



**Clark County Department of Family Services**  
**QPI Nevada Training Reviews**  
**A Service of the Foster Parent Champion Program**  
*Making Caregivers' Lives Easier*

**DFSFPC@ClarkCountyNV.gov (702) 455-1149**



**Note:** Training videos are located at QPI Nevada's Just in Time website (<http://gpinevada.cbcs.usf.edu/clark/index.shtml>). Videos can be found listed by both Topic and Presenter. Videos may fall under multiple topics, and therefore may be listed more than once on the website. Videos here are listed only once, by alphabetical order.

**A Collaborative Approach to Responding to Traumatized Children: Trauma Work with Children in Child Welfare (Part 1 & 2: Triggers & Echoes)**

The objective of the training is to provide the audience with the tools and knowledge to effectively identify traumatized children. The training presents information on the way traumatic events overwhelm a child's capacity to cope, and the audience learns how to respond to traumatized children. They also learn how to identify triggers of trauma, define traumatic events, and cope with the resulting emotions. At the end of the training, the audience will understand how to identify, support, and promote positive, stable relationships in the life of a child who is traumatized.

**Topics: Trauma-Informed Care**

**Length: 2 hrs 1 min. Credit hrs: 2. ★★☆☆**

**A Foster Parent's Guide to a Child who is blind or Visually Impaired**

The objective of this training is to educate caregivers on how to best meet the needs of visually impaired children. The training presents tangible ways to prepare the home

for visually impaired children and information on how to seek out the appropriate educational resources for the children. The audience learns what role a caregiver can play in advocating for a visually impaired child in the educational system. At the end of the training, the audience will understand the essential steps of caring for a visually impaired child, including advocating for the child at school and seeking out programs to best serve the child.

**Topics: Dental and Medical Needs**

**Length: 38 min. Credit hrs: 0.5 ★★☆☆**

**About the Quality Parenting Initiative and Being a 21<sup>st</sup> Century Foster Parent**

The objective of this video is to explain the Quality Parenting Initiative (QPI). The training presents the basic meaning and concept of this initiative. The audience learns that the QPI is geared towards providing quality parenting for every child, stressing that the initiative strives for child welfare staff and foster parents to work together to give foster children the things that they deserve. At the end of the video,

the audience understands the purpose of QPI and the way it positively impacts children.

**Topics: Systems and Advocating for Children & Youth**

**Length: 7 min. No credit hrs. ★★☆☆**

**Active Listening**

The objective of the training is to provide the audience with the tools and knowledge to effectively communicate and listen actively. The training presents the basic rules of good communication, and the way to respond to conflict. The video incorporates role play. The audience learns how to better their communication skills, and to understand others' points of view. At the end of the training, the audience will understand how to more effectively communicate and resolve conflicts.

**Topics: Working with Biological Families, Focus on Parenting**

**Length: 1 hr 16 min. Credit hrs: 0.5 ★★☆☆**

### **Addiction: The Family Disease**

The objective of the training is to provide the audience with the tools and knowledge to understand the process of addiction and how it affects families. The training presents information on the phases of addiction and the family dynamics that surround it and the audience learns to recognize the complicated structure of a family dealing with an addiction. At the end of the training, the audience will understand the importance of treating addiction to help improve outcomes for the entire family.

**Topics: Substance Abuse & It's Effects**

**Length: 1 hr 2 min. Credit hrs: 1. ★★★★★**

### **Adolescent Development and Adolescent-Family Relationships**

The objective of this training is to review adolescent development in the context of parenting styles. The training presents information on the different styles of parenting and their impact on a child's behavior. At the end of the training, the audience will be able to better understand the way development is affecting the parent-adolescent relationship in their homes and how to open the lines of communication with their adolescent child.

**Topics: Focus on Parenting,**

**Independent Living/Caring for Teenagers**

**Length: 2 hrs 1 min. Credit hrs: 2.**

★★★★★

### **Adoption Assistance**

The objective of this training is to teach caregivers how to navigate the Subsidy Agreement process. The training presents information on the four (4) types of subsidy agreements and the factors that can determine what types of subsidies a child may qualify for. The audience learns how to fill out the proper documents for the initial

subsidy agreement as well as the renegotiation and renewal documents. At the end of the training, the audience will understand the different adoption subsidies that a child may qualify for.

**Topics: Systems and Advocating for Children and Youth**

**Length: 30 min. Credit hrs: 0.5. ★★★★★**

### **Anger and Aggression: Foster Care Population**

The objective of the training is to provide the audience with the tools and knowledge to managing anger and aggression. The training presents information on strategies to help deal with anger and aggression, things that trigger these types of behaviors, and therapies to deal with these problems. At the end of the training, the audience will be able to define anger and aggression, and demonstrate a more thorough understanding of the concepts. The audience will also be able to employ consistent strategies for dealing with these problems, and to follow through with these strategies.

**Topics: Behaviors**

**Length: 1 hr 24 min. Credit hrs: 1.5**

★★★★★

### **Attachment and Biobehavioral Catch-Up: An Intervention for Young Children**

The objective of this training is to explain how attachment works through childhood and its importance. The audience will gain an understanding of the commitment of fostering and its importance from an attachment perspective. The video also explains how placement disruptions affect children and families. At the end of the training, the audience will understand the role attachment plays for foster children of all ages and the importance of foster parent

commitment to maintaining a relationship with children after reunification. The audience will be better prepared to aid the children they care for in developing secure attachments.

**Topics: Attachment**

**Length: 2 hrs 38 min. Credit hrs: 2.5.**

★★★★★

### **Attachment in the Foster Care System**

The objective of the training is to provide the audience with the tools and knowledge to understand attachment and its purpose. The training presents information on how to keep the attachment between a parent and child intact throughout the foster care experience. The audience learns how to help the child develop trust in foster parents while maintaining attachment with birth parents. At the end of the training, the audience will understand how to facilitate this preservation of attachment through interactions between foster and birth parents.

**Topics: Attachment**

**Length: 1 hr 18 min. No credit hrs.**

★★★★★

### **Baby Safe Sleep**

The objective of this training is to provide caregivers with information about how to safely put an infant to sleep. The training presents information about the do's and don't's of infant sleeping, and stresses the importance of tummy time. At the end of the training, the audience will understand how to keep a sleeping baby safe.

**Topics: Focus on Parenting**

**Length: 7 min. No credit hrs. ★★★★★**

### **Blood Borne Pathogens: Universal Precautions for You and the Children in Your Care** *\*New\**

The objective of this training is to teach caregivers universal precautions against communicable diseases. The audience learns The causes of disease and how to prevent them. Additionally, this training provides information on the differences between blood borne pathogens, such as hepatitis A, B and C and HIV. At the end of this training the audience will be able to institute better safety and hygiene practices in the children they care for.

**Topics: Dental and Medical Needs**  
**Length: 116 min. Credit hrs: 2.** ★★★★★

### **Bridging the Gap: The Birth Parent - Foster Parent Connection**

The objective of the training is to provide the audience with the tools and knowledge to bridge the gap between foster parents and biological parents when it comes to children in their care. The training presents strategies for interaction between foster and biological parents, and information on minimizing the challenges these individuals face when working together. The audience learns how to maximize their ability to be a team player. At the end of the training, the audience will understand how to effectively work together as a team to care for their children.

