

LITTLE ROCKERS KIDS MARATHON



presented by

FINAL RACE INSTRUCTIONS

IMPORTANT! PLEASE READ THIS DOCUMENT!!!

When: Saturday, March 5, 2016
Start Time: **11 am**
NEW Start: Scott Street (between Capitol & 4th Streets)
NEW Finish: Main Street (between 4th & 3rd Streets)

Congratulations! Your Little Rocker is about to complete his/her marathon journey. We hope your child has had fun and will continue to keep moving long after race day. The information contained in this document will give you all the information needed for your child's participation in the Final Mile. Please read all information in this document carefully and go over it with your child.

When you registered your child, if you answered "YES" to the question 'Will you participate with your child on race day?', then you are the chaperone. You are registered and your child is good to go. On the other hand, if you answered "NO" to the question, then someone else was supposed to register as your child's chaperone at your direction. If the person you designated did NOT register, your child can not participate in the final mile.

IMPORTANT NOTES

- Chaperones must wear the race number for each child they are responsible for.
- **Don't forget your child's race number.** Pin your child's race number to the front of his/her clothing prior to arriving at the race.
- **Be sure to fill out the emergency contact information on the back of your child's number.**
- There is ample parking in downtown Little Rock.
- Maps are available on the Little Rockers page at www.littlerockmarathon.com.



When and where can I get my child's race number, the chaperone's race number and race packet?

Friday, March 4 - ONLY

10 am to 7 pm

Little Rock Marathon Health & Fitness Expo
Statehouse Convention Center (Markham & Main Streets)
Downtown Little Rock

THERE IS NO PACKET PICK UP ON RACE DAY!

Why does my child need a race packet?

The official race packet includes:

- Your child's official Little Rockers race number (no child or chaperone will be admitted into the start corrals without a race number). Your child **MUST** wear his/her assigned race number on the **front** of his/her clothing on race day. All children must have an official race number to participate.
- Your child's chaperone race number, which matches your child's race number.
- Official participant shirt
- Last minute instructions.

What do I need to pick up my child's race packet?

If your child has not been training with an official group, you must present proof that he/she has completed at least 25.2 miles when you pick up your child's race packet.

What time and where does the race start?

Plan to be at the race early. The start line and finish line are different than in year's past. The race starts at 11 am, so you should be at the start line no later than 10:30 am (*car parked no later than 10:15 am*). The start line is a few blocks from the finish line. Please see map insert to familiarize yourself with the area.

Does my child need an adult to participate race day?

Yes! A parent or trusted adult **MUST** be registered and accompany your child at all times race day. Children will not be allowed in the start corrals or on the course if they are not accompanied by a registered adult.

- One adult may participate my chaperone up to 3 children and must be with the child(ren) at all times.
- The adult will be issued the same race number as the child(ren) his/her is chaperoning. That race number(s) **MUST** be on the front, outer-most layer of the torso.

Expect a large crowd. Approximately 2,000 children and 1,700 adult chaperones will be participating in the final mile.

Where do I park?

Parking is available all over the River Market District and downtown. When you are coming to the race know that many streets are closed so that we may prepare for 15,000+ participants Sunday morning. Please review the parking map in these instructions and check the website for the latest street closures.

Do I have to run/walk the Final Mile with my child?

Your child has to be accompanied by you or a trusted adult. When you registered your child, we asked you if you would be participating in the final mile with your child. If you said “yes” then we have you down as the chaperone. Your registration confirmation is the email you received after your child’s registration was accepted online. If you said “no”, then you designated a chaperone and that chaperone has hopefully signed up. Please confirm that your chaperone has received his/her confirmation.

Course & Start Line

At approximately 10:45 am, we will call the Little Rockers to the start corrals, which are on Scott Street. The start line will be staggered by age group. 7th grade children in front, then 6th grade, then 5th grade, and so on all the way down to 1st grade children in the last start corrals.

Each grade will be partitioned off with gating in the start corral. Volunteers will be holding signs indicating the specific grade in each corral. Please be certain that your child (and his/her chaperone) starts with the correct grade group. Each group will start 1-2 minutes behind the start of the grade in front of them.

Smile BIG!

Official race photographers will be at the finish line to capture your child’s special moment. Photos will be available online a few days after the race. Please visit the home page of www.littlerockmarathon.com.



