

Sat Nam,

BREATHE is coming to Española. This is part of the Lord of Miracles Tour in Honor of Guru Ram Das. This is a pranayam meditation workshop for the general public, held at the historic Plaza of Española on Nov. 7 from 2-5 pm. Free admittance.

**We Need Sangat To Help Bring This FREE Event To Life:**

**Please Sponsor**

*Chair Rental* - We need to rent extra chairs.

*Paper Goods* - We need paper goods (bowls, spoons, napkins) to serve the langar.

**Day Of** - We need participants for:

- Chair set-up and break down - 4-5 sevadars
- Greeters to pass out programs - 4 sevadars
- Langar service - 8 servers
- Clean up - 4 sevadars needed to make sure there is no trash left in the area.

**Digital Networking** - Send an email invite to your family, friends, co-workers, or email lists you may be able to leverage. Contact us at [breathe@khalsa.com](mailto:breathe@khalsa.com) and we'll send you the email invitation you can forward to people. Let's get the word out and let's do it ASAP as the event is soon. You can also [like the facebook page](#).

Please contact us to sign up for any of these sevas.

Thank You,

Event Organizers:

Harijot Singh &

Gurujot Singh - cell: 505-692-9093

event email - [breathe@khalsa.com](mailto:breathe@khalsa.com)