



## The Dynamics of Money: Helping Your Clients Create Financial Health

With Judith Gruber, LCSW, CCEP, EMM

The options for financial health are expanded when money is understood not simply as negotiable currency, but as a dynamic force in our lives that directly correlates to our positive and negative intentions. Helping our clients address money issues, such as overspending, worrying, acting in an obsessive-compulsive manner, and avoiding daily financial responsibilities, is a critical core skill which will help them cultivate and transform self-defeating behavior patterns into positive energy.

**This fun, experiential workshop will give you power tools to help you:**

**Explore** how we use money as a reflection of our beliefs, attitudes and self-perceptions, and how our misconceptions and self-imposed images lead to negative and addictive behavior patterns.

**Learn** specific tools to help our clients understand how to make conscious and informed choices on a daily basis.

**Identify** our money personality types and learn how to create new attitudes and actions for renewal, change and growth.

**Understand** how the dynamics of money affects us on the physical, emotional, mental and spiritual levels.

**...AND MUCH MORE!**

**3 Dates for the Same Essential One-Day Workshop**

**Fridays: March 20, April 17, June 19, 2015**

**Time: 9:30am-4:30pm**

**Location:** VFW Post, 39 Columbus Avenue, Niantic, CT (across from McCook's Beach)

**Cost:** \$129 Early Bird Registration (until 21 days prior to workshop date) or Regular Registration \$139 (less than 3 weeks before the workshop date)

**Credit Cards, Checks and Cash accepted**

**This workshop is approved for 6 Continuing Education Credit Hours by NASW/CT and meets the continuing education criteria for CT Social Worker, Marriage and Family Therapist, and Professional Counselor licensure renewal.**

Registration and Information <http://www.moneyandempowerment.com/dynamics>

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