Finish Line

When your child (and his/her chaperone) crosses the finish line, he/she will enter a secure area where volunteers award each child their official Finisher’s Medal. Sorry parents, but the medals are for the children and not parents/chaperones.

After medals are awarded, your child (and chaperone) will be given something to drink, have their official photo taken and then will be directed out to the finish line.

In the event that a child crosses the finish line without his/her chaperone, the child will be placed in the Safety Zone until the parent/chaperone catches up.

The Safety Zone is divided into colored corrals, which will be marked by large flags that correspond to race number colors. Please instruct your child to go to the flag that



matches the color of his/her race number. Volunteers will be in the finish area to help your child get where he/she needs to go.

For the safety of all participants, we ask finishers to continue moving forward through the finish line.

- No stopping or “waiting for someone”.
- No going back for someone.
- Sitting or lying down in the finish area will get you immediately transported to the medical tent. You will not be released until cleared by the medical staff.

The finish line will close at 12:30 pm.

Unsportsmanlike Conduct

Unsportsmanlike conduct is unacceptable and will not be permitted during any Little Rock Marathon event. “Unsportsmanlike conduct” shall include, but is not limited to, failure to heed the instructions of race officials; intentional or disregard of the rules, or abusive language and/or actions toward any race official, volunteer, participant, or spectator. Individuals behaving unsportsmanlike may be disqualified (at the discretion of race officials), have their registration terminated, and be prohibited from participating in future Little Rock Marathon events.

Weather

Weather will be monitored constantly from a direct link with the National Weather Service Forecast Office in Little Rock. With a reasonable likelihood in March, the threat of a tornado, extreme heat or icy conditions could prompt the cancellation of the event for all participants. Severe thunderstorms with the threat of lightning that are threatening the course and are forecasted to continue throughout the day of the event may also result in cancellation of the event for all participants.

Race officials will make decisions regarding the cancellation or alteration of the race. In the event of a course evacuation, marathon personnel or City of Little Rock Police will direct participants to designated shelter areas.

PLEASE DRESS YOUR CHILD APPROPRIATELY FOR THE WEATHER. They will be outside for two hours and running for less than 20 minutes.

Can’t make it race day?

If your child is unable to participate on Saturday, March 5th, you may still pick up his/her race packet at the Health & Fitness Expo. Once your child has completed his or her 26.2 miles, and after March 7, contact Jennifer Pomerleau to arrange to get your child’s medal. It will be up to you to make sure they finish their mileage before you give them their medal. If you have questions, please email Jennifer Pomerleau rjerog@att.net after the race.

Questions?

