



forever young: beauty tip of season

Anti-inflammatories are important to your skincare regimen year-round, however, they are particularly helpful when temperatures heat up, and we enter allergy and sunburn season. When applied to the skin, anti-inflammatories not only improve texture and combat aging, they also reduce signs of swelling, pain and redness.

While spring and summer do bring gorgeous weather and a lot of outdoor fun, these seasons can be hard on the skin. Seasonal allergies often come with uncomfortable swelling and redness. The days are longer, leading to an increased chance of dangerous sunburns. These skin conditions can be vastly improved with the healing and calming properties of anti-inflammatory ingredients.

While we carry several products with excellent anti-inflammatory support, Ezinc Protection Cream in particular is a great multi-purpose product. With ingredients such as green tea, aloe leaf, bisabolol and enough zinc oxide to provide a natural SPF of 18, it's wonderful for this time of year. Ezinc Protection Cream can be applied on any area of the body that needs more moisture while providing protection and relief from irritants and burns. For more details, talk to your favorite eforea aesthetician.

