



radKIDS ON... **WATER SAFETY**

Safety around water is the key to accident prevention. Whether at a pool, pond, lake, river, creek, or ocean, water safety helps to keep children safe while having fun.

Always remember our **radKIDS Rule**:

If there is no adult by the pool, pond, lake, river, creek or ocean, then there is no radKIDS by/in the pool pond, lake, river, creek or ocean.

radKIDS Safety Tips for Swimming:

- We never swim alone. Always swim with a buddy.
- We only swim where a lifeguard or parent can see you.
- We never try to save a friend in trouble in the water. Instead, we yell for help. If someone needs help, call 9-1-1. We get help or call 9-1-1 so that we don't hurt ourselves.
- We obey all rules and posted signs.

radKIDS Safety Tips for Sun Safety

- We wear sunscreen and drink plenty of water regularly and often even if we don't feel thirsty.

radKIDS Parental Tips:

- Training is the key. Enroll your child in local swimming classes.
- Only use Coast Guard approved lifejackets and safety equipment.
- NEVER leave your child unattended at pools, open water, or the bath tub. The second you turn around will be the second that an accident will happen no matter what skills your child has acquired and no matter how shallow the water is.
- Take pool covers completely off before allowing children into pools and spas. Children like to play under things.

#1 radKIDS Parental Rule: Sight - Sound - Distance

Water safety is a partnership. Always maintain constant supervision. Watch children around any water environment (pool, stream, lake, tub, toilet, or bucket). No radKIDS in any water without a parent / lifeguard to help.

Emergency Response and General Guidance. What's your radKIDS Parental Plan to help in an emergency:

- Know how to prevent, recognize, and respond to emergencies.
- What are your safe zones and who can you get help from.
- Install a phone by the pool or keep a cell phone nearby so you can call 9-1-1 if needed.
- Post CPR instructions and 9-1-1 or your local emergency number in the pool area.
- If you have a boat, find a boating course that teaches navigation rules, emergency procedures and the effects of wind, water, weather conditions.
- If a child is missing, check the pool first. Go to the edge of the pool and scan the entire pool, bottom, and surface, as well as the surrounding pool area.

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radKIDS® Instructor Manual