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www.littlerockmarathon.com
a division of Little Rock Parks & Recreation



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For Immediate Release

Little Rock Marathon Registration Opens August 17

Race Officials Anticipating More Than 13,000 Participants for 2016 Season

LITTLE ROCK, Ark. (July 27, 2015) – Little Rock Marathon race officials today announced that registration will open at 10 a.m. CST on Aug. 17 for its 2016 event to be held March 5-6, 2016. The Little Rock Marathon Weekend is presented by the *Arkansas Democrat Gazette* and benefits Little Rock Parks & Recreation.

Race Weekend events include the 14th Annual Little Rock Marathon, the Little Rock Half Marathon, presented by Baptist Health; the Little Rock 10K, presented by Windstream Communications; the Little Rock 5K Fun Run/Walk; the Little Rockers Kids Marathon; and the Little Rock Health & Fitness Expo.

Registration for the Little Rockers Kids Marathon will open in early September.

The Little Rock Marathon offers a training program to individuals participating in the 2016 race. Official training begins Sept. 21 with a "build-up" training phase beginning on Aug. 10. The Little Rock Marathon Training Program, presented by Bill Torrey's Rock City Running and KARK Channel 4, is free of charge but registration is required.

Registration will be available online at littlerockmarathon.com through 8:00 a.m. CST Feb. 26, 2016.

In the past, all races have sold out, due in part to the famously HUGE finisher's medals and fun race themes. Race officials anticipate another sell out before the end of the year.

For more information about deadline, details and the race, visit littlerockmarathon.com or contact the Little Rock Marathon office at (501) 371-4639.

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About Little Rock Parks & Recreation

Little Rock Parks and Recreation oversees 60 developed parks and twelve undeveloped parks totaling over 6,100 acres. In addition, the Little Rock Parks & Recreation offers a wide-range of youth and adult recreational and sports leagues, after-school and summer playground programs for children ages 6-15, outdoor recreation, therapeutic recreation and programs for seniors. Funds raised will continue to support parks and recreational programs for all ages. For more information about Little Rock Parks & Recreation please visit www.lrpr.org.

About the Arkansas Democrat Gazette

The Arkansas Democrat Gazette is the state's largest and oldest newspaper. It brings the citizens of Arkansas news about not only their communities and their state, but also the world. It prides itself on producing award-winning journalism and its service to Arkansans.

About Baptist Health

Baptist Health exists to provide quality patient-centered services, promote and protect the voluntary not-for-profit health care system, provide quality health education and respond to the changing needs of the citizens of Arkansas with Christian compassion and personal concern consistent with our charitable purpose.

About Windstream Corp

Windstream Corp. (Nasdaq: WIN), a FORTUNE 500 and S&P 500 company, is a leading provider of advanced network communications, including cloud computing and managed services, to businesses nationwide. The company also offers broadband, phone and digital TV services to consumers primarily in rural areas.