

**First Call for Help  
Teen Christmas  
Needs List (Ages 13-17)**

Perfume set/Cologne  
Jeans  
Ear buds/Headphones  
Jewelry  
Restaurant Gift Cards  
Hoodies  
Books  
Picture Frames  
Socks/Shoes  
Hair/Beard Trimmer  
Hats/Gloves/Scarves  
Football/Soccer Ball  
Baseball Hat  
Aftershave  
Deodorant  
Car Care Gift Set  
Wallet  
Warm-up Suit  
Mirror/Wall Mirror Set  
Hairbrush  
Manicure & Nail Polish Set  
Body Wash  
Lamp  
Area Rug  
MP3 Player  
Throw Blanket/Pillow  
Pajamas  
Wall décor/Sign/Calendar  
Small Tool Kit  
Skateboard