

AWSNA Great Lakes/Ontario Regional Conference for Waldorf School
Faculty, Staff, Board and Parent Leaders

Working Together *in the Age of the Consciousness Soul*

Thursday-Saturday
February 18-20, 2016

Tamarack Waldorf School
Milwaukee, Wisconsin

Featuring Keynotes
by
John Cunningham
and
Carol Triggiano

Rudolf Steiner referred to the times we live in as the age of the consciousness soul. He described the modern human being as becoming more individualized while also seeking community.

How do we form and maintain healthy relationships, foster collaboration and structure fair governance in our schools? What is being asked of us?

Rudolf Steiner identified two fundamental impulses that must be raised into consciousness in order for us to transform our relationships. He named these impulses social and antisocial forces.

Join us in this conference as we shed light on this theme, ignite our moral impulses and explore ways to forge our social will.

Keynote Presenters

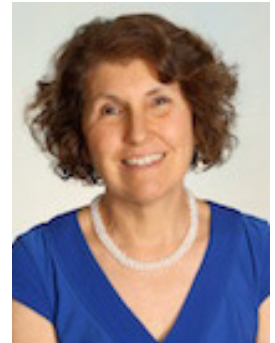
John Cunningham



John has been a student of Anthroposophy since 1978, a Waldorf Teacher since 1986, and an international trainer in Marshall Rosenberg's Nonviolent Communication (NVC) since 2000. He has worked to introduce and integrate an anthroposophical practice of Compassionate Communication into the international Waldorf School Movement. This individual practice maps the human encounter as a mystery event, a co-creative engagement with becoming. In addition to his communication trainings, since 2010 he has actively shared Restorative Circles, the work of Dominic Barter, a process that empowers communities to engage with conflict, and renew themselves by virtue of it. This practice is community-based.

Carol Triggiano

Carol Triggiano has been a teacher for over 35 years. She has taken two full classes through 8th grade and is currently teaching 7th grade. She has served as Chair of the College of Teachers, grade school chair and AWSNA delegate at the Chicago Waldorf School.



Schedule

Thursday, February 18, 2016

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|-----------------------|------------------------------------------------------------------------------------------------------------------|
| 1 -4 p.m. | First Class & Pedagogical Section Meeting
Development and Administrators Network of AWSNA Meeting |
| 4-7 p.m. | Registration |
| 5-6:30 p.m. | Light Supper |
| 7 p.m. | Welcome |
| 7:30-8:30 p.m. | Keynote: John Cunningham |

Schedule, cont.

Friday, February 19, 2016

- 8 a.m. **Breakfast**
- 8:30 a.m. **Announcements, Singing and Reflection on Keynote**
- 9:15 a.m. **Keynote: Carol Triggiano**
- 10:15 a.m. **Snack**
- 10:45 a.m. **Workshops**
- 12:15 p.m. **Lunch**
- 1:30 p.m. **Workshops**
- 3 p.m. **Snack**
- 3:30 p.m. **AWSNA Great Lakes Schools/Institutes Meeting** (each AWSNA member school/institute is asked to send one delegate/representative)
Special Interest Groups (sign-up at Registration)
- 5:30 p.m. **Dinner Out at Area Restaurants**
- 7:30-9 p.m. **An Evening of Playback Theatre** (more info in brochure)

Saturday, February 20, 2016

- 8 a.m. **Breakfast**
- 8:30 a.m. **Announcements, Singing, and Reflection on Keynote**
- 9:15 a.m. **Keynote and Conversation: John Cunningham and Carol Triggiano**
- 10:30 a.m. **Snack**
- 11:00 a.m. **Plenum and Workshop Sharing**
- 12:00 p.m. **Closing**
- 12:30 p.m. **AWSNA Delegates Lunch** (Box lunches to-go available for others)
- 1:30-5:00 p.m. **AWSNA Delegates Meeting**

Workshops

1. *Developing The Social Will*

It is one of our tasks in the age of the consciousness soul to make conscious that which works instinctually within the human soul. In these two sessions, we will seek to raise to consciousness a polarity of instinctual soul forces that play into and impact all interpersonal relationships. In bringing them into our awareness, we learn to wield these dynamic impulses: through one we foster individuality, through the Other we forge community. Come join us in our serious play!

