



## Especially for 5<sup>th</sup> Grade Mentors: Mentee Meets Middle School

Thinking about the new year and what lies ahead? Your 5th grade mentee might be, too, as he/she will be entering the **6th grade** in 2016! The idea might be both exciting and a little scary for you both. When compared to the structure and smallness of elementary, middle school will be a whole new world for your mentee. An important life lesson we can share is that change is always a part of life and can be an exciting new adventure.

To help prepare you and your mentee, *Mentor Minute* will include useful Middle School information and activities to share with your 5th grade mentee for what we hope will be a helpful and fun way to get ready for 6th grade. A conversation you can begin with your mentee this month is about his/her expectations of middle school and what it might be like.

To get you started, the [attached chart](#) highlights the many differences, from homework to lunch schedules, between elementary and middle school. A second attachment, [Memories of Middle School](#) as told by Middle School Students, will surely get your mentee excited about exploring Middle School with you and prepare him/her for the adventure.