**Topics: Working with Biological Families**  
**Length: 1 hr 54 min. Credit hrs: 2.**  
★★★★★

### **Bringing the Classroom Home**

The objective of the training is to provide the audience with the tools and knowledge to help children complete their homework. The training presents information on the

way children's brains work while learning and the importance of parents following up with children's homework. The audience learns creative techniques for helping with homework. At the end of the training, the audience will understand how to better help their children learn and succeed in school.

**Topics: Focus on Parenting**  
**Length: 35 min. Credit hrs: 0.5.** ★★★★★

### **Bullying: The Psyche of a Bully**

The objective of the training is to provide the audience with the tools and knowledge to understand the effect bullying has on children. The training presents information on the type of individual is at risk for becoming a victim of bullying, and the symptoms of a person who bullies others. The training also discusses the different types of bullying tactics. The audience learns what signs to look for that might indicate bullying, and how to talk to individuals that may be being bullied. At the end of the training, the audience will understand how to deal with a bullying situation.

**Topics: Behaviors, Focus on Parenting**  
**Length: 1 hr. 5 min. Credit hrs: 1.** ★★★★★

### **Caring for Children with Hearing Loss**

The objective of the training is to provide the audience with the tools and knowledge to care for children with hearing loss. The training presents information on the risk factors for hearing loss, different types of hearing loss, and the degrees of hearing loss. The audience learns the importance of early detection for language acquisition and effective communication strategies. The video also presents information on amplifications and additional diagnoses associated with hearing loss. At the end of the training, the audience will understand

what to do when a child has been diagnosed with hearing loss. The viewer will be able to effectively communicate with children with hearing loss, as well as seek out services to assist these children.

**Topics: Dental and Medical Needs, Focus on Parenting,**  
**Length: 1 hr 4 min. Credit hrs: 1.**  
★★★★★

### **Challenges of Aging Out**

The objective of this training is to explain the Independent Living program and the barriers that teens may face when starting it. The training offers information on the psychological factors associated with independent living, as well as barriers these youths may face, and the audience learns why some negative consequences may occur as a result of independent living. At the end of the training, the audience will be able to better understand what a young person goes through when moving out on his/her own.

**Topics: Independent Living/Caring for Teens**  
**Length: 21 min. No credit hrs.** ★★★★★

### **Changing Challenging Behavior** *\*New\**

The objective of this course is to learn how to understand and manage problematic behaviors. The audience will obtain the knowledge to determine why specific behaviors happen, and the skills to teach appropriate behaviors and create a positive behavior plan. At the end of the training, the audience will be able to assist their child in replacing problematic behaviors with positive ones.

**Topics: Behaviors**  
**Length: 39 min. Credit hrs: 0.5.** ★★★★★

### **Child Centered Transitions**

The objective of the training is to provide the audience with the tools and knowledge to effectively transition young children back home. The training presents information on how to use a team approach to transition young children back into the care of their birth parents. The audience learns how to effectively work together with the rest of the team to rebuild and reawaking an attachment the child previously had with the birth parent.

**Topics: Transitions**

**Length: 7 min. No credit hrs. ★★☆☆**

### **Childhood Behavioral Tool: Behavior Basics**

The objective of this training is to teach effective methods for dealing with problem behaviors. The training presents information on the fundamental facts about behaviors and how to define them. It also provides examples for parents and caregivers of decreasing problem behaviors. The audience obtains the ability to decrease problem behaviors by promoting positive ones. At the end of the training, the audience will be able to more effectively manage problem behaviors in children.

**Topics: Behaviors**

**Length: 2 hrs 8 min. Credit hrs: 2. ★☆☆**

### **Co-Parenting: An Introduction on Integration into a Family Centered Practice Model**

The objective of the training is to provide the audience with the tools and knowledge to take the first steps towards creating shared parenting. The training presents information on the way communication can help facilitate shared parenting, the deep impact shared parenting can have for children and their biological families. The audience

learns that engaging in shared parenting can lead to less friction between foster parents and birth parents, as well as increase understanding between foster parents and case managers. At the end of the training, the audience will understand what shared parenting is, and how it looks when done correctly.

**Topics: Working with Biological Families**

**Length: 52 min. Credit hrs: 1. ★☆☆☆**

### **Coping Skills for Children of Drug Addicted and Mentally/Emotionally Challenged Parents**

The objective of this training is to enable parents to recognize problems with their child as well as provide them with the skills to properly cope. The audience will learn about the trauma-related issues and behaviors in children that come from being exposed to addiction and mental illness. The video provides important tips on how to recognize risk behaviors and the best way to deal with them. At the end of the video the audience will be able to better understand the root of their child's behavior, how to react and how to help the child cope.

**Topics: Coping & Parenting Skills,**

**Trauma-Related Issues**

**Length: 1hr 12 min. Credit hrs: 1 ★☆☆**

### **Disaster Preparedness and Response For Foster Parents**

The objective of this training is to inform caregivers how to be prepared in the event of a disaster. The training presents information on the different types of natural disasters and creating disaster plans to respond to them. The audience also learns how to put together a disaster kit, highlighting what supplies should be included that would be useful in the event of an emergency. At the end of the training,

the audience will be better prepared to keep both themselves and the children they care for safer in the event of a natural disaster.

**Topics: Safety and Preparedness**

**Length: 38 min. Credit hrs: .5. ★☆☆☆**

### **Distinctions between Professional Degrees in the Field of Psychology and Related Fields *\*New\****

The Objective of this training is to inform viewers of the levels of education and positions that various professionals in the social sciences field hold. The audience learns the educational and professional roles of a LMHC, LSW, Psy.D., PhD, and M.D. At the end of the training the audience will be able to distinguish between these mental health professionals.

**Topics: Systems and Advocating for Children & Youth**

**Length: 26 min. Credit hrs: 0.5. ★☆☆☆☆**

### **Domestic Minor Sex Trafficking and our Foster Youths**

The objective of this training is to educate caregivers about the seriousness and growth of sex trafficking in the United States. The training presents information on how perpetrators prey on vulnerable groups, including youths in the foster care system. The audience learns to identify signs that a youth may be at risk for being trafficked, and how to intervene to protect children. At the end of the training, the audience will be able to educate youths about how to best protect themselves from becoming victims of trafficking.

**Topics: Systems and Advocating for Children and Youth**

**Length: 51 min. Credit hrs: 1. ★☆☆☆☆**



### **Drug Exposed Babies**

The objective of this training is to explain the impact that prenatal drug exposure can have on babies. The training presents information on normal prenatal development as well as the different abused drugs and their effects. The audience learns how the complicated process of drug addiction can add up to create multiple risk factors for child abuse in these families. At the end of the training, the audience will be able to identify different drugs that children may be prenatally exposed to, and the implications these drugs have for behavior, development, and treatment of these children.

**Topics: Behaviors, Substance Abuse & It's Effects**

**Length: 2 hrs 30 min. Credit hrs: 2.5.**

☆☆☆☆

### **Eating Disorders: The Latest Information You Need to Know *\*New\****

The objective of this training is to educate viewers on the warning signs, symptoms and dangers of eating disorders. At the end of this training the audience will have learned the differentiations between eating disorders and the latest research on the causation and treatment of them. At the end of the training the audience will be able to recognize the symptoms of eating disorders how they can intervene if they suspect that someone in their family may have one.