John Cunningham has been a student of Anthroposophy since 1978, a Waldorf Teacher since 1986, and an international trainer in Marshall Rosenberg's Nonviolent Communication (NVC) since 2000. He has worked to introduce and integrate an anthroposophical practice of Compassionate Communication into the international Waldorf School Movement. This individual practice maps the human encounter as a mystery event, a co-creative engagement with becoming. In addition to his communication trainings, since 2010 he has actively shared Restorative Circles, the work of Dominic Barter, a process that empowers communities to engage with conflict, and renew themselves by virtue of it. This practice is community-based.

2. *Creating Healthy Parent-Teacher Relationships*

In this workshop we will explore ways to develop healthy parent/teacher relationships that support the work in the classroom. We will discuss how to set reasonable boundaries that promote mutual respect and a work/home life balance. We will also talk about effective forms of communication and productive ways to deal with conflict situations. Come and share the struggles and successes.

Carol Triggiano has been a teacher for over 35 years. She has taken two full classes through 8th grade and is currently teaching 7th grade at the Chicago Waldorf School. She has served as Chairperson of the College of Teachers, grade school chairperson and AWSNA delegate at the Chicago Waldorf School.

3. *Becoming More Living Learners*

Waldorf Schools are faced with many challenges: from deepening our pedagogical understanding, to truly meeting the children coming to us from an ever-changing world, to handling day-to-day disputes, to long range planning for a healthy future. One of the fundamental insights informing the work of Waldorf educators is how life forces working in the bodily development of young children emancipate with time in the service of awakening consciousness. This workshop will take a closer look at these life forces in the context of learning—both our own and that of the children. Rudolf Steiner spoke of a sevenfold differentiation of our life forces. We will investigate these “seven-life-processes” as learning gestures and consider how they might serve us in deepening our understanding of Waldorf education, as well as in addressing many issues that face us in the ongoing life of our schools.

Michael Holdrege is a high school life-science teacher at the Chicago Waldorf School. He also teaches at the Arcturus Teacher Education Program in Chicago, the Waldorf High School Teacher Education Program in Wilton, NH and is a member of the Pedagogical Section Council. After completing his Waldorf training in Stuttgart, Germany, he lived in Vienna, Austria for fourteen years, where he taught at the Rudolf Steiner School and at the Institute for Goethean Studies (which he co-founded).

Workshops, cont.

4. *Building A Solid Home: Collaboration In A Maturing School*

The Waldorf School of Pittsburgh is a maturing Waldorf School founded in 1993. As the school has grown and developed it has faced challenges, triumphs and uncertainty. Participants will leave this workshop with the story of this school's growth to organizational maturity and practical steps, systems and methods that they can apply in their own school.

Dr. Randall Bartlett was first introduced to Waldorf education when as a child he had a number of friends who attended the Hartsbrook Waldorf School in Hadley, Massachusetts. He gained further insight into Waldorf Education when he attended Antioch University New England to obtain his M. Ed. in Integrated Learning. After teaching in New Hampshire, Randy and his family moved to Pittsburgh and he began to work as a public school principal and central office administrator. His three children attend the Waldorf School of Pittsburgh. Randy joined the WSP's Board of Trustees in 2010 and became its President in 2011.

Kirsten Christopherson has a BA in International Communication and German from Dana College. She enrolled at Antioch New England University and graduated in 1996 with her [M.Ed.](#) and a Concentration in Waldorf Education K-8. After graduating, Kirsten taught at the Waldorf School of Milwaukee and then at the country's first Waldorf-inspired public school, the Urban Waldorf School in Milwaukee, Wisconsin until 2001. In 2002, she began teaching at the Waldorf School of Pittsburgh. There she has served as faculty chair, mentor, Interim Administrator and Expansion Coordinator as well as a mentor at other Waldorf schools.

