



# NCBC

National Consortium of Breast Centers, Inc.

Presents

## Clinical Pearls & Management of Breast Disease for the Primary Care Provider

Sunday, April 10, 2016: 8:45 am-5:15 pm

Location: Paris Las Vegas, Las Vegas, NV

Room: Champagne 2

Patients are well educated and savvy customers. This course is designed for independent practitioners looking to more fully understand and integrate with individual clients with breast lumps, bumps, and pre/post breast cancer care. Stay an active part of your patient's care throughout diagnostics to survivorship or end-of-life care. Experts in diagnostics, treatment, and post treatment breast care have come together for a single, full day of breast care instruction. (This conference is designed for primary care providers.)

**COURSE DESIGNERS:** Yuri Parisky, MD; Sandhya Pruthi, MD; Melissa Hopkins, RN, BA, CN-BN

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| 8:45 - 9:15 am   | <b>Check In</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| 9:15 - 9:30 am   | <b>Welcome!</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| 10:00 - 10:30 am | <b>High Risk Patients: Assessment, Genetics, Density, Atypical Pathology, and Lifestyle Markers</b> <i>Sandhya Pruthi, MD</i><br>Reenergize your knowledge of emerging trends on genetics and how to assess and refer patients, breast density rubrics, atypical pathology, and lifestyle markers to better understand your patient's risks and recommended risk reducing strategies.                                                                                                                                                                       |
| 9:30 - 10:00 am  | <b>Making Sense of Different Guidelines for Screening Mammography</b> <i>Robert A. Smith, PhD</i><br>This speaker will address conflicting screening mammogram guidelines and how to help your patients understand how these guideline differences reflect differences in judgment about the benefits and limitations of mammography, the age to begin screening, and recommendations for annual vs. biennial screening.                                                                                                                                    |
| 10:30 - 10:45 am | <b>Break</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| 10:45 - 11:15 am | <b>Symptomatic Breasts: Lumps, Bumps, Pain, Nipple Discharge, Infections, Men's Breast Care</b> <i>Holly Pederson, MD</i><br>This section will review specific information on basic palpable lumps and understanding common sources of pain (mastalgia), gynecomastia, common versus concerning nipple discharge, and infections.                                                                                                                                                                                                                           |
| 11:15 - 11:45 am | <b>Diagnostics: Refining Expertise in Ordering, Patient Education, Recommendations, Pathology</b> <i>Yuri Parisky, MD</i><br>Get rid of confusing information and confidently know how to educate patients, when and how to order diagnostics, and what to do with radiology recommendations and understanding the principles of benign, atypical and malignant pathology reports.                                                                                                                                                                          |
| 11:45 - 12:15 pm | <b>Surgical Oncology: Understanding Your Patient's Surgical Options and Expectations</b> <i>John L. Bell, MD, FACS</i><br>Know how to respond to your patient's questions on what types of options are available for excisional biopsies, lumpectomies, oncoplastic surgery, nipple sparing mastectomies. Learn how to support your patient's decisions and how to know which credentials indicate surgeons proficient in breast surgery and cosmetics. Gain a better understanding of surgical complications and how to support the post-surgical patient. |
| 12:15 - 1:45 pm  | <b>Lunch On Your Own</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |

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| 1:45 - 2:15 pm | <b>Medical Oncology: Chemotherapy, Immunotherapy, Hormonal Therapy, Side Effects</b><br><i>Tina Rizack, MD, MPH</i><br>With the myriad of new and upcoming medications for cancer care it can be difficult to keep up with the current common treatments. How and when are combinations of chemotherapeutic agents, immunotherapies (targeted therapies), and hormonal therapies indicated for management of breast cancer.                            |
| 2:15 - 2:45 pm | <b>Radiation Oncology: Understanding Your Patients Radiation Therapy Options/Side Effects</b><br><i>Rufus Mark, MD</i><br>New developments in radiation oncology and their applications will be reviewed in this presentation. Discussion will include the difference between proton and photon beam irradiation, when APBI is appropriate and what options are available, and when radiation is not needed.                                           |
| 2:45 - 3:15 pm | <b>Surveillance for Metastatic Disease: When and How and What to do if you find it!!</b><br><i>William Sikov, MD</i><br>While the worst news to give patients is the spread of disease to other parts of the body, many do not understand that current therapies may give quality of life for many years after diagnosis. This topic will instruct on metastatic disease and how to support the patient and families through this difficult diagnosis. |
| 3:15 - 3:30 pm | <b>Break</b>                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| 3:30 - 4:00 pm | <b>Managing Post Treatment: Implants and Hormone Use – Fact or Fiction</b><br><i>Ricky Pollycove, MD, MS, FACOG, NCMP</i><br>Facts and Fictions of Hormonal Therapies After Breast Cancer “The Rest of Life” Clinical Choices and Long Term Survival Outcomes An evidence-based discussion of myths and controversies regarding management of menopausal symptoms.                                                                                     |
| 4:00 - 4:30 pm | <b>Breast Cancer and Intimacy - Supporting Relationships Before, During and After Treatment</b><br><i>Michael Krychman, MD, FACOG</i><br>Sexual Health and intimacy is missed conversation that affects virtually every cancer patient. Learn how to address communication needs, simple techniques to help your patients and their partners maintain intimacy and connectedness during the cancer process.                                            |
| 4:30 - 5:00 pm | <b>After Treatment: Supporting Patients in Survivorship</b><br><i>Amy Shaw, MD</i><br>Discussion on the role of the PCP in survivorship care and management and understand what to expect from the oncologist treatment plan that entails a complete treatment summary, recurrence risk, follow-up schedule for surveillance tests and specific goals for each patient.                                                                                |
| 5:00 - 5:15 pm | <b>Conclusion</b>                                                                                                                                                                                                                                                                                                                                                                                                                                      |