**Topics: Behaviors**

**Length: 72 min. Credit hrs: 1** ☆☆☆☆☆

### **Effective Advocacy Training**

The objective of the training is to provide the audience with the tools and knowledge to effectively advocate for a child in their care. The training presents information on

advocacy, role capacity, laws, and evaluating the needs of children. The audience learns how to maintain a professional relationship between case managers and foster parents. At the end of the training, the audience will understand how to advocate for the best interest of their child.

**Topics: Systems and Advocating for Children & Youth**

**Length: 1 hr 29 min. Credit hrs: 1.5.**

☆☆☆☆

### **El Impacto Del Trauma- Parte 1 & 2**

*\*New\**

The purpose of this training is to assist caregivers in learning to identify trauma and understand how age, perception and past experiences can affect this. The audience learns how seemingly insignificant instances such as a specific smell or location can be triggers from past traumatic events and lead to disruptive behaviors in children. At the end of the training the audience will have gained skills in identifying trauma in the children in their care and ways in which to work through them.

**Topics: Trainings in Spanish**

**Length: 165 min. Credit hrs: 3.** ☆☆☆☆☆

### **Epilepsy and Seizure Overview**

The objective of this training is to educate caregivers about Epilepsy. The training presents information on Epilepsy diagnosis, symptoms, causes, demographic factors, and treatments. The audience learns how to develop strategies to provide effective assistance to children who are diagnosed with Epilepsy. At the end of the training, the audience will better understand Epilepsy and the way they can provide care for children diagnosed with a seizure disorder.

**Topics: Dental and Medical Needs**

**Length: 1 hr. 12 min. Credit hrs: 1.**

☆☆☆☆□

### **Evidence-Based Strategies for Toilet Training and Addressing Common Toileting Problems**

The objective of the training is to provide the audience with the tools and knowledge to implement an evidence-based program to reduce toileting accidents and increase toileting independence. The training presents information on bed wetting and other toileting issues related to children with developmental delays, and the audience learns how to address these issues. At the end of the training, the audience will understand how to use evidence-based strategies and programs to solve common toileting problems. **Topics: Focus on Parenting**

**Length: 56 min. Credit hrs: 1.** ☆☆☆☆☆

### **Fetal Alcohol Syndrome**

The objective of this training is to help caregivers understand Fetal Alcohol Syndrome. The training presents information on what Fetal Alcohol Syndrome is and the way it can impact brain development and behavior. The audience learns the importance of early diagnosis, as well as best practices for parenting a child with Fetal Alcohol Syndrome. At the end of the training, the audience will be able to provide quality care for children diagnosed with this condition.

**Topics: Substance Abuse and its Effects**

**Length: 51 min. Credit hrs: 1.** ☆☆☆☆☆

### **Food for Thought: How What We Eat Affects How We Think, Feel, and Act**

The objective of this training is to provide information about nutrition, and how it affects children's ability to focus, causing problematic behavior and lowering academic performance. The training presents information on carbohydrate and sugar consumption and its connection to mood, sleep, and grades. It addresses the negative effects of unused carbohydrates, and specifically discusses these negative consequences on individuals with ADHD, Anxiety, Depression, and Bipolar Disorder. At the end of the training, the audience will understand to feed their children healthy in order to promote positive consequences in many aspects of their lives.

**Topics: Behaviors, Focus on Parenting**  
**Length: 1 hr 3 min. Credit hrs: 1. ★★★★★**

### **Fostering Parent Relationships**

The objective of the training is to provide the audience with the tools and knowledge to promote and maintain healthy relationships between foster parents, birth parents, and case managers. The training presents information on the types of trainings that can promote bonding between members of a child's team. The audience learns the impact that shared parenting can have, and by the end of the training, the audience will understand how to work together in the best interest of the child.

**Topics: Working with Biological Families**  
**Length: 58 min. Credit hrs: 1. ★★★★★**

### **Gastrostomy Tube (G-Tube)**

The objective of this training is to train the audience how to properly care for a child using a Gastrostomy Tube (G-Tube). The training presents information cleaning the G-Tube and feeding children using the tube.

The audience also learns what to do if the tube comes out. This video provides lots of useful information, and a wide range of viewers will find it helpful. At the end of the training, the audience will be comfortable enough with the way a G-Tube works to properly care for a child using one.

**Topics: Dental and Medical Needs**  
**Length: 35 min. Credit hrs: 0.5. ★★★★★**

### **Genetics101 and Genetic Testing \*New\***

The objective of this training is for viewers to understand the reasons they may be referred for genetic testing and what testing entails. The audience learns the purpose of genetic testing, the different medical professionals who administer it and what the results can mean. At the end of the training the audience will have a more comprehensive base of knowledge on the purpose and processes of genetic testing.

**Topics: Dental & Medical Needs**  
**Length: 27 min. Credit hrs: 0.5. ★★★★★**

### **Help for the Hurting**

The objective of this training is to help caregivers prepare for circumstances, such as holidays, that may be particularly stressful to children in care. The training presents information on the reasons the holidays can be hard on these children and the stages of grief they will experience. The audience learns how to recognize the symptoms of ambiguous loss and grief and how to empathize with children experiencing these emotions. At the end of the training, the audience will be able to more successfully navigate the holiday season and minimize the stress it causes for children in their care.

**Topics: Behaviors**  
**Length: 37 min. Credit hrs: 0.5. ★★★★★**

### **Help – I have a Teenager! Best Practice and Tools for Managing Adolescent Behavior Problems\*New\***

The objective of this training is to provide caregivers with tools to effectively manage and understand adolescent behavior and develop parenting skills for what can be the toughest years for both the caregiver and the child. The audience learns about adolescent brain development and how it affects behaviors, as well as gaining understanding and empathy that will help caregivers to deal with these behaviors. At the end of the training, the audience will be able to better understand and cope with raising a teen.

**Topics: Behavior**  
**Length: 57 min. Credit hrs: 1 ★★★★★**

### **Helping Children Make Safe and Smart Decisions about their Bodies and Relationships**

The objective of this training is to prepare caregivers to create a safe space for children to be able to open up about sexual abuse they may have experienced. The training presents information on age-appropriate sexual behaviors, and how to help children create appropriate boundaries. The audience also learns how to act (and how not to act) if a child opens up and reveals a sexual abuse. At the end of the training, the audience will be prepared to have age-appropriate talks with children in their care about sexual behavior and their bodies.

**Topics: Behavior**  
**Length: 1 hr. Credit hrs: 1. ★★★★★**

### **How Foster Parents Can Teach Independent Living Skills *\*New\****

The purpose of this video is to aid parents in teaching their children and teens basic independent living skills. The audience learns strategies for teaching their children to successfully budget and distinguish wants from needs. At the end of the training the audience will be able to effectively pass on insight and tools to their children that will help them to function more independently as they grow.

**Topics:** *Independent Living/Caring for Teenagers*

**Length:** 61 min. **Credit hrs:** 1 ☆☆☆☆☆

### **How to Deal with Defiant Children**

The objective of this training is to show parents how to better deal with defiant children. The training presents information on what oppositional defiant disorder is and the audience learns how to better manage and communicate with children who have this condition. At the end of the training, the audience will be able to better understand what is causing their child's defiant behavior, and how to best parent this child.