5. *Introduction To The Social Art Of Playback Theatre*

Playback Theatre unfolds the heart of personal story. We share our individualities and find our common ground. Along with countless other venues, Playback Theatre is used in the classroom to address conflict. It develops capacities for listening and empathy, thereby supporting the strengthening of community. In these two sessions, we will access our spontaneous creativity, grow our ensemble abilities and experience the magic that is Playback.

Cat Gilliam has been actively engaged with Playback Theater since 1992, providing experiences of empathy, presence & connection using both performances and trainings. She holds a degree in Special Education. Cat began studying the practice of Nonviolent Communication (NVC) with Marshall Rosenberg in 2003. She has trained in prisons, universities, schools & organizations bringing the tools of NVC & Playback together to enliven, embody & bring clarity to new possibilities. Her trainings are filled with laughter, an elder's wisdom, and a living experience of soulful presence.

Workshops, cont.

6. *Threefolding Within And Without: A Eurythmic Exploration*

Join David Ecklund and Jacob Hundt, teachers at the Youth Initiative High School and organizers of the nascent Thoreau College www.thoreaucollege.org in Viroqua, Wisconsin, for a workshop exploring threefoldness in all areas of human life, from our psyches and physical bodies, to our interpersonal, organizational and societal, even cosmic levels. With eurythmy as our guide, we will cultivate a deepened experience of the quality of this quantity, this 'magic number'. Be prepared to move, to contemplate in stillness and to think out loud with others.

David Ecklund received his six years of eurythmy training both at the American Eurythmy School in California and at the Eurythmeum in Stuttgart, Germany, where he also taught for a year at the original Waldorf school. In between, he spent most of two years in Eastern Europe, including working for eight months in Camphills in Latvia and Russia, and attending the Lomonosov Moscow State University mastering the Russian language. He currently teaches German part-time at Youth Initiative High School, of which he was a founding student. David is a member of the founding circle of the nascent Thoreau College, and runs The Threefold Report.

Jacob Hundt grew up on a dairy farm in the Driftless Region of southwestern Wisconsin and was one of the founding students of the Youth Initiative High School in Viroqua, Wisconsin. He studied at Deep Springs College, the American University in Bulgaria, and the University of Chicago, earning a BA in History and an MA in Social Sciences. Since 2004, he has served as Program Director and Faculty Chair at the Youth Initiative High School and was a founding board member and instructor of the Driftless Folk School. Jacob is also a part of the founding circle working to create Thoreau College, a planned anthroposophical liberal arts college located in Viroqua.

7. *How To Connect: Finding Balance In An Age Of Inter(Net)Connectedness*

This workshop will focus on how to help students in our classrooms be more conscious when engaging in the «online» world that surrounds them. Through discussion, sharing and work with social games, we will work to connect with one another and share our collective wisdom in order to help meet this «brave new world» of social inter(net)connectedness.

James Boland is a grades teacher at Tamarack Waldorf School, currently teaching sixth grade. He is a graduate of Great Lakes Waldorf Institute and has taught in both the Waldorf Kindergarten and high school classroom.

8. *Clay in the Classroom*

This two part workshop will give participants hands-on experience creating animal and vessel forms, with a discussion about the practical issues of using clay in the classroom. In the second session, we will also work on collaborative projects and recommendations for grade level appropriate clay activities (K-8) in relationship to the curriculum.

Michael Imes serves on the Core Faculty for Great Lakes Waldorf Institute and was the Director of the GLWI teacher development program from its inception to 2011. Since 1988, he has been teaching ceramics at Carroll University in Waukesha, Wisconsin. Michael received his MFA from Southern Illinois University in Carbondale, his BA from Iowa Wesleyan College, and a Waldorf Teaching Certificate from AWSNA (1994) in the program directed by Ann Pratt and held at the UW-Milwaukee. He taught grades 1-8 and 5-8 at Prairie Hill Waldorf School.

Workshops, cont.

9. *Building And Tending The Vessel Of Our Waldorf Community*

The constellation of students, teachers, parents, and staff in our schools strives to collaborate and create a vessel capable of holding the magic which occurs when a Waldorf curriculum is offered. Communities, just like our personal relationships, require ongoing tending and conscious maintenance as the years go by. Ebbs and flows may be experienced between an individual and their relationship with a school organization. Through a variety of dialogue exercises, artistic activities and drama games, the group will explore ways to engaged in the social arts thereby building, tending and strengthening the vessel of our Waldorf Communities.

