by the above licensing boards, continuing education credits provided by MHA will be accepted by the licensing boards of the District of Columbia and Virginia for social workers.

This activity is being co-sponsored by the Maryland Psychological Association and MHA. The Maryland Psychological Association is approved by the American Psychological Association to offer continuing education for psychologists. The Maryland Psychological Association maintains responsibility for the program and its content.

JOHNS HOPKINS UNIVERSITY, MONTGOMERY COUNTY CAMPUS

9605 Medical Center Drive, Rockville, MD 20850 — Room 121 **NOTE: Enter off of Broschart Road. Free parking is available.**



From North 270, take Shady Grove Road exit. Once on the exit ramp, stay in the left lane. At the light make a left onto Shady Grove Road. Proceed to Key West Avenue. Turn right at Key West Avenue. Make a left onto Broschart Road. The Montgomery County Campus will be your first left turn. Do not park in the parking garage, which is for National Cancer Institute employees only.

Take I-70 west to Md. Route 97 (Georgia Avenue). Turn left on Md. Route 97. Go south on Md. Route 97 to Norbeck Road (Md. Route 28). Turn right onto Norbeck Road. Continue west on Norbeck Road to East Gude Drive. Turn right onto East Gude Drive and proceed 4.3 miles across Rockville Pike to Key West Avenue. Bear right onto Key West Avenue (Md. Route 28). Cross Shady Grove Road, stay to the left and proceed about .3 miles. Make a left onto Broschart Road. The Montgomery County Campus will be your first left turn. The 9601 building is in the middle of the three buildings. There is very little parking in the front, but there is plenty of parking in back of all three buildings and to the side of the 9605 building. Click here for further information on parking and directions. Do not park in the parking garage, which is for National Cancer Institute employees only.

Registration Form | Traumatic Brain Injury in Veterans: Clinical Implications, Tools, & Research

Virginia for social workers. Credit given

ONLY to those who attend the full session.

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9605 Medical Center Drive, Room 121			Please indicate your profession:
Seminar Fees			□ Social Worker □ Counselor
□ \$50 MHA Member Fee □ \$65 Non-member Fee □ \$40 Student Fee			□ Psychologist
Become an MHA Professional Member and save now: Standard Standar			Continuing Education Credits: 6.0 for the entire seminar MHA is approved to provide continuing education for:
event for a message about the status of the seminar. Name			Social Workers*: Approved Category I by Board of Social Work Examiners of the State of Maryland. Counselors*: Recognized by the National Board for Certified Counselors. NBCC Provider #5796.
Organization/Practice Name			
Professional Address		Suite	Psychologists: This activity is being cosponsored by the Maryland Psychological
City	State	Zip	Association and Mental Health Association. The Maryland Psychological Association is approved by the American Psychological Association to offer continuing education for psychologists. The Maryland Psychological Association maintains responsibility for the
Phone	E-mail	Fax	
Credit Card #	Exp. Date	Security Code	
Signature			program and its content.
Secure online credit card regist	ration available at www.mhamo	c.org.	*Based on approval by the above licensing
Please mail payment to: Mental Health Association of Montgomery County, ATTN: TBI CE Seminar Registration, 1000 Twinbrook Parkway, Rockville, MD 20851 Or fax completed form to: 301-738-1030			boards, continuing education credits provided by MHA will be accepted by the licensing boards of the District of Columbia and

Please make checks payable to: Mental Health Association. No refunds will be made after 3:00

pm on Tuesday, May 31, 2016. For more information call: 301-424-0656 or email info@mhamc.org

with the subject line: MILITARY CE.