**Topics:** *Behaviors*

**Length:** 1 hr 53 min. **Credit hrs:** 2. ☆☆☆☆☆

### **How to Effectively and Safely Supervise Visitation**

The objective of the training is to provide the audience with the tools and knowledge for foster parents to supervise visitation with birth families. The training presents information on the benefits that can come out of foster parent supervised visitation, and the audience learns how to start taking steps towards creating a relationship that allows for supervised visitation. At the end of the training, the audience will understand

what supervised visitation looks like, and the steps to take towards this type of relationship.

**Topics:** *Presented for Case Managers, Working with Biological Families*

**Length:** 1 hr 16 min. **Credit hrs:** 1. ☆☆☆☆☆

### **Impact of Trauma on Child Brain Development and Learning**

The objective of this training is to understand how trauma impacts children in care. The training presents information on how child development, and brain development in particular, is impacted by trauma. The audience learns how to identify a child that has been impacted by trauma. At the end of the training, the audience will be able to effectively parent traumatized children in order to guide them through the healing process.

**Topics:** *Trauma-Informed Care*

**Length:** 2 hrs 20 min. **Credit hrs:** 2.5. ☆☆☆☆☆

### **Improving Transitions for Infants: What do they need?**

The objective of the training is to provide the audience with the tools and knowledge to create better awareness of the specific needs of the youngest children in foster care. The training presents information on reactions to grief and loss in young children, and discusses both the short-term and long-term needs of infants and toddlers being placed into foster care or adoption. The audience learns to understand the reactions these younger children have to being placed in foster care. At the end of the training, the audience will understand how to employ specific strategies to better meet the needs of this population.

**Topics:** *Transitions*

**Length:** 1 hr 29 min. **Credit hrs:** 1.5. ☆☆☆☆☆

### **Individualized Family Service Plan**

The objective of this training is to explain with the Individual Family Service Plan is and how it works. The training presents information on how to the Individualized Family Service Plan and the Nevada Early Intervention Services (NEIS) work. The audience learns what services might be available for their child and how to be involved and to access these services. The site for this video also contains links to important resources: the NEIS parent handbook, which explains to caregivers their rights, and a copy of an Individualized Family Service Plan to show what it looks like and what should be included. At the end of the training, the audience will be better equipped to seek out the services they need to provide quality care for children in their homes.

**Topics:** *Systems and Advocating for Children & Youth*

**Length:** 19 min. **Credit hrs:** 0.5. ☆☆☆☆☆

## **Introduction to the IDEA Disability Categories**

The objective of this training is to educate caregivers about Individualized Education Programs (IEP) and the different categories that exist. The training presents information on the requirements for each IEP category, what to look for when requesting an IEP, and the different ways a child can receive educational help. The audience learns the benefits of bringing an educational advocate along to IEP review meetings to assist in navigating the process. At the end of the training, the audience will be able to best advocate for their children in the school system.

**Topics: Systems and Advocating for children & Youth**

**Length: 20 min. Credit hrs: .5. ★★★★★**

## **Issues of Love and Loss in Foster Care**

The objective of the training is to provide the audience with the tools and knowledge to adequately address unresolved losses and trauma in foster care. The training presents information on the stages of grief and the ways in which children express loss and grief, and the audience learns to understand problem behaviors. At the end of the training, the audience will understand attachment and how it affects a child's development.

**Topics: Attachment,**

**Length: 1 hr 40 min. Credit hrs: 1. □□□□**

## **Issues of Love and Loss in Foster Care with Dr. Zeanah and Dr. Dozier *\*New\****

The objective of this training is to discuss and reflect upon proper transitioning and visitation. Additionally, it incorporates the expertise of two renowned experts in the field of child development. The training presents issues that may arise during

transitions and visitation for both children and caregivers, and talks about how to handle them. At the end of the training the audience will be more aware and prepared to deal with the complex issues that come along with transitioning and visitation in the foster care system.

**Topics: Attachment, Trauma-Related Issues, Greif & Loss, Transitioning**

**Length: 21 min. Credit hrs: none ★★★★★**

## **It's Complicated, but Try to Understand: How Child Welfare Can Respect Our Relationships *\*New\****

The objective of this training is to provide insight into the feelings of children in the foster care system and those who have aged out of care. The audience will see a panel of former foster care children and listen to their views. At the end of this training caregivers will have a better understanding of the roles of biological parents, foster parents and caseworkers, and how each of these individuals have an effect upon a child in the foster care system.

**Topics: Youth's Perspective**

**Length: 62 min. Credit hrs: 1. ★★★★★**

## **Keeping Children Safer While in Care: What Foster Parents and Child Welfare Workers Should Know**

The objective of the training is to provide the audience with the tools and knowledge to identify risk factors for victimization among children. The training presents information on child sexual exploitation and child safety, and the audience learns how to prevent this kind of victimization. At the end of the training, the audience will understand how foster children are at greater risk to become victims, and how to watch out for and prevent exploitation.

**Topics: Focus on Parenting**

**Length: 37 min. Credit hrs: 0.5. ★★★★★**

## **Life of a Case Training**

The objective of this training is to inform viewers what a Department of Family Services (DFS) case might look like, from start to finish. The training presents information on the intake process and important terms and processes that pertain to DFS cases, and the audience learns what to expect during the DFS case that they are involved with. At the end of the training, the audience will be able to better navigate the child welfare system using their deeper understanding of the case management process.

**Topics: Systems and Advocating for Children & Youth**

**Length: 2 hrs 39 min. Credit hrs: 2.5. ★★★★★**

## **Life Skills Training for Caregivers and Youth: Money Management: Understanding Your Credit**

The objective of this training is to provide both caregivers and youth with information on how to manage their credit. The audience will learn about understanding and checking your credit rating, achieving and maintaining an acceptable credit score and how to look out for your children's identity safety. At the end of the video the audience will know how to effectively manage their credit, lower their credit score, gain credit, be able to recognize identity theft and dispute false charges.

**Topics: Life Skills, Money Management**

**Length: 35 min. Credit hrs: 0.5 ★★★★★**



### **Life Skills Training for Caregivers and Youth: Money Management: Spending Success**

The objective of this training is to provide both caregivers and youth with information on money management. The audience will learn about the importance of setting financial goals and how to achieve them by identifying and prioritizing current income and expenses. At the end of the video the audience will be able to take better control of their finances by tracking their spending, as well as gain the confidence and skill to set achievable financial goals.

**Topics: Life Skills, Money Management**  
**Length: 41 min. Credit hrs: 0.5** ★★★★★

### **Medical Case Management**

The objective of this training is to help Clark County caregivers navigate the medical case management of children in their care. The training presents information on the medical passport, medical documents, and the services offered by the Positively Kids clinic. The audience learns the importance of tracking medications and the impact that improper tracking can have on children. This video is specific to Clark County, conducted by a local professional and covers the process caregivers in Clark County will follow. At the end of the training, the audience will have some of their questions about how to effectively manage youths' medical necessities answered.

**Topics: Dental and Medical Needs**  
**Length: 32 min. Credit hrs: 0.5.** ★★★★★

### **Meeting the Challenges of Toddler and Early Childhood Feeding**

The objective of this training is to help caregivers understand their role in helping their foster children, including those children that may have developed problematic food-

related habits, acquire necessary nutrition. The training presents information on the importance of adequate nutrition as well as eating-related challenges that foster children may present with, and the audience learns how to deal with both typical and atypical feeding challenges. At the end of the training, the audience will be able to serve as a gatekeeper for their family's nutrition.