Marianne Fieber-Dhara is currently the Administrative Chair at Pleasant Ridge Waldorf School in Viroqua, WI. She has been a Waldorf teacher and administrator with several Waldorf Schools in the Great Lakes Region. She received her BFA in Theater Performance from the University of MN-Duluth and has spent decades performing throughout the world. She received a MS-Ed in Waldorf Education and Community Development from Sunbridge College and Waldorf Teacher Certification from Arcturus Rudolf Steiner Education Program. For over ten years she has been a member of the Central Regional Council of the Anthroposophical Society in America.

10. *Strengthening Our Life Forces*

Working with Eurythmy allows us to experience the restorative, healing and transformative forces of the etheric world. Over the course of these two workshops, participants will build a personal connection to a variety of supportive eurythmy exercises, ones they can use in a daily movement practice.

Mary Ruud is a Core Faculty member for Great Lakes Waldorf Institute. She also works as a therapeutic eurythmist and has been teaching Eurythmy to adults and children since 1982. She is dedicated to bringing Eurythmy to a wide public. As an adult educator, Mary also teaches for the LifeWays North America Early Childhood Training and Waldorf teacher training programs and workshops elsewhere. Mary received her Masters Degree in Liberal Studies in 2005 with an emphasis on ecology and earth healing.

11. *Teenagers Taking Initiative: Adolescents' Role in a Waldorf High School*

The goal of Waldorf education is to develop students' capacities to be creative, empathic, and clear-headed and ultimately to be able to make bold, purposeful decisions in their life. This workshop presents the history and current practices of the Youth Initiative High School (YIHS), now in its 20th year. We will begin with an overview of adolescent development which describes how the Waldorf high school curriculum inspires and challenges adolescents intellectually, artistically, and socially. Then, we'll focus on the unique contributions that YIHS has developed, especially community engagement and student involvement in the governing structures of the school. YIHS student representatives and teachers will share their experience and help answer questions. For educators interested in starting their own high school or innovating within their current high school.

Shawn Lavoie grew up in Massachusetts surrounded by a big Portuguese and French family. Fascinated by culture, he studied Anthropology at the University of Chicago and was an active political, artistic, and community organizer on campus and the South Side. Post-graduation, he met Waldorf education traveling the country with a small circus troupe. For the last 10 years he has been a core faculty member of Youth Initiative High School, where he teaches civics, circus, and humanities and is the Development Director. Shawn did his foundations studies with the Sophia Institute and earned his masters at the Harvard Graduate School of Education. He loves cooking, dancing with his wife, seeing teenagers grow into themselves, and playing with his two little children.

Workshops, cont.

12. *Mentor, Mentored And Collegueship*

- How do Waldorf teachers become life-long learners in a Waldorf school community?
- What is the role of a mentor and what skills do mentors need to develop to be able to help new colleagues grow stronger from within?
- How do new teachers learn and become confident Waldorf teachers with the support of a mentor? What does a new teacher need from a mentor?
- When colleagues clash how can they transform the crisis into a new opportunity to learn about each other and themselves?

Heather Church has served the Toronto Waldorf School and community in a variety of roles. She is currently the Parent and School Community Liaison working with parents and the TWS community to deepen their experience at the school, as well as on questions of parenting and Waldorf education. Heather is also currently studying with Christopher Schaefer and Marti Stewart on Collaborative Spiritual Leadership and is learning about Dynamic Governance. She is also the regional representative for WECAN (Waldorf Early Childhood Association of North America) and one of the Toronto Waldorf School delegates at AWSNA (Association of Waldorf Schools in North America).

