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ELIZABETH MARTIN RECEIVES GIRL SCOUTS' HIGHEST HONOR FOR DEVELOPING LOCAL BULLY PROGRAM

Girl Scouts Carolinas Peaks to Piedmont

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girlscoutsp2p.org

Girl Scouts Carolinas Peaks to Piedmont proudly announces that Elizabeth Martin, a member of Girl Scout Troop 30250 of Clyde, was selected by Girl Scouts of the USA as one of the ten 2015 National Young Women of Distinction, the highest honor in Girl Scouting, for her Gold Award project, Shine Your Own Way.

This special honor and designation by Girl Scouts of the USA showcases Martin's extraordinary leadership over a project that had measureable and sustainable impact and addressed a local concern to address bullying among pre-schoolers.

Martin addressed bullying by focusing her Gold Award project on helping pre-school children develop a strong sense of self-worth and positive relationships with others as well as developing resources for teachers and parents. She created a "Shine Your Own Way" box that included a brochure with positive parenting tips, a series of childhood books featuring various bullying scenarios, an activity booklet for children to learn better ways to express their feelings, costumes for children to role play the activities and concepts from the books and a video for new teachers informing them how to use the program. The role-playing scenarios help children understand how it feels to be a bully, what it's like to be the bullied victim and how to stop a bullying situation. Martin has distributed her boxes throughout her community and has positively impacted hundreds of students.

"We are proud to honor Elizabeth as our first council recipient of the National Young Women of Distinction award," said Lane Cook, CEO of Girl Scouts Carolinas Peaks to Piedmont. "She embodies the values we strive to instill in our Girl Scouts, and North Carolina girls need only look to her accomplishments as dedication, talent, spirit and vision that opens doors and creates leaders. We applaud her efforts and are excited for her!"

Both the Kappa Delta Foundation and Girl Scouts of the USA each generously provided a \$5,000 college scholarship to all of the ten National Young Women of Distinction, including Martin.

Martin will be honored at a national recognition ceremony hosted by Girl Scouts of the USA. She will also be featured in a livestreaming TED talk-style event with



her fellow National Young Women of Distinction. Both the recognition ceremony and livestream will be held on October 7, 2015, in New York. She will be recognized at a local event and serve as an ambassador for the Gold Award program in honor of its centennial celebration in 2016.

About Girl Scouts Carolinas Peaks to Piedmont

Girl Scouts Carolinas Peaks to Piedmont, a United Way agency, is one of 112 councils nationwide chartered by Girl Scouts of the USA to deliver Girl Scout program within specific geographic boundaries. The local council serves nearly 14,700 girls and 6,400 adult volunteers in 40 counties and maintains three camp properties and four service centers offering unique experiences for girls and adults. For more information on how to join, volunteer, reconnect or donate to GSCP2P, call 800-672-2148 or visit www.girlscoutsp2p.org.

About Girl Scouts of the USA

We're 2.8 million strong—2 million girls and 800,000 adults who believe girls can change the world. It began over 100 years ago with one woman, Girl Scouts' founder Juliette Gordon "Daisy" Low, who believed in the power of every girl. She organized the first Girl Scout troop on March 12, 1912, in Savannah, Georgia, and every year since, we've made her vision a reality, helping girls discover their strengths, passions, and talents. Today we continue the Girl Scout mission of building girls of courage, confidence, and character, who make the world a better place. We're the preeminent leadership development organization for girls. And with programs for girls from coast to coast and across the globe, Girl Scouts offers every girl a chance to do something amazing. To volunteer, reconnect, donate, or join, visit www.girlscouts.org.

About Kappa Delta

Kappa Delta Sorority is a national organization for women with more than 230,000 members, 159 active collegiate chapters, and more than 500 chartered alumnae chapters nationwide. In 2009, the sorority created the Confidence Coalition, an alliance of organizations and companies committed to promoting confidence in girls and women. In 2010, Kappa Delta established International Girls Day to empower girls to reach their potential. It also created International Women's Friendship Month for women everywhere. Kappa Delta is active in a number of philanthropic endeavors, including the prevention of child abuse and confidence-building programming with Girl Scouts of the USA. Kappa Delta's national headquarters is in Memphis, Tennessee. For more information, visit www.kappadelta.org.

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