**Topics: Focus on Parenting**  
**Length: 1 hr 27 min. Credit hrs: 1.5.**  
★★★★★

### **My Foster Child has a History of Trauma: How Can I Help?**

The objective of the training is to provide the audience with the tools and knowledge to understand what trauma is and how to help a child move forward after trauma. The training presents information on the types of trauma and the impacts it can have on children. The audience learns approaches that foster parents and child welfare workers can take to help heal children who have experienced trauma. At the end of the training, the audience will understand that recovery from trauma is attainable, and how they can help.

**Topics: Trauma-Informed Care**  
**Length: 1 hr 28 min. Credit hrs: 1.5.**  
★★★★★

### **Normalcy**

The objective of the training is to provide the audience with the tools and knowledge to help children gain access to normal childhood opportunities and activities to aid their growth, well-being and self-worth. The training presents information on what normalcy is and the importance of normalcy for all youths in the child welfare system. The audience learns how to present

children with age-appropriate activities, responsibilities, and opportunities to gain life skills. At the end of the training, the audience will understand how to facilitate the normal development of children in their care, and the importance this plays in youths abilities to later succeed in independent living.

**Topics: Focus on Parenting**  
**Length: 1 hr 15 min. Credit hrs: 1.5.**  
★★★★★

### **Nutrition and Food Shopping: What Young People Need to Know**

The objective of this training is to teach viewers how to make healthy food decisions. The training presents information on the fat and sugar content of different foods we eat and the audience learns how to read nutrition labels and identify healthy foods both for cooking at home and eating out. At the end of the training, the audience will be able to make healthier decisions and eat a more balanced diet.

**Topics: Independent Living/Caring for Teens**  
**Length: 1 hr 24 min. Credit hrs: 1.5.**  
★★★★★

### **Overview of iFoster: Resources our Children & Youth Need to Succeed *\*New\****

The objective of this training is to educate caregivers on ways they can obtain the resources that they need through iFoster.com. This includes basic needs as well as items such as phones, computers, eye glasses, internet access, college prep/tours, tutoring and more. Additionally, this website offers information on resources for children that age out of the foster care system such as housing and employment. At the end of this training caregivers will be able to better navigate iFoster.com and utilize this amazing resource to find services that meet their specific needs.

**Topics: Focus on Parenting**

**Length: 52mins Credit hrs: 1. ★★★★★**

### **Panel of Youth Who Have Aged Out**

The objective of this training is to convey, first hand, the experiences of youths who age out of foster care. This video presents a panel of former foster youths who discuss their experiences. The topics covered include how youths feel when they are aging out, and what the system could do to make the transition easier. The audience learns about the problems many youth experience when aging out, and how hard this process can be. At the end of the training, the audience understands that some youth are not ready to be on their own, and that aging out can be a painful process.

**Topics: Independent Living/Caring for Teens**

**Length: 16 min. No credit hrs. ★★★★★**

### **Parenting Teens: The Challenges and the Road to Success**

The objective of the training is to provide the audience with the tools and knowledge to

effectively manage behaviors in teens. The training presents information on brain development in teens and behaviors promoted by trauma. The audience learns methods to help teens self-regulate, and how to build communication with teens. At the end of the training, the audience will understand how to communicate effectively with teens by asking and listening, build relationships that focus on trust, and identify what normal teen behaviors look like.

**Topics: Behaviors, Independent**

**Living/Caring for Teens**

**Length: 1 hr 16 min. Credit hrs: 1.5.**

**★★★★★**

### **Parenting the Child with Attachment Issues**

The objective of the training is to provide the audience with the tools and knowledge to identify and deal with attachment problems. The training presents information on Bowlby's attachment theory and Reactive Attachment Disorder, as well as the effects foster care has on the attachment process. The audience learns what attachment problems look like in children. At the end of the training, the audience will understand how to better parent children with attachment problems.

**Topics: Attachment, Focus on Parenting**

**Length: 1 hr. 24 min. Credit hrs: 1.5.**

**★★★★★**

### **Pediatric Skin Problems *\*New\****

The objective of this training is to educate caregivers on pediatric skin issues. The audience will learn the most common pediatric skin condition, and the signs and symptoms of each of one. After this training the audience will be able to recognize skin problems in their children and know how they are best treated.

**Topics: Dental and Medical Needs**

**Length: 54 min. Credit hrs: 1. ★★★★★**

### **Preparing for Success *\*New\****

The purpose of this training is to educate caregivers on the resources that are available to prepare their teens for college. The audience learns about the right time to start the college application process, what exactly it entails, the cost of school and how they can help the children in their home obtain financial aid. At the end of the training caregivers will be better prepared to guide the children in their home towards their goals in higher education.

**Topics: Independent Living/Caring for Teens**

**Length: 68 min. Credit hrs: 1. ★★★★★**

### **Preserving & Nurturing Cultural Connections in Children**

The objective of the training is to provide the audience with the tools and knowledge to effectively parent children from different cultural backgrounds. The training presents information on issues that may be challenging for families with diverse ethnic, racial, and cultural backgrounds, such as hair and skin care, religion, extracurricular activities, and multicultural friendships, as well as dealing with insensitive comments. The audience learns how to handle some of these struggles. At the end of the training, the audience will understand how to preserve the cultural connections in the children they foster.

**Topics: Focus on Parenting**

**Length: 1 hr 21 min. Credit hrs: 1.5.**

**★★★★★**

### **Preventing Youth Suicide- One Community at a Time**

The objective of this training is to help caregivers identify suicidal characteristics in the youths they care for. The training presents information on the warning signs of suicide. The audience also learns how to cope in the aftermath of a loved one's suicide. At the end of the training, the audience will be able to identify warning signs in the youths they care for, and appropriate interventions to prevent tragedy.

**Topics: Behaviors, Independent Living/Caring for Teens, Systems and Advocating for Children & Youth**  
**Length: 1 hr. 10 min. Credit hrs: 1. ☆☆☆☆**

### **Protecting Your Child's Oral Health - Parents, It's Up To You! *\*New\****

The objective of this training is to educate caregivers on children's oral health. The audience will learn proper dental hygiene practices for children, habits that can lead to tooth decay and cavities, dealing with cavities and the process of losing baby teeth. At the end of the training caregivers will walk away with helpful tips on how to best manage their child's oral health.

**Topics: Dental and Medical Needs**  
**Length: 65 min. Credit hrs: 1. ☆☆☆**

### **Providing for CSEC Youth in Foster Care *\*New\****

The purpose of this training is to enable caregivers to identify the special needs of sexually exploited children and explain how fostering can meet those needs. The audience will learn the physical and emotional effects sexual abuse can have on children and common behaviors that are exhibited because of this, as well as ways to deal with these behaviors. Additionally, this

training clarifies the different types of trauma and what they entail. At the end of this training caregivers will learn what they can do to help children in their care who have experienced sexual abuse and trauma.

**Topics: Sexual Abuse and Interventions**  
**Length: 50 min. Credit hrs: 1. ☆☆☆☆**

### **Residential Pool Safety**

The objective of the training is to provide the audience with the tools and knowledge to stay safe around a pool. The audience learns to identify risk factors related to drowning, and how to actively manage the environment. They also learn about the role of swimming lessons, and are introduced to the types of alarm systems and appropriate pool fencing that can be used to keep a pool safe. The video also presents facts and myths about pool safety. At the end of the training, the audience will understand how to actively supervise a pool area, and how to create a multi-layered system to protect their families from dangers associated with pools.