13. *Forming A Circle Of Leadership*

Who are we as individuals and what is the inner source that informs our work, both individually and as a group? The agreements we shape and build, our working relationships and the individual and our collective commitment to the inner path of transformation are all subtly, or not so subtly, formative. Each group of colleagues who carry responsibility for a school has their own individual and collective history, character, strengths and challenges so it makes sense that we develop ways of working that fit our communities. So how do we form the healthy vessels of collaborative leadership out of what is typically called 'The College Imagination'? What is the content of the work and how does that work relate to the rest of the school community? (Please bring colored pencils. Paper and felt tip pens will be provided.)

Frances Vig is one of the founding members of the Chicago Waldorf School where she has taken two classes grade one through eight, been a subject teacher in the arts and is currently a high school arts teacher and class advisor. Frances is a member of the College of Teachers at CWS, has worked in teacher development, served as College Chair and is currently a member of the Board of Trustees. She has taught in various teacher education programs in North America. Frances is a member of the Pedagogical Section Council of North America and serves as a PSC representative to the Leadership Council of AWSNA.

Special Friday Night Event - Playback Theatre

An Evening of Playback Theatre!
Friday, February 19, 2016, 7:30-9:00 p.m.

Watch the heart of your story unfold with improvisational theater and music. Playback Theatre celebrates our individualities and reveals our universalities. Come connect, enjoy and discover the open hearted magic that happens. Facilitated by Cat Gilliam.
This optional event is open to the public; donations appreciated.

Lodging

Please call hotel directly and request "Tamarack Waldorf School" group rate.

HYATT REGENCY MILWAUKEE

333 W. Kilbourn Avenue, Milwaukee, WI 53203 414-270-6076 www.milwaukee.hyatt.com

Group discount: \$92/night (s/d occupancy)

- Complimentary wireless internet in guestrooms and public space
- 24-hour access to StayFit Club
- 24-hour access to Business Center

KNICKERBOCKER ON THE LAKE HOTEL

1028 E. Juneau Avenue, Milwaukee, WI 53202 414-276-8500 www.knickerbockeronthelake.com

Group discount: \$99/night for a Standard room

- Beautifully restored Classical Revival boutique hotel
- Limited on-site parking available
- 24-hour fitness center

THE ASTOR HOTEL

924 E. Juneau Avenue, Milwaukee, WI 53202 414-271-4220 www.theastorhotel.com

Group Discount: Courtyard Single Queen: \$89

- Charming, historic hotel within close proximity to Lake Michigan
- Free Wi-Fi
- Gym and Deck featuring beautiful city views

COUNTY CLARE IRISH HOTEL

1234 N. Astor Street, Milwaukee, WI 53202 414-272-5273 www.countyclare-inn.com

Rates runs from \$129.99 – 149.99 and include:

- High-speed Wi-Fi and Cable
- Complimentary Breakfast
- Parking in our private parking lot

UW-MILWAUKEE KENILWORTH GUEST HOUSING

1915 E Kenilworth Pl, Milwaukee, WI 53202 414-229-6588 www.uwm.edu/housing/guest-services/guest-housing-stay@uwm.edu or rgs@uwm.uwm

Rooms fill up quickly, so book your reservations as soon as possible.

- \$90/night for a single room
- \$100/night for an office suite (kitchen, bathroom, one bedroom and separate office room)
- \$130/night for a suite (kitchen, bathroom, and two private rooms)

HOMESTAYS

A few such opportunities will be available free or \$20/night. Call 414-277-0009 for more information.

Transportation

GENERAL INFORMATION

Tamarack Waldorf School, 1150 E. Brady Street, Milwaukee, WI 53202
414-277-0009;
www.tamarackwaldorf.org

NEAREST AIRPORT

General Mitchell Field MKE

SHUTTLE SERVICE

Go Riteway
1-800-236-5450
www.goriteway.com

- Prompt, door-to-door service to and from Airport
- Operates 24/7
- Services homes, hotels, and business
- Shared ride or private van service

NEXT NEAREST AIRPORT

Chicago O'Hare ORD

If you fly in and out of O'Hare, contact Wisconsin Coach Lines for the Milwaukee-Chicago Express Shuttle.
www.coachusa.com (888) 483-6543

OTHER GROUND TRANSPORTATION

Transportation Networks:

- Lyft www.lyft.com/cities/milwaukee The Lyft app matches you with friendly local drivers at the tap of a button. Just request and go. After the ride, simply pay through your phone.
- Uber www.uber.com/cities/milwaukee The Uber app connects you with a reliable ride — from low-cost to premium — in minutes. Payment is automatic through the app and fares are usually cheaper than a taxi.