Jennifer Pomerleau, Chair
rjerog@att.net

More information is available at
www.littlerockmarathon.com

LITTLE ROCKERS KIDS MARATHON

presented by
DELTA DENTAL

Date: Saturday, March 5, 2016

Start Time: 11:00 am

Start Line: Scott & 4th Streets

Finish Line: Main & 3rd Streets

4ft fence

6ft fence

bike barricades

HEALTH & FITNESS EXPO
PACKET PICK UP
GEAR CHECK

MARKHAM STREET

SCOTT STREET

2ND STREET

3RD STREET

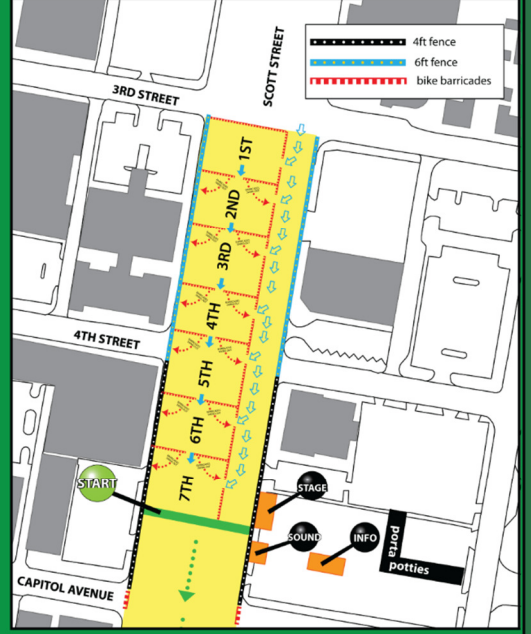
4TH STREET

CAPITOL AVENUE

LOUISIANA STREET

MAIN STREET

START LINE AREA



START

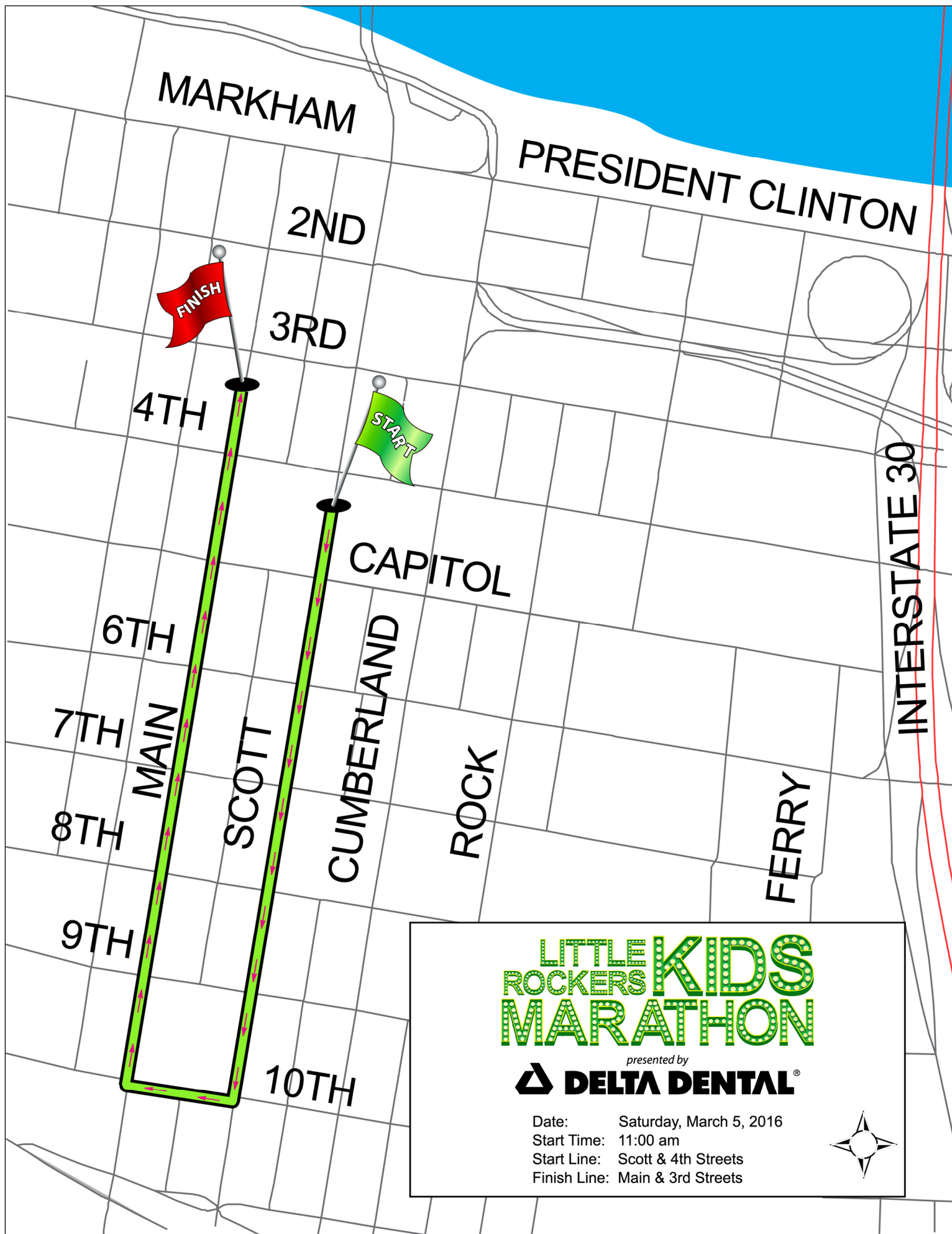
START CORRALS

STAGE

SOUND

INFO

porta potties



LITTLE ROCKERS KIDS MARATHON

presented by

 **DELTA DENTAL**®

Date: Saturday, March 5, 2016
Start Time: 11:00 am
Start Line: Scott & 4th Streets
Finish Line: Main & 3rd Streets