**Topics: Safety and Preparedness**  
**Length: 53 min. Credit hrs: 1. ☆☆☆☆**

### **Returning the Child Focus to Child Welfare**

The objective of the training is to provide the audience with the tools and knowledge to shift the lens and bring the child focus back into child welfare. The training video features a trainer who was in the foster care system sharing her personal story. She works to improve the experience for children today, and give them a much better experience than she had. The training presents information on healing and supporting children, and the audience learns how to support healthy development.

At the end of the training, the audience will understand how to make foster care a positive intervention in the lives of children and families.

**Topics: Systems and Advocating for Children & Youth, Youth's Perspective**  
**Length: 51 min. No credit hrs. ☆☆☆☆**

### **Safe Sleep, Grow Healthy *\*New\****

The objective of this training is to educate caregivers on the importance of sleep safety for infants. The audience will learn the proper practices for safe sleeping and the potential dangers of not following these practices. At the end of this training caregivers will have a better understanding of how to provide a safe, healthy sleeping environment for their infant.

**Topics: Safety & Preparedness**  
**Length: 31 min. Credit hrs: 0.5. ☆☆☆☆**

### **Screen Sense: Research-Based Guidelines for Screen Use for Children Under 3 Years Old**

The objective of this training is to inform caregivers of the detrimental effects that unlimited screen time can have on development. The training presents information on the side effects of watching a screen, based on many years of research conducted by the presenters. The audience learns how interactive play and hands-on activities promote a greater retention of learning than screen time. At the end of the training, the audience will be able to effectively use screen time, in a limited manner, to best promote the healthy development of young children.

**Topics: Focus on Parenting**  
**Length: 1 hr. 29 min. Credit hrs: 1.5. ☆☆☆☆**

### **Sexual Abuse and the Foster Child: What do I do now?**

The objective of the training is to provide the audience with the tools and knowledge to gain a greater understanding and awareness of the trauma children who are sexually abused face. The audience also learns to differentiate normal and problematic behaviors. The training presents information on the characteristics of sexual predators, as well as the stages child victims may go through such as secrecy, helplessness, entrapment, accommodation, and disclosure. The audience learns to understand the process of disclosure and recanting, as well as when to seek help and what kind of help may be needed. At the end of the training, the audience will understand how to create a structured, safe, and nurturing home for a child who has faced the trauma of sexual abuse.

**Topics: Sexual Abuse**

**Length: 1 hr 9 min. Credit hrs: 1. ☆☆☆**

### **Skills for Fostering Teens**

The objective of this training is to explain the experience of preteens and teens when entering a new foster home. The training presents information on past experiences teens and preteens may have had in foster care, and ways parents can connect with these youths while they are in foster homes. The audience learns how their interactions with teens can have a lasting impact, and the importance of interactions that will lead to positive outcomes. At the end of the training, the audience will have a better understanding of the skills that are needed to foster teens and preteens.

**Topics: Independent Living/Caring for Teens**

**Length: 38 min. No credit hrs. ☆☆☆☆**

### **Special Education Eligibility Process**

**\*New\***

The objective of this training is to educate caregivers on the process by which they can obtain special education status for their children in the public school system. The audience will learn what this process entails, and how to get it started for their children. At the end of the training caregivers will have a better understanding of the special education process in public school systems and how to best navigate this process to obtain the services their child needs.

**Topics: Education Resources**

**Length: 12 min. No credit hrs. ☆☆☆☆**

### **Suicide Prevention and Intervention and Postvention for Foster Families**

The objective of the training is to provide the audience with the tools and knowledge to recognize the warning signs of suicide. The training presents information on the facts and myths about suicide and the audience learns factors that contribute to the higher suicide risk in foster youths. At the end of the training, the audience will understand how to recognize risk and prevent suicide in the youths they care for.

**Topics: Focus on Parenting**

**Length: 1 hr. 32 min. Credit hrs: 1.5.**

**☆☆☆**

### **Supporting Children and Families during Transitions**

The objective of the training is to provide the audience with the tools and strategies to assist children & families when transitioning. The training present's information on supporting transitions, attachment patterns, tracing trauma triggers, more effective transitions, and ways to engage children placed after abrupt transitions. At the end

of the training, the audience will understand how to focus on the children's immediate needs after transitioning, provide highly predictable routines, and working the bio families making transitions easier.

**Topics: Transitions**

**Length: 3 hrs 35 min. Credit hrs: 3.5.**

**☆☆☆**

### **Supporting Meaningful Family Engagement \*New\***

The purpose of this training is to provide caregivers insight into the dynamics of extended families. The audience will learn the intricacies of family systems and how family engagement can affect a child emotionally. At the end of this training the audience will learn how family engagement can benefit a child and what they can do to promote positive family interactions.

**Topics: Focus on Parenting**

**Length: 74 min. Credit hrs: 1. ☆☆☆☆**

### **Tax Return Essentials for Foster and Adoptive Parents**

The objective of the training is to provide the audience with the tools and knowledge to understand tax credit and the tax return for foster parents. The training presents an overview of the tax form, including relevant information such as how long a child must be in your home to be claimed as a dependent, the types of credits allowable, and what an adoption tax credit is. The audience learns which deductions they can take, and how to file whether they are married or single. At the end of the training, the audience will understand how to file their tax return.

**Topics: Focus on Parenting**

**Length: 1 hr 32 min. Credit hrs: 1.5.**

**☆☆☆☆**



### **Tech Tools 101: Family Contact with Technology**

The objective of the training is to provide the audience with the tools and knowledge to aid foster children in using technology to keep in touch with their birth families. The training presents information on different forms of technology (skype, magic jack, google voice) that can be used to keep in touch with birth families and the audience learns how each of these tools can specifically be used to keep in touch with birth families. At the end of the training, the audience will understand how their foster child can use technology to keep in touch with his/her birth parents and what specific methods of technology to seek out.

**Topics: Systems and Advocating for Children and Youth, Working with Biological Families**

**Length: 32 min. No credit hrs. ☆☆☆☆**

### **Techniques for a More Effective Transition**

The objective of the training is to provide the audience with the tools and knowledge to transition children effectively from one place to another. The training presents information on ways to engage with a child, and tips to make the placement of a new child run smoothly. The audience learns new ways of thinking about transitions. At the end of the training, the audience will understand the behaviors that are associated with transitions and how to build a foundation of communication and trust.

**Topics: Transitions**

**Length: 52 min. Credit hrs: 1. ☆☆☆☆**

### **Teens and Relationship Abuse**

The objective of this training is to educate caregivers on the nature of healthy and unhealthy teen relationships. The training

presents information on the characteristics of abusive teen relationships, as well as statistics on their prevalence. The audience learns how to identify warning signs that a teen may be in an abusive relationship. At the end of the training, the audience will be able to better identify teens in abusive relationships and will have the strategies they need to support these teens in obtaining the help they need.

