

ELIZABETH SETON HIGH SCHOOL—APRIL 2015

Monday	Tuesday	Wednesday	Thursday	Friday
GF: Gluten Free V: Vegetarian	Available Daily: Salad Bar with Fresh Fruit, Deli Bar, Protein Salads	1 Chicken ~ Steak Fajita ~Vegetable Fajita~ Sour Cream ~ Guacamole Black Beans simmered with Garlic Steamed White Rice Blondie	2 NO LUNCH SERVICE	3 NO LUNCH SERVICE
6 NO LUNCH SERVICE	7 NO LUNCH SERVICE	8 NO LUNCH SERVICE	9 NO LUNCH SERVICE	10 NO LUNCH SERVICE
13 Chicken Tenders ~Macaroni & Cheese~ Broccoli Spears Apple Crisp	14 Corn Chowder Turkey Taco Burrito Bowl ~Black Beans & Roasted Corn~ Cilantro Lime Infused Rice	15 Linguini Pasta Bar Pomodoro ~ Bolognese Sauce Mixed Vegetable Medley Jello	16 Tomato Feta Soup (GF, V) Fish Taco ~Ratatouille~ Roasted Brussel Sprouts	17 Mongolian Beef ~Vegetable Lo Mein~ Sauteed Mushrooms Chocolate Brownie
20 Chili Con Carne ~Vegetable Chili~ Chopped Onions, Shredded Cheese, White Rice ~ Glazed Carrots Cornbread Squares Yogurt	21 Italian Wedding Soup Chicken ~ n ~ Waffles ~Spinach Quiche~ Syrup ~ Butter ~ Honey Braised Kale	22 Beef Stew ~Vegetable Stew~ Cornbread Squares Lemon Bar	23 Chicken Tortilla Soup (GF) Chicken Quesadilla ~Vegetable Quesadilla~ Guacamole, Sour Cream, Refried Beans Lime Cilantro infused Rice	24 Turkey Reuben ~Vegetable Reuben~ Summer Slaw Mixed Vegetables Oreo Chunk Cookie
27 Rotini with Meatballs ~Rotini with Marinara Sauce~ Garlic Bread Collard Greens Chocolate/Vanilla Pudding	28 Turkey Gumbo BBQ Chicken Drumsticks ~Sweet Corn Pudding~ Mashed Potatoes Green Peas	29 Philly Cheese Steak ~Roasted Vegetable Sandwich~ Sun Chips Chocolate Eclair	30 Greek Chicken Orzo Soup Chicken Flatbread Sandwich ~Quinoa Primavera~	