

Jewish Family Service Programs and Activities-Early Summer 2016

JFS BLENDED FAMILIES WORKSHOPS-Thursdays, June 9th, July 7th and August 4th, 7:00-8:00 pm at *JFS, 733 Sumer Street, Stamford*. A series of evening workshops, co-sponsored by BCDS and co-facilitated by Eve Moskowitz, Rebekah Kanefsky and Bob Abrams, Jewish Educator and patriarch of a successfully blended family. The workshops will focus on “blended families”, making co-parenting, step-parenting and parenting alone work for families. Free to the community. Light refreshments served. RSVP required at 203-921-4161 or email emoskowitz@ctjfs.org

JFS College: Getting There from Here--Thursday, June 16th from 7-8 pm at the *Stamford JFS office*. Join college financial planning professionals discuss the options to pay for college. FREE and open to the community. To register, contact, Claire D. Friedlander at clairef@ctjfs.org or call 203-921-4161.

JFS LIFE TRANSITIONS—Wednesdays at 3:00 pm Support group for the unemployed at the *Stamford JFS office, 733 Summer Street, 6th Floor*. The group will provide a forum to discuss and explore the concerns and issues related to job loss and to find alternative solutions for career satisfaction. The group is a collaborative effort between JFS Counseling and Employment & Training Departments. To register or for more information, please contact Nadja Streiter at 203-921-4161 or email at nstreiter@ctjfs.org

JFS New Beginnings, Mondays, 7:00-8:00 pm Support group for separated or divorced at *Westport JFS office, 431 Post Road East, Suite 11*. To register, contact Nadja Streiter at 203-921-4161 or email at nstreiter@ctjfs.org

Let's Talk- Thursdays, 11 :00 am Free at the *Stamford JCC, 1035 Newfield Avenue*. Seniors talk about common interests and concerns, facilitated by a Jewish Family Service counselor. Contact Connie Cirillo Freeman at 203-487-0983 or cfreeman@stamfordjcc.org

JFS Brain Fitness Pilot Program Working with clients experiencing early stage dementia or Alzheimer's in the client's home. Contact Matt Greenberg at 203-921-4161 or mgeenberg@ctjfs.org

SNAP Enrollment Workshops For adults and seniors, JFS will be providing information and eligibility assistance for the Supplemental Nutrition Assistance Program (SNAP-formerly food stamps). **The second Wednesday of every month at 2:30 pm in the Stamford office (733 Summer Street, 6th Floor), SNAP Enrollment Workshops** will be presented monthly. For additional information or to register, please contact Rebekah Kanefsky, JFS Case Manager at 203-921-4161 or email rkanefsky@ctjfs.org.

SNAP Enrollment Workshops For adults and seniors, JFS will be providing information and eligibility assistance for the Supplemental Nutrition Assistance Program (SNAP-formerly food stamps). **The second Tuesday of every month at 11:00 am in the Westport office (431 Post Road East), SNAP Enrollment Workshops** will be presented monthly. For additional information or to register, please contact Rebekah Kanefsky, JFS Case Manager at 203-921-4161 or email rkanefsky@ctjfs.org.