**Topics: Independent Living/Caring for Teens**

**Length: 1 hr. 17 min. Credit hrs: 1.5.**

**☆☆☆☆**

### **Teens: Drug and Alcohol Information for Caregivers \*New\***

The objective of this training is to educate caregivers on how best to deal with drug and alcohol use regarding their teens. The audience will learn the warning signs of drug and alcohol use in teens, the reasons teens often turn to drugs and alcohol and how to best deal with these issues. At the end of this training caregivers will be able to recognize drug and alcohol use in their teens and know how to intervene.

**Topics: Substance Abuse & It's Affects**

**Length: 59 min. Credit hr: 1. ☆☆☆☆☆**

### **TEENS (Youth Interviews) \*New\***

The objective of this training is to give caregivers insight into the foster care system through the perspective of youths. The audience will listen to the personal stories of several teenagers and their experiences in foster care. At the end of this training the audience will have a greater understanding of the feelings and issues youth in the foster care system deal with and how to best care for them.

**Topics: Youth's Perspective**

**Length: 10 min. No credit hrs. ☆☆☆☆**

### **The Art of Parenting Teens \*New\***

The objective of this training is to better equip caregivers to parent their teens. The audience will learn how to better connect with their teens and promote positive choices and behaviors. At the end of the training the audience will have a better understanding of child and teen development and how to best nurture healthy development.

**Topics: Focus on Parenting**

**Length: 85 min. Credit hrs: 1.5 ☆☆☆☆**

### **The Critical Years: Laying the Foundation for Lifelong Success**

The objective of the training is to provide the audience with the tools and knowledge to aid development of children. The training presents information on healthy brain development in youths and the audience learns about important developmental milestones. At the end of the training, the audience will understand how to promote healthy development in children in their care.

**Topics: Focus on Parenting**

**Length: 1 hr. Credit hrs: 1. ☆☆☆☆**

### ***The Developmental Web: A Perspective on Learning and Behavior Disorders***

***\*New\****

The purpose of this training is to help caregivers understand different stages of difficult behavior in children and the reasons behind them. The audience will learn strategies that have been developed by early childhood development specialists that can help them understand and manage problem behaviors in a healthy way. At the end of the training caregivers will feel more prepared and confident to manage problem behaviors in the children in their home.

***Topics: Behaviors***

***Length: 65min. Credit hrs: 1. ☆☆☆☆***

### ***The Effects of Trauma on Young Children (Three Parts)***

The objective of the training is to provide the audience with the tools and knowledge to understand the impact of childhood trauma, and how to prevent trauma when possible. The training presents information on the developmental impacts of trauma and the audience learns the way intervention works with children who experience trauma. At the end of the training, the audience will understand how deeply trauma can affect children, and how to help prevent trauma.

***Topics: Trauma-Informed Care***

***Length: 1 hr 23 min. No credit hrs.***

***☆☆☆☆***

### ***The Goal of Parenting: Raising Kids who are Self-Responsible and Empowered***

The objective of the training is to provide the audience with the tools and knowledge to control behaviors with children. The training presents information on parenting skills, and presents the audience with a road map to a healthier family. The audience learns how to

reason with children and hold children accountable for their actions and behaviors. At the end of the training, the audience will understand how to raise self-responsible and empowered children. ***Topics: Behaviors, Focus on Parenting, Independent Living/Caring for Teenagers***  
***Length: 1 hr 21 min. Credit hrs: 1.5.***  
***☆☆☆☆***

### ***The Heart of Learning: Compassion, Resiliency, and Academic Success***

The objective of this training is to make sure children who have experienced trauma have equal educational opportunities to their peers. The training presents information on the way trauma may impact learning, as well as how to identify learning disabilities and other problems. The audience learns how to access resources they can use for children that are struggling in school. At the end of the training, the audience will be able to advocate for children in their care to ensure that they do not get lost in the education system.

***Topics: Focus on Parenting, Trauma-Informed Care***

***Length: 1 hr. 48 min. Credit hrs: 2. ☆☆☆***

### ***The Importance of Quality Early Education in the Child Welfare System: Considerations from a Co-Parenting and Attachment Framework***

The objective of this training is to discuss the importance of quality early education in the child welfare system. The training presents information on attachment and brain development, and the audience learns to recognize how young children's traumatic experiences trigger behaviors that undermine school readiness and success. At the end of the training, the audience will be able to better understand the importance

of continuing co-parenting after reunification and how ongoing support and connections can increase positive outcomes for young children.

***Topics: Attachment, Focus on Parenting, Working with Biological Families***

***Length: 1 hr 42 min. Credit hrs: 1.5.***

***☆☆☆☆***

### ***The Science of Attachment: Implications for Foster Care in Early Childhood***

The objective of the training is to provide the audience with the tools and knowledge to understand the functional domains of the parent and child relationship. The training presents information on how children become attached and the audience learns what the functional domains of attachment are. At the end of the training, the audience will understand how foster parents can enhance attachment for their foster children.

***Topics: Attachment, Transitions, Working with Biological Families***

***Length: 2 hrs 54 min. Credit hrs: 2.5.***

***☆☆☆☆***

### **The Roles, Rights, and Responsibilities of Foster Parents in Court**

The objective of this training is to inform caregivers about the legal side of foster care. The training presents information on how the court system works in regards to foster care, including the time frames for processes. The audience learns what the role of a foster parent is in regards to court hearings. This video is particularly important because it pertains specifically to the Clark County court system, and answers questions that foster parents often have. At the end of the training, the audience will be able to effectively navigate their role as a caregiver in the realm of the legal system.

**Topics: Systems and Advocating for Children & Youth**

**Length: 1 hr. 38 min. Credit hrs: 1.5.**

☆☆☆☆☆

### **Transgender Issues in Foster Care *\*New\****

The purpose of this training is to help caregivers better understand transgender issues in children and teens. The audience will learn the difference between sexual orientation and being transgendered, as well as the emotional effects that issues with these topics can have on youth. At the end of the training caregivers will know how they can communicate a non-judgmental, helpful and caring attitude towards children in their care that are struggling with these issues.

**Topics: Independent Living/Caring for Teens**

**Length: 76 min. Credit hrs: 1. ☆☆☆☆**

### **Trauma and the Impact on Children in Foster Care**

The objective of this training is to communicate how trauma may affect children in care. The training presents

information on the different types of trauma. The audience learns how brain development may be affected by trauma, and children respond to trauma. The video provides useful links to supplemental videos to better illustrate its message. At the end of the training, the audience will be able to use their deeper understanding of child trauma to provide better care for children in their homes.

**Topics: Trauma-Informed Care**

**Length: 1 hr. 43 min. Credit hrs: 2.**

☆☆☆☆☆

### **Trauma Informed Care (Parts 1 & 2)**

The objective of the training is to provide the audience with the tools and knowledge to understand the effects of trauma when it is left untreated. The training defines trauma, and presents information on the way trauma impacts brain development and behavioral functioning. The audience learns that adverse childhood experiences are directly related to risky health behaviors later in life. At the end of the training, the audience will understand the importance of early treatment for children who have experienced trauma.

**Topics: Trauma-Informed Care**

**Length: 2 hrs 26 min. Credit hrs: 2.5.**

☆☆☆☆☆

### **Trauma Informed Care for Foster and Adoptive Parents**

The objective of the training is to provide the audience with the tools and knowledge to define trauma and understand why trauma informed care is important. The training presents information on children's responses to trauma, symptoms of trauma reactions, and the way trauma impacts development, and the audience learns how to include trauma informed care as a parent.