Taxi Service

- American United Taxi Milwaukee 414-220-5000 www.autmke.com

IMPORTANT INFORMATION FOR CANADIAN CITIZENS

Canadian citizens traveling by air to, through or from the United States must present a valid passport or a valid Air NEXUS card at kiosks at participating airports. This applies to all travelers, regardless of age, including children.

Canadian citizens traveling to the U.S. by land or sea must present one of the travel documents listed below:

1. Canadian Passport - This is an internationally recognized travel document that verifies a person's identity and citizenship. It is accepted for travel by air, land and sea.
2. Trusted Traveler Programs - NEXUS, FAST/Expres and SENTRI enrollment cards can speed your entry into the U.S. and are issued only to pre-approved travelers. FAST/Expres cards are valid for use at land or sea ports of entry; the NEXUS card can be used at land or sea ports of entry and at kiosks at participating airports.
3. Enhanced Driver's License/Enhanced Identification Card - Canadian provinces have begun issuing these documents that denote identity and citizenship that are WHTI-compliant for cross-border travel into the U.S. by land or sea.

Registration

CONFERENCE FEES

\$175 if registered by February 5, 2016; \$200 if registered after Feb. 5.
\$10 for Thursday night dinner; \$15 for two breakfasts; \$10 for box lunch Saturday

Please completed this registration form and return it with your payment to:
Tamarack Waldorf School, Attn: AWSNA Conference
1150 E. Brady Street, Milwaukee, WI 53202

YOUR INFORMATION

Name: _____

School/organization: _____ Position: _____

Address: _____

City: _____ State: _____ Zip: _____

Preferred phone: _____ Alt. phone: _____

Email: _____

WORKSHOP CHOICE *Please list Workshop Number and the first few words of the title in order of preference.*

1st _____ 2nd _____

3rd _____

OTHER CHOICES

Meal Preference

Vegetarian Non-Vegetarian Gluten-Free Dairy Free

I will be attending the DANA meeting Thursday afternoon

I will be attending the First Class/Pedagogical Section meeting Thursday afternoon

I plan to attend the Thursday evening dinner (\$10)

I will be having breakfast Friday and Saturday mornings (\$15 total)

I would like the box lunch Saturday afternoon (\$10)

I will be staying for the delegates' meeting (lunch is included)

TOTAL DUE

Registration Fee (\$175 by Feb. 5; \$200 after): _____

Optional meals – Thursday evening \$10 _____

Two breakfasts \$15 _____

Saturday box lunch to-go \$10 _____

Total _____

Registration, cont.

PAYMENT OPTIONS

Check: Make checks payable to Tamarack Waldorf School.

Credit Card: VISA MasterCard

Name as it appears on card _____

Billing Address: _____

Card Number _____ Expiration Date _____

Security Code (as it appears on card) _____

Total amount to charge _____

Signature _____

DELIVERY OPTIONS

Mail to: Tamarack Waldorf School, Attn: AWSNA Conference, 1150 E. Brady Street, Milwaukee, WI 53202

Email: office@tamarackwaldorf.org

Fax: 414-277-7799

Other Information

Thursday Afternoon's Meetings 1-4 p.m.

First Class & Pedagogical Section Meeting - All members of the First Class of the School for Spiritual Science are welcome to this gathering, facilitated by Frances Vig and Mary Ruud.

DANA Meeting - All Administrative staff are invited to arrive early to attend our annual regional meeting to network, converse and share about our shared administrative work. Facilitated by Marti Stewart and Siobhan Hughes.

Transportation Between Hotels and Tamarack

We are arranging shuttle service between the hotels and Tamarack so attendees arriving by plane should not need to rent a car.

"Lecture-only" Attendance

People in the local community are welcome to attend a keynote lecture for a donation of \$10-\$20.