

REGISTRATION FORM | 7th Annual Jeffrey K. Harris, MD Memorial Integrative Health Care Series

Name: _____
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Breakout Sessions you prefer to attend: 1. A B C 2. A B C
Do you want 6 CME/CCEU credits for attending this conference? Yes No
License # required for Educational Credits: _____

Mail Payment (Checks payable to MCMS) and Registration to: MCMS, 132 Allens Creek Rd. Rochester, NY 14618
Or Fax registration to: (585) 473-7641 | Questions? Call Ginny Ruderman (585) 473-7573

Credit Card Payment
MC Visa Card#: _____ Exp. Date: _____
Name as it appears on card: _____ 3-Digit Verification Code: _____
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Registration Prices

Before Feb. 15, 2014

CME: \$150

No CME: \$100

After Feb. 15, 2014

CME: \$170

No CME: \$120

Prices include Breakfast,
Lunch, Snacks, and
Registration.

Dietary Restrictions:

Gluten Free Vegan

Speakers & Presenters

Mary Coan, MD, PhD Integrative Family Care, The Springs, Clifton Springs, NY

Marnae Ergil, LAc Professor, New York Chiropractic College, School of Acupuncture and Oriental Medicine, Seneca Falls, NY

Barbara Goshorn, RN, MSACN Private practice in Applied Clinical Nutrition, Webster, NY. Clinician, lecturer, and wellness educator.

Sanford Levy, MD Private practice Integrative and Holistic Medicine, Amherst, NY

Debby Hamilton, MD, MSPH Founder, Holistic Pediatric Consulting, an Integrated/Holistic approach for child health care, Boulder, CO.

Denise Millstine, MD Women's Health and Integrative Medicine, a patient centered medicine at Mayo Clinic, Phoenix, AZ

Kristina L. Petrocco-Napuli, MS, DC Associate Professor in Chiropractic Clinic Sciences Department, Chiropractic College, Seneca Falls, NY

Aviva Romm, MD A pioneer living and practicing the integration of science (Yale, MD) with Nature provided medicines (Herbalist, Midwife) for a happy, healthy life at The UltraWellness Center, Lenox, MA

Marit Sheffield, MD Private practice obstetrician and gynecologist using an integrated medical and psychological treatment model, Rochester, NY

Wendy Warner, MD, ABIHM Holistic gynecologist, educator, writer and founder of Medicine In Balance, Langhorne, PA

Linda Heron Wind, PhD. Licensed psychologist who works in holistic ways that honor body, mind, emotions, and spirit.

Lily Wolf, LMFT Marriage and Family therapist with a special focus on female sexual desire and arousal, Alfred, NY

Patti Wood Visiting Scholar, The College of Nursing and Public Health, Adelphi University, Executive Director of Grassroots Environmental Education, common environmental exposures and human health.



Saturday, March 22, 2014 | 8AM - 5PM

Women's Health and Well-Being Through Integrative Medicine.

7th Annual Jeffrey K. Harris, MD
Memorial Integrative Health Care Series

TWIG Auditorium
Rochester General Hospital

Schedule of Events

- 7:00 – 7:55 **Registration/Breakfast**
- 8:00 – 8:10 **Logistics & Welcome**
Lesley James, MD
- 8:10 – 8:20 **Opening Ceremony**
Linda Heron Wind, PhD.
- 8:25 – 9:15 **Why Buy Into Women's Integrative Medicine? A Guide for Professionals On the Fence**
Aviva Romm, MD
- 9:20 – 10:10 **Integrative Medicine for Breast Health: A Focus on Cancer**
Denise Millstine, MD
- 10:10 – 10:40.. **Break**
- 10:40 – 11:30 .. **Changing the Focus in Menopause Management: The Impact of Adrenal Dysfunction on Ovarian Hormones**
Wendy Warner, MD
- 11:30 – 11:45 .. **Q&A**
- 11:45 – 1:00 **Lunch**
- 1:00 – 1:50 **Breakout Session 1**
- 1A **Osteoporosis Prevention and Treatment: A Lifestyle Approach**
Sanford Levy, MD
- 1B **Chronic Pelvic Pain: Acupuncture and Chiropractic Management as a Treatment Option** Kristina L. Petrocco-Napuli, MS, DC and Marnae Ergil, LAc
- 1C **Dietary Interventions for Metabolic Syndrome**
Barbara Goshorn, RN, MSACN

- 1:55 – 2:45 **Breakout Session 2**
- 2A **Preconception Care: The Missing Link for Healthy Women Having Healthy Babies**
Debby Hamilton, MD
- 2B **Bioidentical Hormones: What, When and Why**
Mary Coan, PhD, MD
- 2C **Broadening Traditional Notions of Sexuality** Lily Wolf, LMFT, and Marit Sheffield, MD
- 2:50 – 3:20 **Break**
- 3:25 – 4:15 **A Woman's Role in An Increasingly Toxic World**
Patti Wood
- 4:15 – 4:45 **Q&A/Wrap Up**

Accreditation and Continuing Education

Physicians, Physician Assistants | This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Medical Society of the State of New York (MSSNY) through the joint sponsorship of the Rochester Academy of Medicine and Rochester General Hospital. The Rochester Academy of Medicine is accredited by The Medical Society of the State of New York (MSSNY) to provide continuing medical education for physicians.

The Rochester Academy of Medicine designates this live activity for a maximum of 6 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Advanced Practice Nurses/Nurses | This educational activity was planned and produced in accordance with the ACCME and ANCC Essentials and Standards relating to continuing medical and nursing education. This Activity has been submitted to the Rochester General Health System for approval to award contact hours.

Rochester General Health System is an approved provider of continuing nursing education by Massachusetts Association of Registered Nurses, Inc., an accredited provider.

Doctors of Chiropractic: Pending NYS Board Approval for Chiropractic CE

Course Introduction

INTEGRATIVE MEDICINE focuses on the whole person, mind-body-spirit, and acknowledges that the relationship between patient and provider in itself can be healing. It is inquiry driven and makes appropriate use of both conventional and alternative methods. Jeffrey K Harris, MD embodied these principles and was a pioneer in our community. He leaves, his gift of integrative medicine as a legacy and we dedicate this conference to this model of astute, accepting, and holistic caring.

Women—the healers, multitaskers, mothers and sisters—have a story to tell. Only when we listen are we best able to care. By attending this conference local physicians and practitioners will be better able to provide health care for the incredible women they care for in their practices.

CONFERENCE

GOALS: Attendees will be able to describe the role of Integrative Medicine in Women's Health Care

OBJECTIVES:

- define different integrative modalities in women's health
- describe the interplay of adrenal, ovarian and other regulatory hormones
- identify epigenetic factors such as dietary choices and environmental toxins and their impact on women's health
- outline the use of Traditional Chinese Medicine and Chiropractics as it relates to pelvic pain

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