

Dear All,

Thank you for all you have done to support Carly and her family. I spoke with Mrs. Nguyen last night and the family is overwhelmed that so many "strangers" have gone out of their way to help them during this difficult time.

After speaking with the Nguyen family, Sister Ellen Marie, Mary Clare and I began to brainstorm how we could help and what we could do to organize the troops!

I have created a google doc that has been approved by the family. The document will help provide meals, prayer, visits and notes to Carly from June 1 through the end of July. We can reassess the family's needs at that point.

Please feel free to add your name to the google document if you are able to in any of the suggested ways. Please consider the following notes if you are able to sign up:

**1. Meal/Gift Card:** The family is currently "living at the hospital" and only have one mini fridge. Ronald McDonald House is across the hall and they do have a shared fridge there but families have to label their individual items. There is a shared microwave as well. We could work out a plan where you could bring the meals to the hospital or to school and I could bring them to the family. If Carly is discharged, the family promised to let me know so we could visit and bring meals to their home. We think it might be easier for most to donate a gift card that the family could use it toward a meal each night. The family consists of Carly, Mr. and Mrs. Nguyen, Calvin (22) and Christine (24). The family's only food request was little to no cheese in the prepared meals.

\* To date Carly is scheduled to have a bone marrow transplant in the middle of July. If this does occur she will have radiation for 5 days and 2 times a day. The following week she will have chemo 2 a day for 5 days. I think during this time, she is not allowed to have visitors and she definitely cannot have visitors for a period of time directly following the transplant so that might change our visit/meal plans but we will work to keep everyone posted.

**2. Prayer:** I know we are each praying for Carly and her family but we thought it would be nice to have a person(s) sign up to make praying a priority that day for Carly. We all know, there is power in prayer!

**3. Visits:** The family would love visitors. Mrs. Huong Nguyen's phone number is [301-367-1784](tel:301-367-1784) and Carly's cell number is [301-525-3270](tel:301-525-3270). I would call or text to make sure the family is up for visitors on your day. Carly has good and bad days and in case the family leaves the hospital you can head to their home instead. If anyone has questions about where to park when you visit at the hospital or what room Carly is in, feel free to email me or Mary Clare. My cell # is [301-641-0127](tel:301-641-0127).

**4. Note for Carly:** You can feel free to send the note to Carly's home address and the family can bring it to her in the hospital. Carly's home address is 12711 Laurie Drive Silver Spring, MD, 20904 or you can bring in the note and I can collect them and bring them by when I visit.

\*\* Carly's mom brought by some bone marrow donor info packets and test kits (10). I have them in my office in case you want to grab one for you or a friend.

Please let me know if you have any questions or need anything!

Thank you for everything and for all your support :)