

Integrating Tradition and Practice: *Culturally Sensitive Work with Latinos*

A Training Sponsored by Contra Costa County
Behavioral Health Division

SAVE THE DATE:

August 16, 2012

Time: 8:30 AM- 4:30 PM

**Location: Crowne Plaza Concord Hotel
45 John Glenn Drive; Concord, CA**

Presenters:

Miguel Gallardo, Psy.D Associate Professor, Pepperdine University will address the three legged stool in evidence based Psychotherapy, (1) Clinician expertise and experience; (2) Theory and research; and (3) Client culture and values. These components include the therapeutic alliance and the characteristics of the therapist. Dr. Gallardo will provide practice examples, along with methods of culturally responsive intervention, while addressing various dimensions of diversity in the therapeutic encounter.

Gerardo Ramos, Director of Client Services, SF AIDS Foundation will address issues of immigration. The training will help unfold the multi-faceted approaches and the integration of cultural identity and values in service delivery. Ramos believes that since Spanish speakers come from many countries and origins, clinicians and other service providers must better understand Spanish speakers and their demographics in the United States. Immigration is a primary factor in working with Latinos in the United States and Ramos will begin to help participants understand why people immigrate and how immigration may be traumatic.

Tereza Iñiguez-Flores, (Cuandera) is a life coach and holistic healer. The goal of her training is to develop an understanding of alternative inner healing from an interdisciplinary perspective and to develop a relationship between folk healing and clinical medicine, bridging the gap between traditional and standard western mental health treatment. By exploring alternative healing modalities for mental and emotional health as well as by hands on exercises, participants will gain a better understanding of the benefits of folk healing.

**CEUs Available for: LCSW, MFT, RN, PhD, Psy.D
CAADAC/CAADE**

