

*The Board of Supervisors of
Contra Costa County, California*

In the matter of:

Resolution No. 2012/329

RECOGNIZING THE MONTH OF SEPTEMBER AS NATIONAL RECOVERY MONTH IN CONTRA COSTA COUNTY

WHEREAS, behavioral health is an essential part of health and one's overall wellness; and
WHEREAS, prevention of mental and/alcohol and other drug disorders works, treatment is effective, and people recover in our area and around the Nation; and
WHEREAS, the benefits of preventing and overcoming mental and/alcohol and other drug disorders are significant and valuable to individuals, families, and the community at large; and
WHEREAS, people in recovery achieve healthy lifestyles, both physically and emotionally, and contribute in positive ways to their communities; and
WHEREAS, we must encourage relatives and friends of people with mental and/alcohol and other drug disorders to implement preventive measures, recognize the signs if a problem, and guide those in need to appropriate treatment and recovery support services; and
WHEREAS, in 2010, 2.6 million people received specialty treatment for a alcohol and other drug use disorder and more than 31.3 million adults aged 18 or older received services for mental health problems, according to the *2010 National Survey on Drug Use and Health*. Given the serious nature of this public health problem, we must continue to reach the millions more who need help; and
WHEREAS, to help more people achieve and sustain long-term recovery, the U. S. Department of Health and Human Services (HHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), the White House Office of National Drug Control Policy (ONDCP), and Contra Costa County invite all residents of Contra Costa County to participate in National Recovery Month September 2012; and

Now, Therefore, Be It Resolved that the Board of Supervisors of Contra Costa County, California, do hereby proclaim the Month of September 2012 as NATIONAL RECOVERY MONTH, and call on the residents of Contra Costa County to observe this month with appropriate programs, activities, and ceremonies to support this year's theme, "Join the Voices for Recovery: It's Worth It."

MARY N. PIEPHO

Chair,
District III Supervisor

JOHN GIOIA
District I Supervisor

CANDACE ANDERSEN
District II Supervisor

KAREN MITCHOFF
District IV Supervisor

FEDERAL D. GLOVER
District V Supervisor

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown.

ATTESTED: September 11, 2012

David J. Twa,

By: _____, Deputy