At the end of the training, the audience will understand how to parent children who have experienced trauma

**Topics: Trauma-Informed Care**

**Length: 1 hr. 31 min. Credit hrs: 1.5.**

☆☆☆☆☆

### **Trauma Talk: When Children Talk About Traumatic Experiences**

The objective of this training is to help caregivers understand how to support children who begin to share their traumatic experiences. The training notes that a child has the need to feel safe before they will be able to share. The training presents information on trauma's impact on children and the special needs of a child who has experienced trauma. At the end of the training, the audience will be able to better understand how to effectively communicate and provide care for traumatized children of different ages.

**Topics: Trauma-Informed Care**

**Length: 1 hr 18 min. Credit hrs: 1.5.**

☆☆☆☆

## **Understanding Substance Abuse and the Impact on Children**

The objective of the training is to provide the audience with the tools and knowledge to understand how substance abuse impacts children. The training presents information on the way the cycle of addiction works, some treatments and common interventions for substance abuse, and the challenges biological parents will face as they recover from addiction and try to rebuild relationships with their children. The audience learns how a parent's substance abuse can negatively impact children physically, emotionally, socially, and intellectually. At the end of the training, the audience will understand how an individual's addiction affects his/her entire family.

**Topics: Substance Abuse & It's Effects**

**Length: 1 hr 1 min. Credit hrs: 1. ★★★★★**

## **Understanding the Fear Within**

This video presents the personal story of a woman who grew up in the foster care system. The objective of the training is to provide the audience with the tools and knowledge to enhance their ability to understand the fears that children in the foster system may have and not verbally express. The training presents information on the way fears affect a child and the audience learns the way past abuse and neglect may be silently affecting the children they care for. At the end of the training, the audience will understand that children may have hidden fears due to their prior environments.

**Topics: Focus on Parenting**

**Length: 1 hr 3 min. Credit hrs: 1. ★★★★★**

## **Violence and Trauma: Impact of Child Development, Behavior and Learning**

The objective of this training is to explain why children may exhibit certain behaviors and how caregivers can best manage these behaviors. The training presents information on how trauma can cause developmental delays and create problems with learning and social skills. The audience learns ways to approach children who have experienced trauma, and how to assess the deeper causes of problem behaviors. At the end of the training, the audience will be able to better understand where problematic behaviors come from and best manage these behaviors across multiple contexts.

**Topics: Trauma-Informed Care**

**Length: 1 hr. 11 min. Credit hrs: 1.**

★★★★★

## **What Foster Parents Need to Know About Asthma\*New\***

The purpose of this training is to educate caregivers on the proper way to manage their children's asthma. The audience will learn the symptoms of asthma, what medications are available and when to use them. At the end of this training caregivers will have a stronger understanding of their child's condition and how to best care for them.

**Topics: Dental & Medical Needs**

**Length: 44 min. Credit hrs: 1. ★★★★★**

## **When Children Move, We Can Do Better\*New\***

The objective of this training is to show the importance of transition planning when moving children or youth in foster care. The training demonstrates how abrupt moves can negatively affect children and presents a first-hand account of foster parents and a former foster child, and the way ineffective

transitions have affected their lives. The training presents information on the connections youths lose when they transition and the effect of these losses. The audience also learns how frequent and abrupt transitions emotionally impact foster parents. At the end of the training, the audience will understand how unplanned or frequent placement moves impact children and youth in foster care and the long-term consequences.

**Topics: Transitions**

**Length: 20 min. No credit hrs. ★★★★★**

## **When Helping Hurts: The Effects of Compassion Fatigue**

The objective of the training is to provide the audience with the tools and knowledge to identify and prevent the effects of compassion fatigue. The training presents information on burn out, and the emotional exhaustion that comes with working in child welfare. The audience learns how to maintain a regular, healthy routine in order to prevent becoming overwhelmed. At the end of the training, the audience will understand how to care for themselves in a stressful profession, and to prevent compassion fatigue.

**Topics: Trauma-Informed Care**

**Length: 51 min. Credit hrs: 1. ★★★★★**



### **Why Children Don't Tell: Understanding the Sexual Abuse Accommodation Syndrome**

The objective of the training is to provide the audience with the tools and knowledge to understand why children may conceal sexual abuse. The training presents information on the family dynamics that frequently exist around sexual abuse, and the audience learns how difficult recovery is. At the end of the training, the audience will understand how sexual abuse affects children.

**Topics: Sexual Abuse**

**Length: 58 min. Credit hrs: 1. ☆☆☆☆**

### **Why Trauma Informed Care Must Begin With Me! (I'm not Going to Cry, Not One Single Drop)**

The objective of the training is to provide the audience with the tools and knowledge to handle a number of different types of trauma. The training presents information on behaviors children may exhibit in response to trauma, and the audience learns the importance of passion and compassion in caring for these children. At the end of the training, the audience will understand how to identify and care for a child that has experienced trauma.

**Topics: Trauma-Informed Care**

**Length: 1 hr 10 min. No credit hrs.**

☆☆☆☆

### **Working with LGBTQ Youth to Ensure Their Safety, Permanency, and Well-Being**

The objective of the training is to provide the audience with the tools and knowledge to work with and understand LGBTQ youths. The training presents information on gender, sexual orientation and identity,

LGBTQ advocacy, and the safe placement of LGBTQ youths. The audience gains an increased awareness of the issues faced by this group of young people. At the end of the training, the audience will understand how to improve representation for LGBTQ youths in the child welfare system.

**Topics: Focus on Parenting, Independent Living/Caring for Teenagers**

**Length: 2 hr 32 mins. Credit hrs: 3.**

☆☆☆☆

### **Working with Youth Children in Pediatric Care**

The objective of the training is to provide the audience with the tools and knowledge to understand and meet the health care needs of young children in foster care. The training presents information on development in infancy, the importance of early identification of developmental issues, barriers to adequate services, communication problems and systemic challenges. At the end of the training, the audience will understand the importance of health care and how it impacts young children's safety and permanency in foster care.

**Topics: Dental & Medical Needs, Focus on Parenting, Systems and Advocating for Children & Youth**

**Length: 3 hr 16 min. Credit hrs: 3.**

☆☆☆☆

### **Your Journey Together: Resilience and Protective Factors *\*New\****

The purpose of this training is to educate caregivers on how they can take a strengths perspective towards their children's growth instead of focusing only upon fixing problem behaviors. The audience will learn how past traumas effect children and the power that positive relationships can have on

helping to heal these traumas. The speaker explains that resiliency and strength are not necessarily inherent and that caregivers can help teach it to their children. At the end of the training caregivers will have gained skills and strategies they can implement with the children in their home that will help to empower and strengthen them.

**Topics: Focus on Parenting**

**Length: 48min. Credit hrs: 1. ☆☆☆☆☆**

#### **LEGEND:**

☆ = Poor

☆☆ = Fair

☆☆☆ = Average

☆☆☆☆ = Good

☆☆☆☆☆ = Excellent

Please Note: Training titles found on the **QPI Nevada Just in Time** training site but not included in this list are new trainings and were not reviewed by publication date. Please check future Training Review editions for reviews of these videos.

**Contact FPC with your Questions/Comments**

(702) 455-1149

[DfS.CCFP.Support@ClarkCountyNV.gov](mailto:DfS.CCFP.Support@ClarkCountyNV.gov)