

REGISTRATION FORM

First Name: _____ Last Name: _____

Address: _____ City: _____ Zip: _____

Sex: M F Phone: _____ Birthdate: _____ State: _____

Age (on race day): _____ E-Mail: _____

Circle Event: 5K Run 5K Walk RACERS \$5 Discount Code: _____

Bringing a Dog? Yes No If yes, Name: _____ Breed: _____

Emer. Contact Name/Phone _____ (_____) _____

Circle Shirt Size: Adult SM MED LG XL XXL (XXL \$2 extra) Youth MED LG

FEES: \$20 Adults and Kids 15 & Over through October 25 (Includes T-shirt)

\$25 Adults and Kids 15 & Over Oct 26 through November 5 (Shirt not guaranteed)

\$30 Adults and Kids 15 & Over Race Day

\$15 Kids 14 & Under through Race Day

Amount Paid \$ _____ Check # _____

Mail with check payable to:
SWMI RACERS
PO Box 344
St. Joseph MI 49085

Waiver and Release. Please accept my entry in the RACERS Rescue Run 5K. I assume all risks associated with participating in the event including weather conditions, race course condition (including traffic) and my health through the race. Having read this waiver and knowing these facts I hereby waive and release the City of Benton Harbor, SWMI RACERS, its representative / volunteers and their sponsors of the RACERS Rescue Run 5K from all claims and liabilities from personal injury and/or property damage that I or my dog may suffer or sustain as a result of my participation in any RACERS Rescue Run 5K activities. I certify that I and my pet are physically fit to participate in any event which we may enter. I further grant permission to the use of any photographs of me and my animal in media accounts and promotions of the RACERS Rescue Run 5K events and the SWMI RACERS. One dog per person. All dogs must wear ID tags, be on a leash (no flex leashes permitted), socialize well with other dogs, be current on rabies vaccinations, be at least six months of age, and not be in heat. Please clean up after your pet, throughout the event. NO REFUNDS – Proceeds go to Stiggy's Dogs.

Signature of Participant (or Parent / Guardian: if athlete is under age 18) _____

Date _____

ONLINE REGISTRATION AVAILABLE AT:

www.swmiracers.org/rescuerun

Questions? Call 269-876-0710

or email racers@swmiracers.org



RACERS Rescue Run 5K Run / Walk

Saturday, November 7, 2015

Registration 8:30 – 9:45am

5K Run/Walk – 10:00 am

www.swmiracers.com/rescuerun

Registration & Race Start/Finish:

Harbor Shores Golf Club
Graham Ave & North Shore Drive
Benton Harbor, MI 49022

Run or walk with or without your dog as you
honor Veteran's Day and help us
Rescue One to Rescue Another!

Presented by SWMI RACERS



Proceeds Benefit Stiggy's Dogs



Looking for a dog friendly 5K?
Participants can run or walk
with or without a dog to honor
VETERAN'S DAY and help us
**RESCUE ONE TO
RESCUE ANOTHER!**

Saturday November 7, 2015

Packet pickup 8:30 am

5K Run / Walk 10:00 am

Harbor Shores Golf Club

**Corner of Graham Ave and
North Shore Drive**

15 and Over: \$20 through 10/25

\$25 10/26 through 11/5

\$30 Race Day

14 and under: \$15 through Race Day

Children in strollers are FREE

SWMI RACERS members get \$5 Discount

Warming tents provided by

415th Civil Affairs Battalion, Kalamazoo

In 2014, SWMI RACERS partnered with the Whirlpool Veterans Association to create a 5K that would not only honor Veterans Day, but would also benefit a veterans' organization. RACERS members went to work and discovered Stiggy's Dogs, a 501(c)(3) organization based in Howell Michigan, and the RACERS Rescue Run 5K was born!



Stiggy's Dogs rescues and trains shelter dogs to be psychiatric service dogs for military veterans in Michigan, living with Post Traumatic Stress Disorder or Traumatic Brain Injury. Dogs are trained and deployed at no cost to the veteran.

The 5K route is an out and back course to Jean Klock Park, with a start and finish on Graham Avenue in front of Harbor Shores Golf Club. The route is stroller friendly, and race refreshments are available at the finish line. Overall male and female finishers in the run and walk divisions will receive individual awards. Medals go to top 3 male and female age group finishers in the 5K run, and also to top 10 male & female walkers. Door prizes awarded to both random human and canine participants!



Martin's Paw Mart of St. Joseph will again host a donation collection of supplies for use in training at Stiggy's Dogs. Items needed include: Dog beds (large); Dog crates (large); Stainless Steel dog bowls; Elevated dog food and water platforms; Kongs (large red and black); Flea/Tick preventative for weights 50 to 100# (ONLY Advantage, Frontline, Advantix); Dog treats (small and smelly is best for training!); Martingale collars (part chain /part nylon collars); Bottled water; Paper towels; Disinfecting wipes; and Trash bags.



**SCAN CODE TO
REGISTER ONLINE**



The event is timed, using an electronic hand timing system. Finish times for all participants will be available online.